

HERALD

The Bangalow

FREE | November 2024

On with the show



The Voice of the Show
meet Peter Crawford

Going Into the Woods
for community theatre

Shultz Oval
A short history

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HERALD

The Bangalow

From the Editor

This month's edition is a celebration of collaboration as we dive into stories that show what can be achieved when people work together.

Organising events like the annual Bangalow Show takes a lot of time, effort, and the energy of countless individuals - many of them volunteers. The Lions Club, celebrating their 50th birthday this year, is famous for stepping in when the community needs them. Their motto, We Serve, is testament to this commitment.

Collaboration is not a new concept. Just ask Brian Shultz, who, in 1977, rallied cricket-loving locals (including the Bangalow Lions) to raise funds—through raffles, debutante balls, and walkathons - to build what is now Shultz Oval on a couple of old paddocks behind the Bowlo.

Taking community collaboration to a wonderfully aspirational level, this month you can also read about Jindibah on Fowlers Lane. Thirty years ago, a group of like-minded people began transforming this former dairy farm into an intentional community. Now a lush sanctuary for 12 households, the residents are committed to restoring the land and cooperatively managing some 90 rural acres - a meaningful example in a world of climate change facing a lack of affordable housing.

Speaking of collaboration, we also introduce you to your new team of Councillors at Byron Shire Council and learn more about how they will work together (and with you and me) to get things done in our community. The Council is also calling for submissions for its Disability Inclusion Action Plan for 2025-2029. If you have a disability or mental health condition, or care for someone who does, please visit the Council website to share your feedback and ideas.

Finally, the upcoming Dis-co Ball, presented by Sprung Dance Theatre at the A&I Hall, is the ultimate celebration of inclusivity and creativity, showing us how collaboration can make a difference for everyone.

Sally Schofield

We acknowledge the original storytellers of the land on which we live and work, the Arakwal people of the Bundjalung Nation.

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Dis-co Ball 2024: A Dazzling Celebration of Radical Inclusion

Having a ball Photo Kurt Petersen

Prepare to groove under shimmering lights when Sprung Dance Theatre hosts its second annual Dis-co Ball.

With a mission to break down barriers and inspire change, Sprung is at the forefront of inclusive artistic innovation in Australia. Their signature event will bring together d/Deaf and disabled artists, their allies, and the wider community for an evening of pop-up performances, creative expression, and, of course, disco glamour.

The Dis-co Ball is more than just a dance party—it's a safe space where d/Deaf and disabled people can connect, celebrate their talents, and showcase disability pride. Through the magic of performance, the night aims to challenge perceptions and break down barriers, offering a platform for local artists to express themselves and redefine what inclusion looks like.

As Tara Coughlan, a Sprung Ensemble Artist, explains, "It's got entertainment, it's about being glamorous, it's making your own costume out of silver because that's the theme. It's got so much talent and so much fun in it. What's not to love? It's disco but with a ball! Plus, there's also food."

Visibility, pride, and a whole lot of fun are the main aims of the event, but there's more to it than that. "Dis-co Ball is a great night and a powerful catalyst for change in our community. By bringing together d/Deaf and disabled artists and their allies in a fun and safe party and performance environment, we're working to remove access barriers and build a stronger and more cohesive community," says Jenna Green, CEO of Sprung.

There will be performances from d/Deaf and/or disabled artists, but anyone can join in the fun. Taking place at the iconic and accessible **A&I Hall in Bangalow on Saturday, 23 November**, doors open at 5.30 pm, with the main show running from 6-7.30 pm. Please note there will be an additional accessible bathroom.

Tickets are available at events.humanitix.com/sprung-dis-co-ball-2024

So, slip into something silver and prepare for a night where creativity and community shine brighter than ever.

The term 'd/Deaf' is used to include different lived experiences within the Deaf community.

- Deaf (with a capital D) refers to individuals who identify as part of the Deaf culture and community. These individuals often use sign language (such as Auslan in Australia) as their primary means of communication and share a cultural identity connected to the Deaf community.
- deaf (with a lowercase d) refers to individuals who may have some level of hearing loss but do not identify with Deaf culture. They might use hearing aids, cochlear implants, or lip-reading to assist with communication and may communicate using spoken language.

Using the term 'd/Deaf' acknowledges both the cultural and medical perspectives on deafness, ensuring inclusivity for all individuals with hearing loss, whether they embrace Deaf culture or not.

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**PICCABEEN PARK
FROM DEC 7**

The Voice of the Show

You know the Show has begun in earnest when the Tannoy gets cranked up and Peter Crawford's familiar voice rings out over the streets of downtown Bangalow. Georgia Fox sat down with the veteran announcer to learn how it came to be.

There have been stages in Peter Crawford's career that have seen him calling 250 trots and 50-odd rodeos a year, on top of an agricultural show circuit stretching far and wide across New South Wales. Now at 82, Peter has whittled his commitments down to just a handful of local shows - Bangalow being one of the lucky few.

He's not sure exactly when he began announcing the Bangalow Show, but believes it must be at least 40 years ago. While the town itself has grown and gone through some major transformations during that time, Peter's view from the ring has remained pretty unchanged. "It is one of my favourite towns, and it always has been."

Asked if he has a preferred event, he says he loves them all. "To me it's the best little show that I've come across because they don't just do a show, they do entertainment." His wife Libby - also involved in agricultural shows through her love of horse riding - adds it's the meeting of the diverse Byron Bay influence with the more traditional rural component that pulls the crowds. Peter agrees, "they go because they don't know what they're going to get, or what's going to happen."

While Libby is from the area, Peter was born in Moree and grew up in nearby Gunnedah. When the local radio station, 2MO, relocated to premises directly across the road from his childhood home, he began hanging out at the studio, his interest indulged by the evening announcer at the time, Neville Grey. He left school at 15, without aspirations of a career



The face behind the voice - Peter Crawford Photo Georgia Fox

in radio on account of his 'thin' voice, instead working in the grocery section of the local department store.

That all changed after his voice broke quite dramatically during a family caravanning holiday in Ballina. Neville suggested he and his new voice apply for Bryson Taylor's radio coaching program, and in 1957 at age 16, he caught the train down to Sydney to stay with his grandmother. Bryson Taylor's training studios were located in the historic AWA (Amalgamated Wireless Australasia) building in York Street, which was also home to the biggest radio network in Australia at the time.

Amongst this thriving hub of broadcasting activity, Peter learnt how to write copy, read commercials and the news, and host a radio show, and was sent away at the end of the month's course with instructions to buy the newspaper every day and practice reading stories out loud.

Upon his return to Gunnedah he went to see 2MO about a job, but was told he was still a little too young. Peter "didn't disagree," and continued working in the grocery department. A few months later, to his surprise while playing cricket in his side yard, the station manager popped his head over the hedge and told him to come in on Sunday and have a go on air.

Peter arrived at the station, only to have the manager announce he was leaving him to it

and heading out. He had half an hour to work out the daunting array of turntables, reel-to-reel tapes and gongs to play at the introduction of the news. Three hours later the manager returned and said he and his wife had been listening over their lunch and she had told him to hire him.

He gave notice at the department store, and just three months shy of his 17th birthday, Peter's career in radio began. He stayed at 2MO for nearly three years, and then began working around the country. "In those days announcers moved a lot. If someone offered you an extra five pound, you went." During a stint in Newcastle his manager suggested a name change - not a fan of his birth name, Cecil Went.

By this stage Libby was on the scene, and he asked her to choose one, having never liked Cecil himself. She suggested Peter, which he has answered to ever since. When he later started at Sydney's 2UW he decided to "go the whole hog" and again, asked Libby to choose a new surname. Peter Crawford was born - albeit to the confusion of Libby's students. "Are you living in sin, Mrs Went?" she was asked at school after a picture of the couple was published in the paper using Peter's stage name.

Peter began work at Lismore's 2LM, where he became program manager for 10 years.



The golden years of radio Photo supplied

Each year 2LM would broadcast live from the Lismore Show, and in 1980, during his third or fourth time there, he was approached by one of the organisers and asked if he could fill in immediately for the announcer who was “a little bit on the tippy side.” He knew little about the goings on apart from what he had witnessed both at the Show and through Libby’s involvement with horse competitions, and had to be talked through it.

He was soon contacted by the Kyogle Show, “and before I realised it, I was doing Lismore, Kyogle and Casino. It just grew from there.” In 1982 he left radio, although continued to provide voice overs for what is now WIN television, and embarked on a busy schedule of shows, and calling rodeos and the trots. After 30 years he stepped back from rodeos after being knocked down twice in 12 months. “A bull had an argument with me, and a horse had an argument with me. They both won. I thought I’m getting too old for this.” With the death of his cousin, Bruce Green, at the Tamworth Rodeo under similar circumstances in 2021, it seems to be a wise move.

As much as Peter loves working the local show circuit of Nimbin, Kyogle, Bangalow, Casino, Lismore, Alstonville, Bonalbo, Maclean and Grafton, he admits it’s tough being out in the arena on his feet for so many hours. “As long as I can do a show, I’ll do it,” he says. “I’m getting a bit slow with my hips. I find it very difficult to walk sometimes, but I’m never short of breath. I can talk all day,” he laughs.



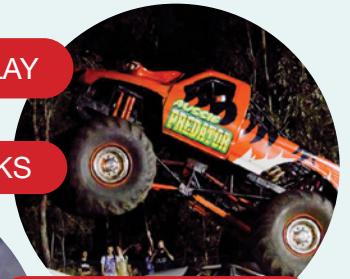
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The winning tea cosies Photo Judy Baker

Tea Cosy Competition

The annual Bangalow CWA Tea Cosy Competition has wrapped up in fine style, with a wonderful display of creativity from crafters of all ages. The competition, which welcomed entries in crochet, knitting, sewing, felting, and patchwork, saw an impressive array of tea cosies brighten the CWA window from 28 September to 11 October. Judging took place by popular vote, with the community showing their support for these fantastic creations.

To celebrate the conclusion of the event, a delightful morning tea was held on Friday, 11 October, where attendees enjoyed freshly baked scones and tea. The winners were announced during the gathering, with the first prize—a \$50 voucher—going to crowd favourite, a knitted cosy in the shape of lovable kids TV character Bluey. Second prize, a \$25 voucher, and third prize, a handy craft tote bag, were also awarded.

A huge thank you goes to Knit Happens, the competition sponsor, for their generous prize donations. The event brought together crafters, friends, and community members, reinforcing the joy of creativity and the spirit of togetherness in Bangalow. We look forward to seeing even more impressive entries in next year's competition!

