

HERALD

The Bangalow

FREE | December 2022 / January 2023

A photograph of two children playing with large, colorful bubbles in a street setting. The child on the left is wearing a Santa hat and a dark shirt, while the child on the right is wearing a red dress and a Santa hat. They are both reaching out towards the bubbles. The background shows a street with parked cars and people sitting at outdoor tables.

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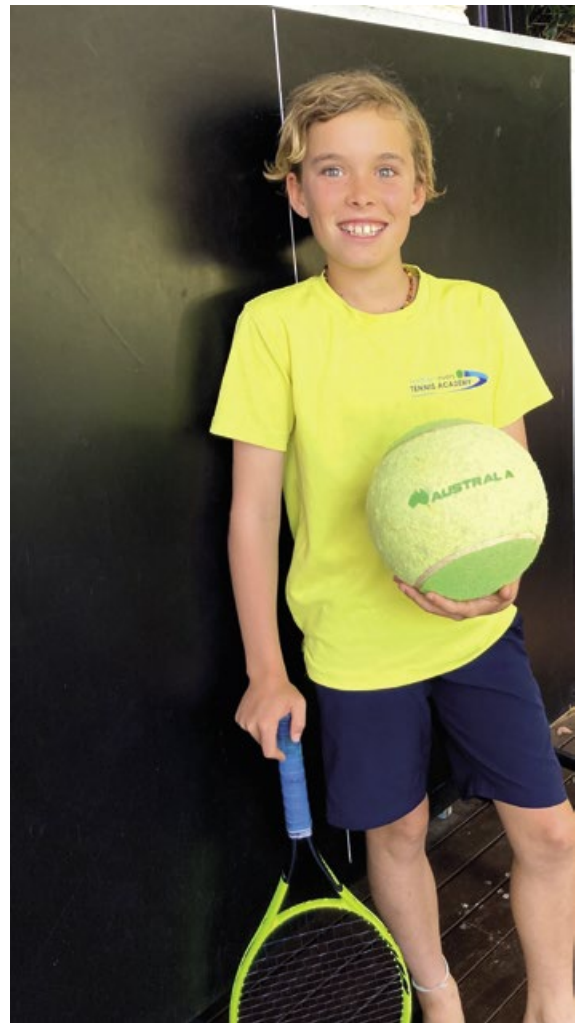
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Olivia absolutely loves practicing Chinese medicine and is continually inspired by the positive impact Chinese medicine has on the human body, mind, spirit and lives of the people she treats. Olivia is an Apha registered acupuncturist and herbal medicine practitioner.

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A smashing result for local tennis junior Ollie Field
Photo Bobbie Field

Success for Junior Bangalow tennis squad player

Over the last six months, junior squad member, Ollie Field, qualified to compete in the junior state finals to be held in Sydney in late November. Ollie competed in a series of junior competitions including the Upper Northeast NSW Regional Matchplay Series in the 10 and under boys' event, then the Champion of Champions in Grafton, including the lower North East Region. He finished in the top 8 in this event which qualified him to compete against the Northwest players in Inverell. His strong performance in this tournament saw him qualify for the finals in Sydney. Ollie has been training very hard under club coach Brandon Rowe, both in the afternoon coaching sessions and individually getting up early to train before school. In recognition of his commitment the club gave Ollie a small donation to assist with his travel and accommodation expenses. The club is very proud of Ollie's achievement and wishes him well in Sydney.

Annie Abbink
Honorary Secretary
Bangalow Tennis Club

P.S Ollie played like a champion in Sydney winning three of his five matches. He placed 13th out of 32 finalists. Well done Ollie!

HERALD

The Bangalow

From the Editor

Hallelujah! After a year of disaster and devastation in our beautiful region, things are finally starting to twinkle again.

This edition of *The Bangalow Herald* highlights the stories of some of the most celestial humans in our region, excelling in their chosen fields, and living life with passion and gusto. Bravo to all our wildly creative visionaries and determined players of sport, music, stage, and food and wine. You can read about their successes in this edition.