Di Campbell



The ever-smiling Charlotte Photo supplied

Charlotte farewells RSL

Arriving in Bangalow two decades ago, Charlotte Clark (now Mactier) quickly became a familiar face in the main street after opening her quirky little boutique and gift store, Charlotte's Parlour. The Parlour was the go-to place for unique, well-priced fashion, fantastic kids' birthday party presents, hilariously inappropriate socks, and Charlotte's expert gift-wrapping was always a bonus. With her shop located across from the RSL Hall in Station Steet, the ever-civic minded Charlotte (she's also a member of the Red Cross) volunteered to manage the bookings of the RSL Hall in what was then, a quiet little hinterland town. "Volunteering for the RSL and becoming part of the Hall was an honour," she says. "I met so many people in the community and got to know how much this Hall means to so many but time has come for me to move on," she says. Charlotte and her cheerful smile have been at the Bangalow Post Office for some time now, and she's also looking forward to devoting time to more community projects since departing the RSL Hall.

Sally Schofield



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Bangalow Public School crossing supervisor Warwick Macguire Photo courtesy Byron Video

Bangalow Crossing Man on the mend

Beloved local 'lollipop man' Warwick Macguire, guardian of the school crossing outside Bangalow Public School is making slow but steady recovery, according to his daughter Khara. Last month, Warwick suffered a dangerous bleed to the brain which landed him in hospital. This condition has affected his speech, which requires rehabilitation and time to right itself. He hopes to return to work in April 2025, as he won't have the all-clear to drive until this time. *The Herald* reached out to Warrick via his daughter to find out about his progress and recovery. Warrick wanted to share the following with the community.

Hi everyone, just a quick note to say thank you for all your wonderful messages of support and kindness, and a special thank you to my daughter Khara for all she is doing for me.

I'm starting to feel so much better now, but it's going to be a slow process to get back to some sort of normality.

I'm missing everyone, especially the school kids and the fist bumps, my knuckles are getting soft.

I worry about the parents and kids negotiating that dangerous crossing. You'd be surprised what I see some drivers doing as they approach the crossing – makeup, bowl of cereal in their lap, texting, etc.

Please be careful. I miss you and can't wait to get back to work. Kind regards, Warwick.

As Warwick must also avoid all screen and device use to prevent triggering seizures, his daughter wrote down the above message from him to send to *The Herald*. We all wish Warwick a full and speedy recovery.

Coorabell Hall calls out for volunteers

Help needed with film club nights, fun Fridays and events, plus administration, fundraising and grant writing, data entry and book keeping, light maintenance and gardening, housekeeping – inspections and checking supplies after hire, tidying, sign changing, waste management, chair and table wrangling, making order from chaos and more! We are open to all skill sets! Are you on Jobseeker or with Centrelink? Did you know if you work as a volunteer for Coorabell Hall you can reduce your job application requirements? Call Lissa 0407 848 054.



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Come fly with me

The King of Swingers, Rhydian Lewis Photo Richard Windeyer

For Coorabell Swing music aficionado, crooner Rhydian Lewis, everything old is new again. Here, he chats with Sally Schofield about his love of the classics and the timelessness of mid-century culture.

The son of a coalminer, Rhydian Lewis grew up in Lancashire, England in a classic two-up two-down terraced brick house a world away from the paradisaical Northern Rivers. His mum worked part-time in pubs and bars and was often gifted old vinyl records that were swapped out of jukeboxes for newer charting tunes. “We had a portable record player with just one speaker built-in, and my mother had a fine record collection,” Rhydian recalls, his early exposure to music including Cliff Richard, Tom Jones, Engelbert Humperdinck, the Beatles, Elvis, and Frank Sinatra.

The inclement Lancashire weather meant young Rhydian spent a lot of time indoors playing records, and, as we’ve all done at some point, singing into a hairbrush like a microphone. “There was something special about being alone in my room in a complete music loving hypnotic state listening to my favourite tracks. But it was Hobson’s Choice, really, because it did rain a lot in Lancashire.” As a tender tween, Rhydian’s voice hadn’t quite developed to nail Frank Sinatra’s lower range, but Rhydian persisted acquiring a

cassette player, a few tapes and a more sonorous quality to his maturing voice by the late 70s. “For me, it was perfect; I could rewind to my heart’s content. I was given the re-release of *Come Fly With Me* by Frank Sinatra, and I also had the vinyl album *All the Way* which had *High Hopes* and *Witchcraft* on it.”

His persistence and passion for singing had not gone unnoticed in the Lewis household, and Rhydian used this to his advantage, joining the local church choir which in turn gave him access to a more esteemed local Christian school.

“I loved Friday night choir practice, learning new songs, being taught musical skills and basic note reading skills by my church choir leader Mrs Wright,” he says, and before long, he was head choir boy and leading the choir in Christmas celebrations, kindling his love of live performance, which, as anyone who’s ever been on stage will tell you, is exhilarating and a little nerve-wracking.

Fast forward a few years, and Rhydian’s impressive impersonation of the great crooners, in both sound and style, secured him a spot as shipboard entertainer on cruise ships. But a gruelling seven-day stint put great pressure on the singer’s vocal chords, and with a wedding gig booked for that night the cruise returned, Rhydian turned to Tweed-based vocal coach David Sowden for some urgent assistance. “He nursed me through an hour’s singing lesson to help me perform that night which I successfully did,” he says,

adding that he meets with David from time to time when he needs advice on tweaking a particular song or style.

“I guess I would say that I am a singer who achieves the vocal sound I’m looking for simply by rehearsing and rehearsing, and listening back to myself to see how I can better what I am hearing.”

Rhydian is particularly nostalgic about the culture of the mid 20th century, and its pre-digital nature. “The clothes from that period, and the forms of transport – it was a time when furniture and utensils were made to last forever. It was a very special time where people cared about their work.”

He is grateful that there are still many incredible Australian saxophonists, trumpet players, double bass players, jazz drummers, pianists and more, many of whom he collaborates with as The Residuals, a Big Band he likens to “being surrounded by a living, breathing, organic sound system.”

Rhydian’s new show ‘King of The Swingers: Sinatra Through The Years’ toured Queensland in 2023 and features some of the most memorable songs ever written, made famous by one of the world’s greatest ever Crooners. “It is just pure joy.”

Sunday 17 November, 1.30pm

Ballina RSL

Tickets \$25

ballinarsl.com.au/event/king-of-the-swingers



All creatures great and small Photo Maralyn Hannigan

Children's Pet Parade

One of the most delightful events in all of the Show is the annual Children's Pet Parade, held 4pm Friday 15 November in the Scarrabelotti Ring, behind Bangalow Public School.

The schedule is as follows:

1. Pet with the prettiest eyes
2. Pet with the best smile
3. Pet with the waggiest tail
4. Pet with the longest coat
5. Most unusual pet
6. Pet with the shortest coat
7. Best dressed pet and owner

All pets must be on a lead or in a suitable container with air holes. You can enter (one pet per child and up to three classes may be entered).

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Winners are grinnerers Photo supplied

The Bluedogs big season

What a year for the mighty Bangalow Bluedogs Soccer Club! In the men's competition, three teams reached the grand final, with the Premier Division side securing their second consecutive win. The Championship side (seconds) and the seventh-grade team were narrowly defeated in their respective grand finals but still brought great pride to their supporters.

Grand final day saw both top teams playing at home, attracting a massive crowd and an atmosphere that was nothing short of electric—perhaps even nuclear! Fans were treated to two thrilling games, with the Championship team falling 1-2 to the Nimbin Headers. The day's highlight came when the Prems triumphed over Goonellabah 4-2, with Jarvis Foley scoring twice. Bluedogs' Nelson Stock was named Man of the Match.

The accolades didn't stop there. At the Far North Coast awards, Philippa Jacka was named Women's Premier League Player of the Year, Josh Cole took home the Premier League Golden Boot, and Joel Rudgley was awarded Premier League Coach of the Year.

The club is already looking ahead to another great season in 2025.

Go the Bluedogs!

Murray Hand



Silver medalist, Alaliyah Photo supplied

Aaliyah leaps ahead

Young Bangalow athlete, Aaliyah, a Ballina Allstars Athletics Club member, has had an outstanding few months in athletics. Last month, she represented both the Lismore Diocese and St John's College Woodlawn at the NSWCCC State Athletics Championships in Sydney, where she won a gold medal in Shot Put and a silver in Discus. She then progressed to the NSW All Schools Athletics Championships, earning a silver in Discus and a bronze in Shot Put. She now moves on to the Australian All Schools National titles in December to compete in Discus, which is an exciting opportunity.

Aaliyah has also just returned from the NSW LEAP camp, an exclusive, invite-only athlete development program run by Little Athletics NSW. LEAP provides young athletes with coaching from nationally accredited coaches, opportunities to improve their abilities, and a pathway to participate in national-level events. One of her coaches at LEAP was Cameron McEntyre, an Australian Olympic athlete who competed at the Paris Olympic Games. The camp focuses on athletic and personal development, encouraging long-term participation in the sport.

None of this would have been possible without the incredible support of our local community. Thanks to generous fundraising efforts, we were able to get Aaliyah down to Sydney for these three events, and we are so grateful for the help we received.

Amy Hall

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The family is growing!

Pool Trust update



In the swim Photo April Walker

In January 1997, a volunteer committee was established with the goal of raising funds to build a public swimming pool in Bangalow, a community asset that was eagerly anticipated.

Over the years, approximately \$290,000 was raised. However, the project was eventually deemed unfeasible due to financial and logistical challenges. These challenges in part related to the ongoing financial unviability of public pools, and an inability to obtain a construction certificate from the local council which then made applying for funding to build a pool impossible.

With the original goal of building a pool no longer viable, the Pool Trust revisited its mission and considered ways to allocate the raised funds in line with the Trust's objectives. It was agreed to shift the focus to promoting water safety and swimming education for the Bangalow community.

The Pool Trust committed to funding swimming lessons for the children of Bangalow.

The Trust partnered with local swim school Bangalow Swim School, which was the first

accredited provider in this program.

These decisions were based on the Trust's original objectives and also aligned with national concerns about drowning, as highlighted by the Royal Life Saving National Drowning Report 2022, which reported a sharp increase in drowning incidents across Australia.

The 2024 Pool Trust reported documented the following key milestones in their project:

- The Pool Trust has supported swimming lessons for 285 children from 184 families across the 2479 postcode
- The Trust has funded 952 enrolments since it began operating in February 2023
- 8,360 individual lessons have been provided through the program
- 464 holiday intensive classes have been supported by the Trust, with each program including four lessons
- Since February 2023, the Trust has spent \$207,730 on swimming lessons, leaving a balance of \$93,642 in the Trust.

These figures highlight the substantial impact the Pool Trust has had on supporting

swimming education in the community.

Most recently the Pool Trust has decided to sponsor the swimming lesson component of the Learn to Swim program being run for every student at Bangalow Public School. This will take place at Ballina Pool later in the year.

Although many will be disappointed that a public pool will not be built, the Pool Trust remains committed to using the funds for the good of the Bangalow community and in particular their children. The decision reflects the reality of the situation, while still honouring the original intent of promoting swimming and water safety.

The Bangalow Herald

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The spectacular Gymea Lily Photo Carole Gamble

Gymea Lily

Doryanthes excelsa

This stunning plant is native to a relatively small area of mostly coastal bush, from south of Sydney to just north of Newcastle. It has enormous leathery, sword-like leaves arranged in a rosette formation, but is at its most spectacular when in flower.

The bright red, nectar-bearing flowers are typical lilies and appear on thick stems that can be up to five metres high. They are protected in the wild and can still be found on south and south-easterly slopes, along creeks and gullies, and on the edges of dry sclerophyll forests.

They were first described from a specimen collected by Sir Joseph Banks, who discovered them around the early colony of Sydney Town. There is another member of this family—*Doryanthes palmeri*—which flowers along the floral spike and isn't as upright or dramatic.

The plant was known as *Kai'mia* by the local Indigenous *Dharawal* tribes, and anglicised to Gymea. Roughly translated, it means 'little bird', which describes the form of the flowers. A Sydney suburb and bay are named for this spectacular plant, which provided material for matting and food from the bulbils for the First Nations people.

Mature plants are usually available at Fairhills Native Nursery in Yandina and Nielson's in Loganholme (both in Queensland, so currently plant material must not be transported to contain the fire ant problem). Propagation is from the dry seeds in capsules or by bulbils, but flowering doesn't happen for seven or eight years, so buying mature plants when available is best. Unlike many native plants, Gymea can be transplanted successfully.

They prefer low-nutrient sandy soils and are deep-rooted. Interestingly, I have read that to encourage flowering, placing a stone in the rosette will hasten the process! Once the flower spike has died, it should be sawn off. The rosette that produced it will later die, but the plant produces many rosettes that will continue to flower and reproduce from the bulbils, forming very large clumps.

Clearly not a specimen for smaller gardens, but a wonderful sight when flowering. It is occasionally used as a road reserve plant by imaginative councils in some areas.

Carole Gamble

Place Planning positions available

Byron Shire Council (BSC) is now doing their periodic refresh of Place Planning Collective (PPC) membership and is looking for new blood from Bangalow. Bangalow is very fortunate to have a mature village plan that offers the strategic framework for implementing projects that benefit all inhabitants. The PPC is the key unit within BSC responsible for managing place plan initiatives, so warrants our strong engagement.

Please consider your personal involvement. The following link allows you to submit an Expression of Interest by 3 November.
byron.nsw.gov.au/Council/Report-Requests-Feedback/Public-Notices/Looking-for-Place-Planning-Collective-members

Ian Holmes, Bangalow Community Association



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OUT AND ABOUT

This month, **Ross McGregor** visits the **Tweed Regional Gallery** to get a glimpse into **Margaret Olley's** world.

I would've loved to meet Margaret Olley in her Sydney home, perhaps share a drink and soak up the lively conversation. Standing in her meticulously recreated living room at the Tweed Regional Gallery, I can almost imagine it: music playing softly, cigarette smoke hanging in the air, a glass of wine in hand. We'd discuss art, because the more I see of her work, the more impressed I am.

A quote on the gallery wall reads, "I never liked housework... Who wants to chase dust all their life?" It's a shame I missed meeting her!

Margaret Olley was born in Lismore and spent part of her childhood on her family's sugar-cane farm near Murwillumbah, so it feels fitting that this art centre is located in the Northern Rivers. In later years, she moved to Sydney, living in a converted hat factory until her passing in 2011. The display at the gallery captures this, with a small team spending months meticulously documenting and relocating over 20,000 objects from her Paddington home. Everything—kitchen, doors, windows, down to the last cigarette butt—has been moved to the Tweed Regional Gallery's purpose-built extension. It feels like Margaret has just stepped out for a moment.

Visit for the art—her magnificent still-life works are on display. Stay to observe the eccentric yet charming way she lived, surrounded by clutter and treasures. Afterwards, take a look at the diverse exhibits at the Tweed Regional Gallery - Monet's Haystacks was an unexpected delight.

Finish your visit with a stop at the gallery café, where refreshments come with sweeping views over the Tweed Valley. The property was generously donated by Doug and Margot Anthony; Doug was once leader of the National Party and Deputy Prime Minister.

Distance 50 km from Bangalow

Duration Allow about four hours for your visit

Don't miss The Margaret Olley Memorial Garden, where her ashes rest.

Info Open Wednesday to Sunday to Sun 10am-4pm

gallery.tweed.nsw.gov.au



A recreation of Margaret Olley's studio Photo Ross McGregor

Coorabell artist **Lindy Lee**

Local artist Lindy Lee, known for blending Eastern philosophy with contemporary large scale sculpture, has recently unveiled two major works. Her piece *Ouroboros* is an interpretation of a snake eating its own tail and suggests the cyclic nature of life. Now open to the public, visitors can walk inside the sculpture, experiencing light through hundreds of tiny perforations, a feature that adds to its immersive design. Crafted over four years and, since it weighs 13 tonnes, the piece, her biggest to date, will be on permanent exhibition at the National Gallery of Australia in Canberra.

Meanwhile, in Brisbane, *Being Swallowed by the Milky Way*, an eight-metre sculpture featuring 25,000 perforations, which create a shimmering celestial effect, was unveiled in August. This piece is located at the entrance to The Star Brisbane, part of the Queen's Wharf precinct. Lindy has noted that this work holds personal significance as it evokes memories of her childhood fascination with the night sky in Brisbane, where she grew up.



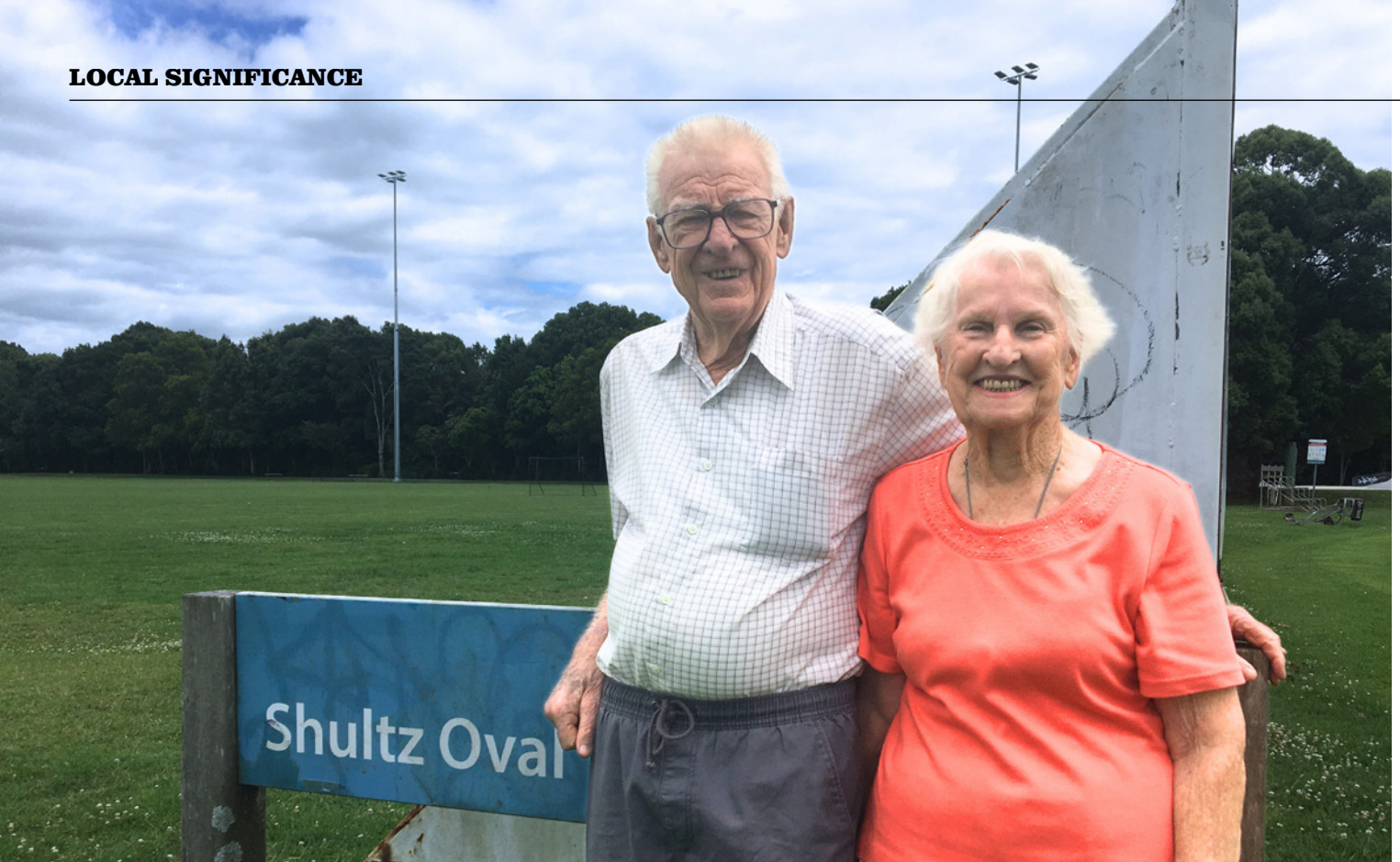
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Brian and Jan Shultz at the Oval named in Brian's honour Photo Howard Zatt

A short history of Schultz Cricket Oval, Bangalow

Brian Shultz (Shultzy) was born in 1938 and posted to Bangalow police station as sergeant in 1974. Shortly after arriving in town he joined the Bangalow Cricket Club. The club was formed in the 1950s but there are records of games being played between Bangalow and Byron from the early 1900s.

Cricket was originally played at the show grounds, sharing the arena with the Hockey club and grazing cows. The cricket club would mow the infield around the wicket but the outfield was a mix of long grass and cow poo, not ideal for a game of cricket.

So by 1977 realising it was not fit for purpose, Shultzy, with the help of the Lions Club, called a public meeting in the RSL hall on Station Street and formed the Bangalow Sports Association.

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The original Bangalow Cricket team's debut, 8 June 1981
Photo from the collection of Jan Hulbert



Wilson Draper, batting Photo from the collection of Jan Hulbert

The Holmes family owned a couple of paddocks behind the Bowlo. So Shultz approached them about buying the paddocks in order to build a cricket field. So around the kitchen table over some tea and biscuits a deal was struck to purchase 12 acres for \$40,000.

The Club secured a loan from the local bank manager, who was a cricket fan, and with the Lions Club guaranteeing the loan, the land was purchased.

Over the next year Shultz, his wife Jan, her best friend Jan Hulbert and a cast of local identities held raffles, progressive dinners, debutante balls and even a couple of walkathons between Byron and Bangalow to raise money to pay back the loan.

Around this time Shultz and a few mates got wind that the then Premier of NSW 'Nifty' Neville Wran was at a golf tournament in the

Tweed Valley. So they jumped in their cars and headed up for an impromptu meeting. After a few beers and handshakes they left with a \$24,000 grant!

With Shultz being the local police sergeant, he had his ear to the ground and heard that Ballina council had some large earthmoving machinery arriving from Brisbane and managed to divert the drivers to Bangalow to practice on the machines before delivering them to Ballina. Over the course of a few weeks they cleared all the camphor laurel trees and levelled the paddocks.

A large pile of trees started to form where the tennis courts now are and as they were too large to burn they became a place of shade for all the locals who were helping clear rocks off the cleared land. Eventually this pile of trees turned into 'The Camphor Laurel Club' where a cleansing ale could be had at the end of the day for the workers.

The ground held its first cricket match on 8 June 1981 between Bangalow and Tintenbar.

The large pine tree that is along the tree line in the north east corner of the field was donated by Alstonville Cricket Club on their first visit to the grounds.

Shultz was an opening batsman and wicket keeper. His batting average was around 40 with a top score of 124 N.O. in a game against Ballina.

He retired from the police force in 1981 and still lives in Bangalow with Jan.

Howard Zatt

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The women behind *Into the Woods* Photo Joel Cooper

The wickedly wonderful women of *Into the Woods*

Stephen Sondheim's *Into the Woods*, with its blend of familiar fairy tales and real-world complexities, goes beyond the stage. It serves as a reflection on the strength of storytelling and how the tales we grew up with continue to resonate through characters and scenarios in our adult lives.

The Bangalow Theatre Company (BTC) production premiering at Byron Theatre in November 2024, is not just about the timeless wisdom of fairy tales, but also about the powerful role women play in community theatre.

The all-female production team at BTC, led by first-time BTC director Amy Skene, demonstrates the strength and creativity that local women bring to the stage. Amy, with over two decades of experience in drama and performing arts education, sees *Into the Woods* as a reflection of the complexities of human desires and choices. "Sondheim's work is layered and rich, and we're embracing that to create a production that feels both familiar and surprising," she says.

Supporting Skene is Assistant Director Tia Nelson, a seasoned performer and director who brings her extensive experience to the role. Having starred in several BTC productions and earned a nomination for a Gold Palm Theatre Award for her role in *RENT*, Tia's creative vision helps shape the direction of the production, both behind the scenes

and through her understanding of the actors' process. "With *Into The Woods*, you get to see a bit of a darker side to the fairy tales we were told growing up. Sondheim is the Einstein of the Musical Theatre world, so strap in!" she says.

Musical Director Margaret Curtis, a long-time collaborator with BTC, tackles Sondheim's famously challenging score with precision. As a pianist and harpist, Curtis is no stranger to complex music, having performed with the Lismore Symphony Orchestra. Her leadership in the music department ensures that the live band—an essential element of BTC's productions—enhances every emotional beat of the show.

Producer Bobbie Field, another driving force behind BTC's success, has been working in theatre for over a decade, and her passion for creating standout productions shines through. Alongside co-producer Hollie Azzopardi, a local bestselling author and mother, the production team brings together a blend of seasoned professionalism and local heart. Azzopardi, who recently performed on stage in *The Beast* and served as lead understudy in *Speaking in Tongues*, continues to expand her involvement in theatre, noting, "It's an honour to help bring this beautiful story to life, especially with such a talented group of women leading the way."

Choreographer Sher Manu, with over 30 years of experience in dance



Heroes, villains and everyone in between Photo Trent Houlahan

and theatre, rounds out the powerhouse female team. Having worked on major TV shows like *So You Think You Can Dance* and *Dancing with the Stars*, Sher's award-winning choreography will add vibrancy and movement to this already dynamic production.

Sondheim's take on fairy tale classics like *Cinderella*, *Little Red Riding Hood*, and *Jack and the Beanstalk* might recall the charming characters of our childhood, but they also remind us that "happily ever after" is rarely the end of the story. Wishes are granted but there is always a price to pay.

Actor Finja Mierau is thrilled to be playing the part of the The Witch in *Into the Woods*. "As a mother of five, the themes of transformation and motherhood really resonate, since raising children means constantly making choices in the moment—choices that have very real consequences," she says. "The Witch reminds us that morality and magic are part of the human experience, reflecting our struggles, the choices we make, and the impact they have on our lives. I see going 'into the woods' as a metaphor for life; a journey into the unknown, where we confront our fears and discover our true selves."

Fellow performer, Lulu Miskin has enjoyed the process of exploring themes of longing and self-worth in her role as Cinderella. "As a young woman I have found a connection with Cinderella's journey of self-discovery and resilience. The show invites us to consider the challenges of leaning into new possibilities. It's a reminder that we hold the power of self-determination and that there's always hope and a chance for new beginnings," she says.

"For this production we've put our own unique twist on the classic tale, infusing it with an eclectic flair," says Amy. "Our vision is a fusion of bohemian, modern, and sometimes urban elements, creating a setting that feels timeless yet grounded in the present. This mix of styles reflects the patchwork of emotions and experiences within the characters' journeys; chaotic, vibrant, and unpredictable... just like life," she says.

Founded by Artistic Director Anouska Gammon in 2015, the Bangalow Theatre Company has consistently celebrated the contributions and creativity of local female artists. Every BTC production to date has had female Directors, Musical Directors, Producers, and Choreographers at the helm, highlighting the strength, commitment, and leadership of women in community theatre. For the cast and crew of this BTC production, these themes are not just part of the script—they reflect the dedication and creativity that women – as partners, parents, carers, in paid work, and unpaid work – bring to community theatre.

In a world where storytelling remains one of the most potent tools we have, *Into the Woods* promises to engage and inspire audiences of all ages, reminding us that the stories we tell, and re-tell, shape not only the world we live in but us as humans.

Sally Schofield

BTC presents Stephen Sondheim's *Into the Woods*

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Culture Dose for Kids is a free eight-week arts engagement program for children, aged 9-12, with mild anxiety. Engagement with the arts can help young people connect to their feelings, thoughts, and imagination. It can also build self-confidence and resilience, foster social connections and improve mental health and wellbeing. Held at the newly reopened Lismore Regional Gallery, Sundays 10am-12pm until 8 December. Find out more lismoregallery.org/culture-dose-for-kids-with-mild-anxiety and submit an Expression of Interest in participating in this free event.

Dance for Wellness

A free creative dance workshop series for LGBTQ+ seniors aged 65 and over, Aboriginal and Torres Strait Islander peoples aged 50 and over, and people impacted by HIV/ AIDS. Facilitated by the illustrious dance artist Philip Channells, VITALITY Project connects seniors through social connection, fun and physical activity. Presented by ACON's Love Project and proudly funded by NSW Government Connecting Seniors Grant Program.

The workshops, held at the Northern Rivers Conservatorium, are open to all participants regardless of mobility or prior dance experience. Wednesday 6, 13, and 30 November, 11am-2.30pm. Free transport to and from the venue is available upon request. Snacks and refreshments will also be provided.

For more information contact

ACON Northern Rivers northernrivers@acon.org.au | 6622 1555

Exhibition 'Convergent'

A new group exhibition featuring the work of four local artists, Emily-Sarah Boldeman, Shanti Des Fours, Grace Fayrer and Isabell Heiss, at Lone Goat Gallery. The artists are united by their use of contemporary art forms to explore and express their personal and emotional lives – a subject matter historically dismissed in favour of more rational or intellectual approaches. By focusing on their personal experiences, they invite us to see art not as something distant or detached, but as a way to connect.

Until 23 November 2024

Wednesday-Saturday 10am-3pm

Lone Goat Gallery | lonegoatgallery.com



Grace Fayrer's The Approximate Size of the Human Heart (detail), 2024, steel, video projection on glass Photo Michelle Eabry

The Hot Seat – Campaign Premiere and Live Chat Show

Get ready for an unforgettable night of wit, music, and powerful conversations at the Festival of Changemakers, featuring a stellar line-up of Australia's most influential voices in comedy, art, and activism. Comedy legend Paul McDermott will lead the charge with his razor-sharp satire, fresh from touring his musical *Blood Orange*. He's joined by national treasure Wendy Harmer, whose career-spanning stories from her memoir *Lies My Mirror Told Me* are sure to inspire.

But that's not all – rising comedy star Alexandra Hudson, fresh off international stages, will add her unique humour and insight on living with a disability, while renowned artist Angus McDonald shares his moving work on asylum seekers. Also taking the stage is the legendary Rhoda Roberts, bringing decades of First Nations storytelling to the spotlight, and 13-year-old activist Spencer Hitchen, a passionate voice for environmental change. Joining them is Greens Senator Mehreen Faruqi, a trailblazing advocate for climate action, social justice, and a more compassionate Australia.

With musical interludes from Mandy's sizzling House Band, Katrina and the Greenies, and choreography by Philip Channells, this cabaret is more than a show – it's Mandy's Official Campaign Launch and a celebration of voices that challenge the status quo. Don't miss this powerful evening of entertainment that will leave you questioning, laughing, and cheering for change.

Saturday 16 November, 7pm

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Dr Airdre Grant shares her passion for marmalade and the precision required for its perfect preparation.

It's a very citrusy time of year. This is good because, as we all know, citrus is a gateway fruit for that most delicious of addictions: marmalade.

Marmalade is the jam of conserves (see what I did there?). A good marmalade, with fresh butter on good toast made from delicious bread, paired with a cup of well-brewed tea in the morning, is an excellent start to the day.

Good Lord, on reading that I realise I'll be needing a butler soon.

If you are serious about marmalade, there is information on how to make it correctly. It includes those elusive ingredients of calm and goodwill, which make all the difference. Here are some of the guidelines:

1. Be in a good mood when you make marmalade – this is important. Your mood affects the outcome (and everything else when you think about it).
2. Fresh Seville oranges are the best (according to the experts), but you cannot make marmalade without a small lemon input, according to some, for extra pectin.
3. Watch the tree you plan to pick the oranges from – look for that tinge of green at the stem because the pectin level will be just right. The acid/sugar/pectin balance is critical.
4. Use a special jam pot designed for making jam or marmalade.
5. Shred, do not dice, the peel.
6. Soften the peel before you add warmed sugar.
7. Don't overcook it.



Marmalade

In a jam photo Rob Wicks

8. Do not hurry the process (see my note about goodwill).
9. Cool before putting it into jars, allowing it to thicken.
10. Listen to the marmalade – it will tell you when it's ready.
11. Let the mixture relax.
12. Do not even think of adding a postmodern twist (this cannot be stressed enough).

I am not alone in this passion. Once you start looking into the craft, you will realise what a high art marmalade making is. Marmalade devotees attend the Australian Marmalade Awards, held every year in Birregurra, Victoria. There are two categories: homemade marmalade and artisan marmalade (made using the Open Pan method). The judges look for four things in marmalade: good appearance, aroma, texture and, of course, taste.

I have some marmalade-based news that may irritate and delight in equal measure. In 2021, a nine-year-old girl from the Isle of Wight won the World Marmalade Award at the Dalemian Mansion Marmalade Festival in the Lake District, UK. She beat over 3,000 entries in this international competition. She used supermarket Seville oranges (what!) and orange blossom. The organisers trilled, "the future is looking good for marmalade." I told you, this is serious business. Around the world, marmalade makers sharpened their knives, washed their muslin, and cleaned their jars. I looked in the cupboard and, to my horror, discovered I am running low on marmalade supplies. As my butler has yet to appear, I am off to the Red Cross tearooms to see what preserves, conserves, chutneys, and jams are on offer. I'll be the woman strong-arming my way to the front of the queue. This is an emergency situation.

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A transformation - 30 years on

Jindibah 2024 Photo Craig Barry

Christobel Munson was one of six people who bought the Fowler family farm on Fowlers Lane in 1994. They transformed it from a former farm into a thriving Intentional Community Title property of 12 households. Here, she reflects on the changes.

When we bought the property, Harry Fowler had been dead six years.

It seems he wasn't any great shakes as a farmer, devoting so much of his time, enthusiasm and energy into countless worthy Bangalow community activities. Though he hadn't kept the land looking like a workable farm, his niece and nephew, who inherited the

property, spent a few years cleaning it up to make it presentable to market.

As a cattle grazing property – which is how it was marketed - it was too small for a single family to make a living from. But for our purposes, it was perfect.

It was generations since it had been a workable dairy. The land, though recently spritzed up – paddocks all slashed of weeds and the countless tonnes of rocks all gathered up and shovelled neatly out of the way and into the gulleys - looked as good as it could. But with streaks of erosion slicing through bare hillsides, to us, it seemed lifeless and unloved: it felt bleak.

Apart from the original Fowler family farmhouse, 11 additional houses have been built over the years. Our 12 houses stand on around two acres of land per lot - each private individual bubble hanging off the internal road - and together, we care and

manage the other 90 communally-owned rural acres.

Inspired by the countless consultants' reports we had commissioned, covering every possible aspect of life on a potential community, the minute we could, we set to, to transform the land. As well as creating all the infrastructure needed before houses could be built – 1.7km of internal paved road, underground power, fencing, and heaps more – we quickly leapt in, keen to bring our dry paddocks back to life.

Setting the scene for us was an 'Environmental Enhancement and Management Plan' (EEMP) that we had prepared by Firewheel Rainforest Services early on. It outlined how we could potentially transform the worn-out land through environmental repair, indicating where and what we could plant: species lists tailored to select the ideal plant for every nook and



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cranny, whether up on the high, windswept 'Jindibah Heights', where nine of our houses were built, or along the frost-prone creek flats.

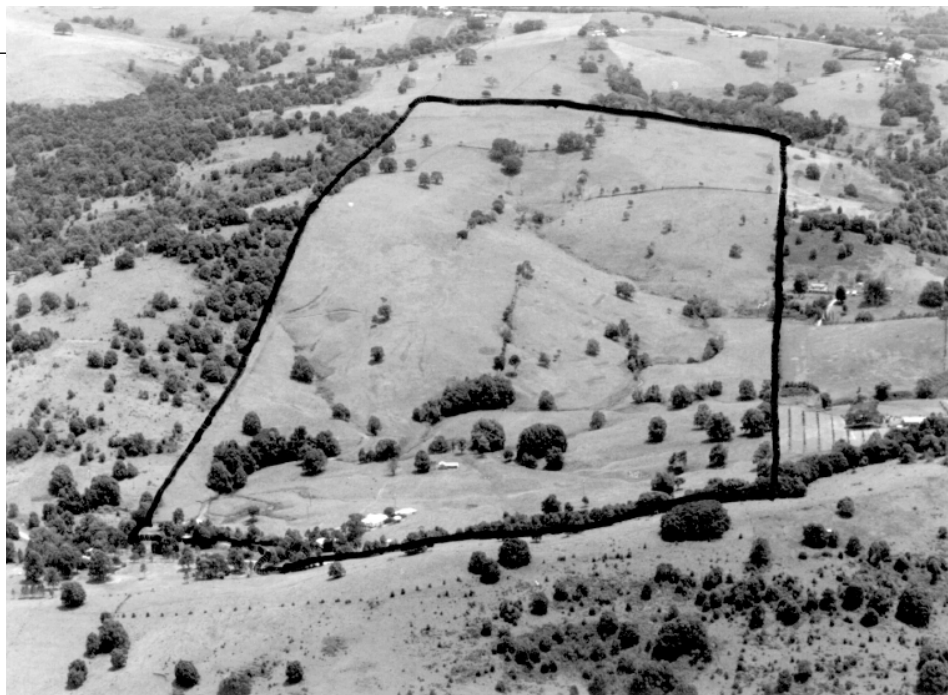
Our first aim was to create a fertile, thriving environment into which we could build our houses. We created privacy for each one through appropriate native plantings; these also reduced the impact of new houses on neighbouring properties. We wanted to restore rainforest along the Sleepy Creek riparian corridor, and (dare I say) "beef up" the two acres of Big Scrub we found on the far side of the causeway over the creek. We also wanted to protect and enhance the habitat of any endangered or vulnerable threatened species on site.

With the property sectioned off – on maps, at first – into zones labelled 'Rural Living', 'Habitat/Regeneration' and 'Agricultural' - we got planting.

In the early days, there was a rough bush track round the property, requiring four-wheel drive. As soon as construction started on the internal road, we utilised the scraped-off topsoil to plant visual screenings along the roadside, giving each potential house a thick privacy screen. These trees are now 20 to 30m high. An agricultural buffer zone was planted along our eastern border, to prevent any spray drift coming onto our land from the neighbouring macadamia plantation to our east.

Over a decade or so, each year we would aim to plant another 1,000 rainforest trees, appropriate for the site – per our EEMP. Some years, we'd attempt to plant more, and organised working bees where as many people as possible living on the land, would join with our contractor to plant that year's quota. Today it is immediately apparent how much life all our plantings – nearly 12,000 native trees – have restored to the land. And of course we found out that controlling environmental weeds is both imperative and an ongoing, costly challenge.

A big point of difference from any other communities being established at the time, was our wish to potentially farm parts of the land, or take up any emerging agricultural possibilities. Most of the other communities at the time focussed exclusively on rainforest regeneration. We wanted to retain the option to graze cattle or whatever horticultural pursuits might work well here: we didn't want to preclude any possibility.



Jindibah in 1995, Photo supplied

On each of our house lots, owners have landscaped and planted what suited them. Some have created flat areas for kids to play on, with room for veggie plots, swings and trampolines. For others, a stunning seaview from the terraced pool, with a few strategic easily-managed feature plants, has been what's important. To me, it's been creating a densely planted garden which supplies food: an orchard, bush tucker, flowers, fruit.

While this property could easily have ended up as an unprofitable farm running beef cattle (as often happens when city people relocate to the country and don't know what to do with the land), we've found a way that 12 households can each care for their own lot, so each garden is loved and flourishing. The trees we've planted on the remaining common land have brought the rest of the land back to life, attracting lush flora and abundant fauna in the wildlife sanctuary it's become, while providing shade for the agisted cattle and horses. The creek, now shaded by mature trees, attracts us to sit, or swim, or simply enjoy nature's bounty.

At night, I hear possums, bandicoots or echidnas, shuffling about in the jungle outside my bedroom window. Driving home in the dusk, wallabies can be seen leaping across the fields, and snakes and reptiles of all kinds, lurk throughout. On the other side of the house facing east, looking towards the sea,

I watch goshawks and huge eagles, floating on the thermals. Bands of raucous yellow-tailed black cockatoos, screech across the skyline on summer evenings. When I open my curtains in the morning, there's usually a few kookaburras checking out their potential breakfast, perched high up on the stalk of the giant Mauritius Hemp.

At ground level, as I walk through the orchard to feed the chooks, past my native bee hives, blue-tongue lizards, or tiny skinks freeze for a moment, then slink on about their lives. When the chooks have left grain, the round-eared bush rats arrive for the left-overs. A series of snakes, all named Monty Python, regularly check out the rat situation from the roof of the nesting boxes in my chicken coop, conveniently taking care of excess numbers. Other snakes have found their safe and happy place in the 300 metres of rock wall, built along a section of our internal road. Everyone's happy.

It's been an interesting 30-year transformation.

This is an extract from a book she is writing on the conversion of the former dairy farm into an intentional Community Title property.

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All Hail the Queen!



Chablis and Chardonnay may share the same grape variety, but their differences are significant, driven by their region of production and winemaking techniques. Chablis, from the northernmost part of Burgundy, is celebrated for its crisp, mineral-driven character. The cooler climate and limestone-rich soils imbue it with high acidity and flavours of green apple, citrus, and flint. Often produced without oak, Chablis preserves a fresh, clean profile. By contrast, Chardonnay grown in warmer regions like California or Australia develops a richer body, with tropical fruit, butter, and vanilla notes—especially when oak-aged. Though Chablis is technically a form of Chardonnay, the term ‘Chardonnay’ covers a vast array of styles shaped by their unique terroirs.

I started my journey in Burgundy with the 2022 Maison Stephane Brocard Closierie des Alisiers Chablis Vieilles Vignes. Stéphane Brocard, son of the famous Jean-Marc

Brocard, has built a reputation for his focus on purity, fruit, and freshness. Advocating organic farming and minimal intervention, Brocard lets the terroir express itself, producing wines that reflect their origins. His Chablis bursts with crisp orchard fruits and delicate floral notes, balanced by a beautiful saline minerality. Aged in stainless steel for nine months, it gleams a pale straw colour with flashes of green. The nose reveals vibrant aromas of pear, green apple, and lime, layered with wet slate and oyster shell. On the palate, it's rounded yet focused, with notes of lime, dried honey, and the unmistakable wet-stone minerality. Pair it with poultry, cheese, or seafood—it's a versatile winner for almost any occasion.

Next, we journey to Languedoc for the 2022 Domaine La Croix Belle Chardonnay, a shining example of Chardonnay's adaptability. This wine has a pale straw hue, with golden tints and greenish edges. The nose is full of

and almonds, which carry through to the palate. Ripe peach and apricot join hints of dried honey and spicy nougat, all wrapped in a round, textural finish. A soft but fresh acidity balances the creamy mouthfeel, leaving a lingering impression. With its depth, complexity, and exceptional value, this Chardonnay is perfect for sharing with friends or enjoying on your own.

Returning to Australia, the 2020 Clairault Chardonnay delivers a masterful expression of three regional vineyards, showcasing the best characteristics of each. The grapes are harvested with care, whole-cluster pressed, and cold-crushed to maintain fruit intensity. After two days of cold settling, the most delicate grape solids are selected to enhance texture and aromatics. Partial malolactic fermentation adds depth, while nine months in oak with regular bâtonnage builds a luxurious texture. The result is a wine brimming with fresh pear, zesty lemon, jasmine, and hints of cinnamon and cashew. Stone fruit, spice, and brioche unfold on the palate, balanced by crisp acidity and fine tannins. The persistent mineral finish keeps you coming back for more—an elegant celebration of Australian terroir.

Lastly, we return to Western Australia for the 2018 Atticus Finch Chardonnay from the Margaret River sub-region of Karridale. Known for its cool climate, this area consistently produces top-tier Chardonnay. The 2018 vintage, now six years old, still shows youthful vitality, with a striking yellow-green tint. The nose is filled with ripe nectarines, white peaches, and zesty lemon curd, beautifully framed by subtle French oak. On the palate, layers of stone fruit, citrus, dried honey, and biscuity oak combine with a lively creaminess. Thanks to low vineyard yields, the wine has a rich intensity, balanced by refreshing acidity. The finish lingers with vibrant freshness, a hallmark of Margaret River Chardonnay.

Across all these wines, it's clear that terroir plays a defining role in shaping their distinctive profiles. From the flinty minerality of Chablis to the full-bodied richness of Languedoc and the bold complexity of Australian Chardonnay, each bottle tells a unique story.

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Asparagus Pie

Asparagus season is upon us, and the best time to enjoy it is now. This tart enhances the flavour of these green, earthy beauties.

INSTRUCTIONS

1. Blind bake your tart shell in a 23cm tin.
2. Snap off the woody ends of the asparagus and steam the stems for four minutes, or until *al dente*.
3. Make the purée: chop 200g of the asparagus into short lengths (set aside the tips and the remaining 100g for later). Blitz the chopped asparagus in a food processor to make a purée.
4. In a jug, pour the double cream and beat in the eggs. Stir in the asparagus purée, grated cheese, and a grating or two of fresh nutmeg. Season well with salt and pepper.
5. Arrange the remaining asparagus pieces (tips and chopped) on the bottom of the tart shell, then pour the filling mixture over them.
6. Bake for 35-40 minutes at 180°C (fan-forced), or until the filling is set and lightly golden.
7. Let the tart stand for a few minutes to firm up. Avoid covering it to prevent it from becoming soggy.

INGREDIENTS

- Ready-made shortcrust pastry (or make your own)
- For the filling:
- 300g asparagus
 - 284ml double cream
 - 2 eggs, beaten
 - 50g grated Gruyère or cheese of your choice
 - Grating of fresh nutmeg
 - Salt and pepper, to season

Recipe and illustration Lyn Hand

To pee, or not to pee

Asparagus contains a compound called asparagusic acid, which is unique to the vegetable. When humans digest asparagus, asparagusic acid breaks down into sulphur-containing compounds. These compounds, such as methanethiol and dimethyl sulphide, are volatile and responsible for the distinctive, sometimes pungent smell in urine after consuming asparagus.

Interestingly, not everyone experiences this phenomenon. The reason is twofold: first, not all people produce the same quantity of these sulphur compounds after eating asparagus. Second, even among those who do produce these compounds,

not everyone can detect the smell. This variability stems from genetic differences. Some individuals possess a genetic variant that enhances their ability to detect the sulfuric odour, while others lack this sensitivity entirely.

Scientific studies suggest that roughly 40% of people can detect the smell, while the remaining 60% either don't produce the compounds in significant amounts or cannot perceive the odour. This condition of being unable to detect certain smells is known as 'specific anosmia.'

In essence, the combination of metabolic processes and individual genetic traits determines whether you get asparagus wee.



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**Bangalow Lions
 celebrates 50 years**

The Bangalow Lions Club marked its 50th anniversary as a Chartered Lions Club in Australia on 31 October 2024. The occasion was celebrated at the General Meeting on Tuesday, 22 October, held at The Kiosk, Bangalow Showground. The event was attended and officiated by Assistant District Governor Lion Johnson Chen from Brisbane Lions. It was a splendid evening, attended by 20 Bangalow Lions and their partners, where we enjoyed a delicious curry meal prepared by Kamal Singh, the lovely wife of Johnny Singh—a 45-year member of Bangalow Lions and an all-around good guy. We all shared a big sponge cake and ice cream as we sang Happy Birthday to our Pride of Bangalow Lions.

Lion President Greg Nash recited the original Charter Certificate from 1974, noting the inaugural club members: President Darrell Mackell, Harry Fowler, Gordon Parker, Wally Taylor, Dudley Legge, Dave Stewart, Alex Hermann, and Gary Potter—village legends all—and 13 other pioneer members who kicked off the club way back when. It's important to remember those who have contributed so much to Bangalow over the years. Current Lion Brent Knight was a very worthy recipient of the 2024 Heart of a Lion Award for his outstanding service over the past year. Great work, Lion Brent!

Bangalow Lions will be running the Bar & BBQ at The Kiosk for the 2024 Bangalow Show, and we'll also be conducting the 2024 Bangalow Xmas Eve Carnival at the Showground. We look forward to seeing you all there for a great time with family and friends—so please, pray for good weather!

If you're interested in joining or volunteering for Bangalow Lions, feel free to contact Nashy on 0418 440 545 - call anytime! Our motto is "We Serve."

That's the shot

COVID-19 is likely to continue globally as an endemic disease, with fluctuating incidence driven by waning population immunity (both vaccine- and infection-related), virus mutations leading to new SARS-CoV-2 variants with immune escape, and seasonal factors.

With Christmas approaching and an increase in socialisation in large groups, we have outlined the current COVID-19 vaccine guidelines below.

COVID-19 is an infectious disease caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) virus, affecting people of all ages. Older adults and those with certain medical conditions have an increased risk of severe illness or death from COVID-19.

All adults aged 75 years and over are recommended to receive further doses of the COVID-19 vaccine every six months.

Adults aged 65–74 years without severe immunocompromise are recommended to receive further doses every 12 months and may consider additional doses every six months, based on a risk–benefit assessment.

Adults aged 18–64 years without severe immunocompromise may consider receiving further doses every 12 months, depending on risk factors, such as underlying medical conditions that may increase the risk of severe COVID-19.

If you're unsure of your last COVID vaccine, log in to your My Health Record to check, or make an appointment with one of our nurses at Bangalow Medical Centre for a discussion on (02) 6687 1079.

In other vaccine-related matters, we are still seeing higher-than-usual cases of pertussis (whooping cough) in our community. Vaccination is recommended every 10 years for healthcare workers, early childhood educators and carers, and people in close contact with infants.

Pertussis-containing vaccines are recommended for adults at ages 50 and 65, children under four years as part of their routine immunisation schedule, high school students, and pregnant women during each pregnancy, preferably between 20 and 32 weeks gestation.

To discuss your vaccination needs, contact Bangalow Medical Centre and speak with your GP on (02) 6687 1029.

Bangalow Medical Centre

What is forest bathing?

Forest bathing, or *shinrin-yoku*, is the Japanese practice of immersing oneself in the natural atmosphere of a forest, engaging the senses to experience nature's calming and restorative effects. It's not about physical activity like hiking, but rather about slowing down and mindfully absorbing the sights, sounds, smells, and textures of the forest to reduce stress, improve mood, and promote well-being.

In the Bangalow region and surrounding areas, forest bathing offers a perfect opportunity to connect with the stunning natural environment of the lush rainforests and tranquil groves found in the Byron Hinterland. Piccabene Park and surrounds is a convenient choice. Another excellent site is Minyon Falls, located within Nightcap National Park, where forest paths wind through thick woodlands leading to the breathtaking 100-metre waterfall. The combination of cool mist and birdsong makes this location perfect for deep relaxation.

A peaceful stroll through nearby Booyong Nature Reserve allows for quiet reflection amid native trees and ferns, with the occasional rustle of local wildlife enhancing the connection to nature.

These scenic spots offer not only stunning views but also the chance to unwind and restore your inner calm through the practice of forest bathing.



The beauty of nature
Photo Christobel Munson

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The new Byron Shire Councillors during their induction week Photo Annie Lewis

Hitting the ground running

With our council elections finally behind us, it's time to check out who our Shire has voted in to run the place for the next four years. Who are they, where are they from, and what do they say their interests are? Christobel Munson investigates.

The total number of people enrolled to vote in the Byron Shire is 27,485, with a voter turnout of 71.4%. Of those, 18,442 formal votes were cast, and there were 1,181 informal votes.

The race for Mayor was tense, with four candidates. Three were already Byron Shire councillors: former Deputy Mayor Sarah Ndiaye, former Mayor Michael Lyon, and Asren Pugh. The fourth was newcomer David Warth. It was tight—neck and neck between Greens Mayoral candidate Sarah and the ALP's Asren. Asren received 7,051 votes but was pipped at the post by Sarah, who secured 7,582 votes, making her our new Mayor. (For the record, the Mayor's surname is pronounced 'En-Jye'—with 'Jye' rhyming with 'rye'.)

So now—who do we have representing us on Council? There are eight councillors, plus the Mayor. The Mayor and three others on her team are Greens: Elia Hauge, Delta Kay, and Michelle Lowe. Asren

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and his running mate Janet Swain are from the ALP. The remaining councillors—Michael Lyon and newcomers Jack Dods and David Warth—are Independents.

For the first time, Byron Council has a majority of women: five women and four men. According to a 'Candidate and Councillor Diversity' report from the NSW Office of Local Government at the time of our 2021 election, only one in four NSW councils had a female mayor. This paragraph in that report was particularly interesting: "The typical 2021 councillor is an English-speaking male aged 60-69 years with a professional occupation, who did not identify as an Aboriginal or Torres Strait Islander person or as having a disability." That "typical candidate" had no previous experience as a councillor.

So—Byron Council is not typical. Are we surprised? We have a woman mayor and a majority of women councillors. Greens councillor, 28-year-old water engineer

Elia Hauge, is the youngest councillor to be elected in Byron. Delta Kay is an Arakwal Bundjalung woman who grew up in Byron, and whose mother, Linda Vidler, is an Arakwal Elder. Michelle Lowe is a Bundjalung woman from Baryulgil on Bundjalung country. This makes for an outstandingly diverse council.

But where do they all live? Who can we turn to with our local issues and interests? The information below is sourced from their various pre-election candidate statements and reports.

- **Asren Pugh** (Bangalow) calls himself a 'lifelong environmentalist', having worked for the Australian Conservation Foundation, setting up their national Community Organising Program. He lives in Bangalow with his family, runs a local food manufacturing business, and holds an Executive MBA from UNSW.
- **David Warth** (Suffolk Park) is a wildlife filmmaker with a background in business, tourism, and primary industry. "I love living here, and now that the challenges we face are mounting, I feel that ... I must act decisively to create and implement a strong vision that will be in the best interests of our community."
- **Delta Kay** (Byron Bay) will be familiar to many of us in Bangalow, particularly for her Bush Tucker tours in Piccabeen Park. She says, "I'm passionate about environmental and cultural education. I'm the owner of Explore Byron Bay Aboriginal Tours and an Aboriginal student support officer at TAFE NSW."
- **Elia Hauge** (Main Arm) attended Bangalow Public and Byron High. "As an engineer, educator, and environmentalist, my values are Greens values; to create a sustainable future for our people and our planet. I specialise in water and sustainability, have conducted research in climate adaptation and water security for regional communities, and have lectured in sustainable urban infrastructure."



The Meet the Candidate event with some of the Bangalow Herald team, hopeful candidates and Bay FM's Mia Armitage photo Lyn McCarthy Niche Pictures

- **Jack Dods** (Ewingsdale) is a 34-year-old architect and urban designer, born and raised in Sunnycrest Lane, Bangalow. He has "a deep passion for and commitment to improving the built environment in Byron Shire," specialising in urban design, master planning, building design, and development management. Since 2018, he has served on several Council advisory committees.
- **Janet Swain** (Ocean Shores) will no doubt represent those in the north of the Shire. An artist, singer, songwriter, and teacher, Janet wants to bring "new, creative ideas to the problems our community faces."
- **Michael Lyon** (The Pocket) was mayor for the past three and a half years. Some say his biggest coup was obtaining a 60-day cap on holiday letting in the Shire. "Following the worst floods in recorded history, Michael led the response to provide temporary homes in three pod villages in the Shire and has fought hard for the funding to complete repairs like Federal Drive and Huonbrook Road."
- **Sarah Ndiaye** (Mullumbimby) was Deputy Mayor for six years and served on Council since 2016, giving her "a deep understanding of local issues. As Mayor, I will bring my years of experience to champion our community and the issues that are important to you. As a feminist and activist, I've fought for equality, media freedom, environmental protection, and improved public spaces."
- **Michelle Lowe** (Byron Bay) is a long-time local who raised her children here. "I'm a high school teacher and have been the Aboriginal and Torres Strait Islander academic and cultural mentor and coordinator at Byron Bay High School for 10 years," where she taught many Bangalow kids.

Now, let's see how long it takes the six newcomers to learn the ropes, supported by the three experienced councillors.

Christobel Munson



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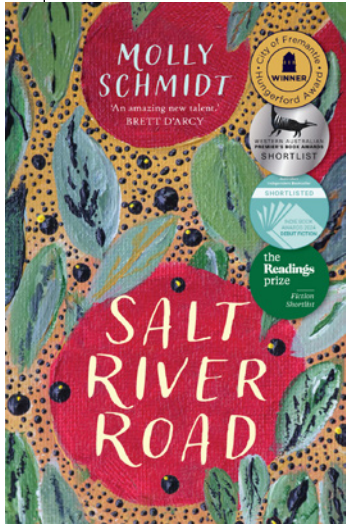


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Salt River Road

by Molly Schmidt

The Tetley family are in mourning. The cancer that claimed their wife and mother has left them stranded in a place no one knows how to navigate.

It's admittedly grim subject matter, but I was drawn to this book at the Byron Bay Writers Festival after it was recommended by another author.

Set in Western Australia, there are five Tetley children. Four are in their teens, while Alby, the latecomer, is meant to start school after the funeral. The problem is, the family no longer has a rudder to steer them, and their father is completely undone by grief, incapable of action for months.

Joe, the second eldest, and Rose, the only daughter, eventually assume some parental responsibilities, but they are grieving too. Rose, especially close to her older brother Frank, struggles with Frank's anger and his attempts to push her away.

They might be young, but they can see the family farm, which is leased, falling into disrepair. The sheep are long overdue for shearing.

As the family slowly unravels, and neighbourly support is stretched to breaking point, mysterious help comes from Noongar Elders, Patsy and Herbert. At times of crisis, their presence brings nurture and healing. Patsy and Herbert are familiar to the older brothers, Steve and Frank, but the younger children don't know who they are. Eddie, the father, is disturbed by their support, as it stirs up memories of past trauma and ultimately exposes family secrets.

This is certainly difficult subject matter to tackle, but *Salt River Road* is a beautifully written debut novel. It seamlessly weaves poetry and Noongar language and traditions, flowing at a pace that keeps the reader engaged.

Published by Fremantle Press

Goodreads rating: 4.2 stars

Carolyn Adams

From Out of the Vault

The village of Bangalow is a quintessential model for country towns that have undergone significant change, transitioning from predominantly rural, working communities to more urbanised environments as people migrated from cities in search of an authentic country life. However, as newcomers often bring aspects of city life with them, the 'authentic' country life tends to give way to a more citified version.

Bangalow experienced a notable growth spurt in the latter half of the 1990s, following the opening of the town bypass. The high cost of real estate in the highly sought-after Byron Bay led many people to settle in Bangalow and other parts of the hinterland. This sudden and dramatic population increase would have been challenging for long-time locals. It's understandable if residents of this once-quiet village felt some resentment about being 'discovered' and colonised by lifestyle seekers with an eye for real estate opportunities.

Terry Bleakley's new film doesn't directly address how people navigated these issues, but his archival footage from the late 1990s to the mid-2000s shows that life went on. Despite the disappointments of a changing town, many positive things happened—and continue to happen.

The film opens and closes with excerpts from Terry's first film, *My Love, My Bangalow* (2002), which he produced to introduce newcomers to the history of the town and emphasise the importance of remembering and respecting those who built the community. The rest of the film offers an entertaining look at events and people from that era, including local performances by David Helfgott, the Buttery Choir at Bluesfest, school events, the original film festival, sports, the arts, the pool, the Show, and much more.

Despite concerns about the gradual loss of some of its people, buildings, institutions, and traditions, the people of Bangalow continue to build community simply by involving themselves in a wide range of events and activities. It's a timely reminder that life goes on, and we are all privileged to live in such a beautiful area.

The film, *From Out of the Vault*, will be shown at the Bangalow Museum in Piccabeen Park on Friday 22 November with the film screening at 6pm sharp.

Contact bangalowhistorical2479@gmail.com or phone Trisha on 0429 882 525 for more information.

The Bangalow Herald

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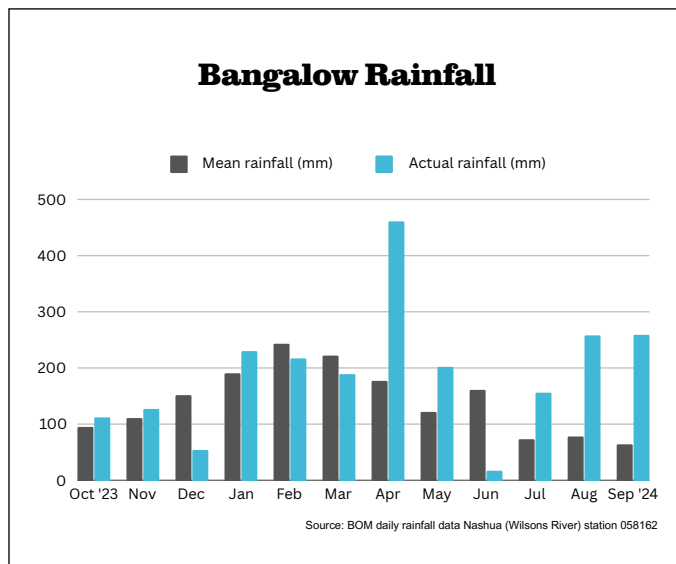


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Kindred Women Together	Janice	0401 026 359
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Noelene	0431 200 638
Lions Club (6pm 2nd/4th Tues)	Nashy	0418 440 545
Men's Shed	John	0427 130 177
Op Shop (M-F 10am-2pm, Sat 9.30am-12.30pm)		6687 2228
Piccabeen Park	Lynn	0429 644 659
Park Trust Committee	Shane	0475 732 551
Police – DCI Matt Kehoe	Fax: 6629 7501	6629 7500
Pool Trust	Jo	6687 1297
Community Association	Ian	0414 959 936
Poultry Club	Hector	6687 1322
Quilters (2nd/4th Thur)	Karen	0413 621 224
Red Cross (1st Fri)	Liz	0409 832 001
Show Society	Anne	6687 1033
Sport		
Bowls men (1pm Wed & Sat)	Gerry	6687 1142
Bowls women (9.30am Wed)	Frances	6687 1339
Cricket	Anthony	0429 306 529
Karate self-defence	Jean	0458 245 123
Netball (3.30pm Wed)	Ellie	0429 855 399
Pony Club	Rebecca	0410 706 959
Rugby Union (Rebels)	Dave	0412 080 614
Soccer (Bluedogs)		0434 559 700
Tennis court hire	Bernie	0433 970 800
Venues		
A&I Hall	Belinda	0499 392 812
All Souls' Anglican Hall		6684 3552
Bowling Club	Chris	6687 2741
Coorabell Hall		coorabellhall@gmail.com
Heritage House	Trisha	0429 882 525
Lions Club Kiosk	Nashy	0418 440 545
Moller Pavilion		6687 1035
Newrybar Hall	Kerry	0414 560 119
Scout Hall	Shane	0475 732 551
St Kevin's Catholic Hall	Russell	0423 089 684



HERALD

The Bangalow

Does the 2479 region know who you are?

The Bangalow Herald connects your business with our community. To find out about advertising options contact Pippa Vickery on 0409 606 555 or email advertising@bangalowherald.com.au

GEEBEE DESIGN

GRAPHIC DESIGN

PHOTOGRAPHY

0422 149 685

[geebeedesign](https://www.facebook.com/geebeedesign)

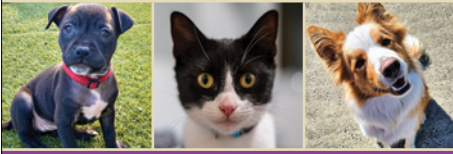
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theofficeaccountants.com.au • info@theofficeaccountants.com.au

the office...

ACCOUNTANTS & BUSINESS ADVISORS

Contact Greg Clark ☎ Phone 6687 2960

Find your new best friend!



Adoption Day

1st Saturday of each month
10.00am til 1.00pm
61 Piper Drive, Ballina



WHAT'S ON

There's plenty to keep you occupied in 2479 and surrounds as we head towards summer and the silly season.

NRAS Animal Adoption Day

When Saturday 2 November, 10am-1pm
Where NRAS Shelter, 61 Piper Drive, Ballina
Contact manager@nras.org.au | Phone 6681 1860
Info nras.org.au

Northern Rivers Animal Services invites residents from Bangalow and the broader Northern Rivers region to its monthly cat and dog Adoption Day, held on the first Saturday of each month.. You might just find your new best friend!

out the chooks, try your hand at the cock-a-doodle-doo contest (yes, really), admire the skills of the working dog trials, get the little ones to participate in the farm kid challenge, or have a crack at the Bang Burger Bar Big Bang Bite (demolishing a burger in the fastest time). This year the show wraps up with Monster Trucks in the main arena. The Lions operates a bar from their famous Kiosk, there's the Moller Café, and plenty of carnival food to enjoy.

Bush Poetry Prize

When Saturday 15 November, 11am
Where Bangalow Show at the Village Green

Now's your chance to regale the crowd with your best 'bush' balladry or poetry skills. This year's entry must include the word 'chooks', and should be no longer than three minutes in duration. Your host is the charismatic Angus Thurgate, and the winner takes home a silky sash and 100 bucks! Important – you must email your entry to athurgate@hotmail.com by Thursday 14 November. Sponsored by *The Bangalow Herald*.

Into the Woods

When November 22-30
Where Byron Theatre

Tickets bangalowtheatre.com.au

Bangalow Theatre Company presents Stephen Sondheim's *Into the Woods*, an enchanting musical which intertwines beloved fairy tales such as *Cinderella*, *Little Red Riding Hood*, *Jack and the Beanstalk*, and *Rapunzel*, while also exploring the consequences of each character's wishes and quests. As they venture 'into the woods,' these characters confront challenges that reveal the complexities of life, dreams, and human nature.

Live in the Backroom #9 Featuring M.E. Baird

When Saturday 23 November
Where Station Station Street Co-op
Tickets events.humanitix.com/live-in-the-backroom-9-b-m-e-baird

Station Street Co-op is thrilled to present the ninth instalment of Live in the Backroom, featuring the enigmatic M.E. Baird. A critically acclaimed singer, songwriter, and composer, M.E. Baird's deep, lamenting voice and beguiling songs will captivate you. With a career spanning three decades, he is also a renowned visual artist, seamlessly blending his music and art into a thought-provoking experience. Originally from Melbourne, M.E. Baird now calls Bundjalung Country home, continuing to create beautiful music and art. Don't miss this special performance.

Doors open at 6.30pm with food, cake, chai, and non-alcoholic drinks available, and music runs from 7.30-8.45pm.

Join the CWA!

More than Tea and Scones
Bangalow Branch
Enquiries: cwasecbangalow@gmail.com
The CWA is a substantial and influential women's lobby group

Bangalow Garden Club

When Wednesday 6 November, 1pm
Where Moller Pavilion, Bangalow Showground
Info Diana Harden 0418 288428

Contact bangalowgardenclub@outlook.com
We will be holding our Annual General Meeting on 6 November. After the AGM Garden Club members will be showing us their Roses, and afternoon tea will be served as usual. There is no regular meeting in December as we will be having our Christmas Party at Summerland House. The Christmas Party invitation has been emailed to Garden Club members. Our first meeting for 2025 is on Wednesday 5 February, and we welcome new members in 2025.

Online Heatwave Preparedness Workshop

When Thursday 7 November, 6-7.30pm
Where Link to be confirmed
Info forms.gle/2rf94uN67aVuJzEX8
Contact 0427 438 480
Kruthika.knagananda@redcross.org.au

Red Cross is offering a free online Heatwave Preparedness Workshop. Participating in the workshop will give you an understanding of heatwaves and how they may impact you, as well as how to prepare yourself and mitigate against harm. It will also provide you with the opportunity to create your own RediPlan and provide you with the knowledge and tools to continue preparing yourself and the people most important to you for emergencies.

Bangalow Show

When November 15-16
Where Bangalow Showgrounds
Tickets \$15 adult, \$7 concession, primary aged and under – free
Info bangalowshow.com.au

The one we've all been waiting for – the annual Bangalow Show is a weekend of good times. Browse the remarkable pavilion entries, check

TIM MILLER

REAL ESTATE

0411 757 425

tim@millerrealestate.com.au

millerrealestate.com.au



CWA Cake and Produce Stall

When Saturday 30 November, 8am-12 noon

Where CWA Rooms, 31 Byron St, Bangalow

Contact cwasecbangalow@gmail.com

There'll be Christmas goodies including cakes, shortbread and gingerbread cookies plus the usual fare at this monthly homemade pop-up shop. A great opportunity to take home something tasty and help CWA raise funds for its community commitments at the same time. Stock up for the start of the Festive Season!

The Bangalow Tap Divas annual concert

When Saturday 30 November 10am

Where Anglican Church Hall,
1 Ashton St, Bangalow

Tickets Adults \$15, under 12 \$5

Contact Judy Harvey 0414 871 720

The Bangalow Tap Divas, together with the Heart of Dance Line Dancers, invite you to their annual concert. Delight in the talent of matured aged women expressing themselves through dance. Morning tea included.

Newrybar Twilight Markets

When Every Wednesday, 3-7.30pm

Where Newrybar Community Hall

Food and local produce galore. Choose from burgers, pizza, curries, pasta, nuts, mushrooms, doughnuts and more. Food trucks serving from 4pm, plus enjoy a live band a seating for your dinner inside the hall after you've picked up your market fresh shopping and homemade goodies for the week.

Advent All Ages Gathering

When Sunday 1 December, 5pm

Where Bangalow Uniting Church, Station St

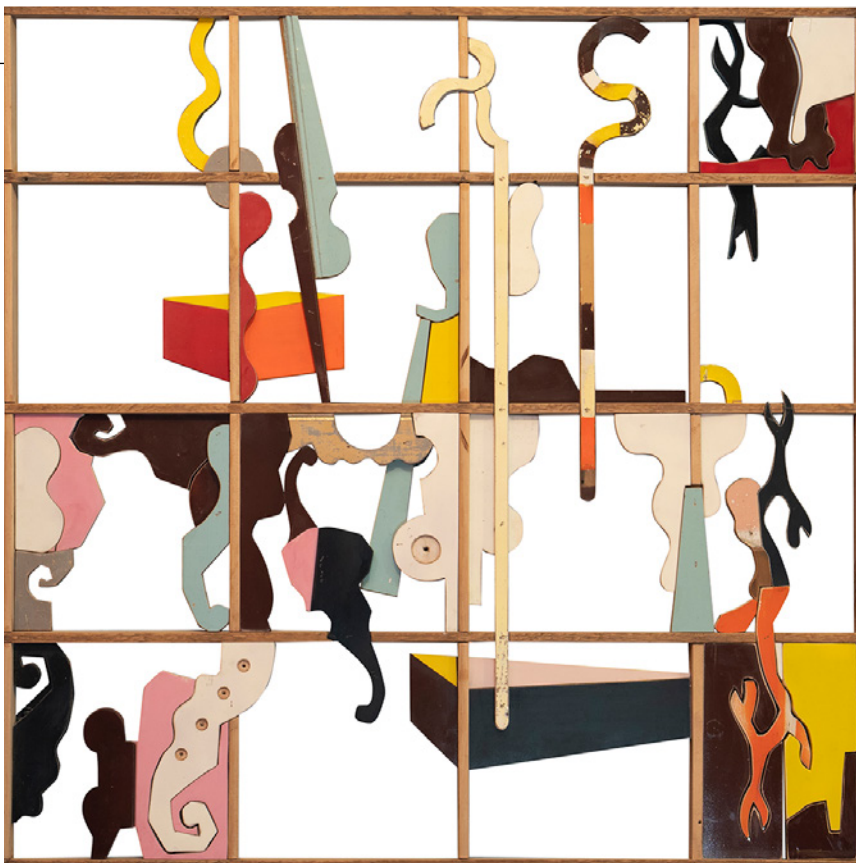
Info byronshireunitingchurches.uca.org.au

Start the crazy run up to Christmas with an all ages appropriate family gathering at Bangalow Uniting Church. All are welcome to come and join in with activities, songs, worship with a modern twist and a bring-a-plate Christmas feast! A beautiful way to remember what Christmas is really about.

Ninbella Gallery - currently on show

Ben Ross (born 1968) is a Bexhill-based artist whose studio practice focuses predominantly on abstract painting. His work continues a conversation with the principles and problems of late modernism and the 'twisted roots' of Australian mark-making. New work represents a return to large-scale timber wall pieces after a 10 year hiatus. Ross studied at The Victorian College of the Arts and Kansas City Art Institute. Collections include The National Gallery of Victoria and Artbank.

Ninbella | 19a Byron Street, Bangalow
ninbella.com



Ben Ross 'The Present' 112 x 112 cms, upcycled wood Photo supplied

SAVE THE DATE

Bangalow Xmas Eve Carnival

When Tuesday 24 December 4-8pm

Where Bangalow Showground

Contact Nashy - Bangalow Lions Club -
0418 440545

Tickets Gold coin donation at the gate

Bangalow's long running Xmas Carnival is a long-running, family-focussed community event perfect for family reunions, catching up with friends, celebrating Xmas and enjoying our beautiful Showground. Street performers, children's entertainment, music, food vans, Lions Club Bar & BBQ at The Kiosk ending with fireworks at 8pm. See you all there.

Diary

November 2024

2	NRAS Animal Adoption Day
6	Bangalow Garden Club
7	Online Heatwave Preparedness Workshop
15-16	Bangalow Show
15	Bush Poetry Prize
22-30	Into the Woods
23	Live in the Backroom #9 Featuring M.E. Baird
30	CWA Cake and Produce Stall The Bangalow Tap Divas annual concert

December 2024

1	Advent All Ages Gathering
24	Bangalow Xmas Eve Carnival

December edition deadlines

What's On 13 November

Copy 13 November

Advertising 13 November

Poster competition honours the late Niels Arup



Stephanie King, holding the Under 17 poster competition winning entry by Audrey Campbell, with Show President Donna Jenner holding the winning Open division entry by John Alcock Photo supplied

This month, the Bangalow Show Committee has added a new event to the Pavilion competition lineup. To complement this year's theme, 'Chooks,' it has launched an exciting design-a-poster competition to promote the Show's central theme (see October edition of *The Bangalow Herald*).

The Poster Competition is sponsored by the family of Niels Arup, who, for many years, was the graphic designer of *Bangalow's Heartbeat* and later, *The Bangalow Herald*.

Niels, who passed away in 2021, left behind an impressive portfolio of graphic design achievements - a varied and engrossing career he recommended to all aspiring artists. From his teenage beginnings as a 'holiday assistant' to Alex Stitt - renowned for his inspiring and hugely successful 'Slip Slop Slap' campaign - to his final role as Art Director of *The Bangalow Herald*, Niels' work focused on using design as an essential element to tell a story.

His career began working on the Melbourne University magazine, followed by producing posters and record covers for local bands at Mushroom Records, and later joining an advertising agency. After moving to Sydney, he worked on magazines such as *Australian Business* and *Belle*, the inauguration of *In Style* magazine, as well as newspapers like *The Sydney Morning Herald*, for which he received awards and accolades.

Not only was Niels a clever designer, he had a wonderful way with words - always coming up with witty and very funny headlines and intros, a real skill.

When he and his partner moved to the Bangalow area, the local magazine, *Bangalow's Heartbeat* (see October's article by Neville Maloney about Colin Cook), was a green roneoed sheet. Niels transformed it into an actual magazine, featuring great photographs and thoughtful articles on the 2479 area.

When the *Heartbeat* was revitalised as *The Bangalow Herald* (an original publication from when the town was emerging from a village into a vibrant hub), Niels captured the zeitgeist, maintaining the town's intimacy while demonstrating that it was now a place to be reckoned with.

Niels also became involved with the Bangalow Show, judging the photographic competition each year - an art form he admired nearly as much as illustration and painting. In recognition of his contribution, his family has donated generous prize money for a yearly poster competition to publicise the event and its subject matter.

This year, though entries were limited, all told a great story. It is hoped that next year there will be a flood of entries to spread the word far and wide. Niels would be thrilled to know that he is still participating in Bangalow life - a town he came to admire greatly and called home.

Stephanie King