There's also a long list of fabulous things to do and see in our local area for those entertaining visitors over summer, all suggestions submitted *Herald* readers. How many will you tick off?

The end of another year is always a time of reflection. We've had quite the run of unprecedented events but as always, the community has rallied to support one another through generosity and gestures big and small.

I am thankful to be supported by such an incredible, dedicated team here at the Herald. I would like to acknowledge the patience and hard work of our designer, Neil Deacon, and the good humour and resourcefulness of advertising manager, Pippa Vickery. Thank you to the committee for trusting me to steer this ship, and to our advertisers for supporting the magazine. A massive heartfelt thanks to the many volunteer writers, photographers, proofreaders, and distributors, for getting these words into your hands. And thank you, dear reader.

Happy holidays!

Sally Schofield

We acknowledge the original storytellers of the land on which we live and work, the Arakwal people of the Bundjalung Nation.

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BUSH POETRY PRIZE WINNER

A Broken-Down Cowboy

by Ellen Boyd and Kate Reardon

He was struck by a stroke about a year ago
His mobility taken
his recovery slow
Riding broncos and breaking them in
This was his life, this was his thing

He could not walk
He struggled to talk
He needed a tube for his food
He could not say what was on his heart
He struggled to keep his positive mood

He could not swing his leg over a horse no more
His arm hangs lifeless, his strength so poor
He's a broken-down cowboy with a determined strong mind
He's a broken-down cowboy of a different kind

And I dare ask him
"How will you ever ride this way"
He responds with a twinkle in his eye
"Easy darlin' he whispered "I will teach my horse to lay"

He spent months in hospital, almost a year
Everyone who met him shed their own private tear
A guard of honour by nurses on his final day
There was not a dry eye on sight
As the broken down cowboy with stick in hand
Limped slowly back into his life

Two years went by when I got the calling
to drive out west past Thargamindah
"Sorry for just turning up" I said to his wife
"I was trying hard to ring ya"

She remembered me from those long days in hospital
Her eyes glistened in recognition
"You were his favourite nurse" she said as she hugged me
"You never let him stop wishin'"

She said "drive up to the side rails and park your ute
and keep your eye on the track
it won't be too long before the sun starts setting
and he'll be soon heading back

And sure enough the cowboy returned
Riding high and proud on his horse
He steered his herd into the stockyard with ease
His worn torn hat on his head of course

He saw me and smiled and rode over near
He whispered something in his horses ear
The horse gently lowered his legs to the ground
And the cowboy rolled off without making a sound

"You did it" I said to him
as we stood under the the willow tree
"It's because of kind hearts like yours darlin' he said
for always believing in me"

With tears in my eyes I hugged him tight
And I remembered in hospital on that fateful night
when I asked him "How will you ever ride this way"
"Easy darlin', he told me, "I will teach my horse to lay"

And the broken down cowboy did teach his horse to lay.



Illustration Lyn Hand

Bangalow Uniting Church Christmas Tree Festival, 18-23 December

Open every evening from 18-23 December from 6-8pm at the Uniting Church in Station Street, come and view decorated trees, listen to choirs, take a Santa Selfie (on Friday 23rd), buy a Fair Trade Christmas decoration for your own tree or to place a wrapped gift under the trees to go to locals in need this Christmas. The festival will be officially opened at 6pm on Sunday 18 December at the conclusion of our outdoor carols picnic service at 5pm.

Contact Corinne Nash 6629 1692 or Rev. Phil Dokmanovic phil@nswact.uca.org.au

Extra bin collections over Christmas

There will be extra wheelie bin collections over the holiday period in Byron Shire again this year. For two weeks from Monday 26 December to Friday 6 January, all wheelie bins can be put out weekly for collection. Put your bins out the night before the normal collection day and make sure the bin lid is closed.

Christmas Carnival returns!

The famous Bangalow Christmas Carnival is back on this year after a break of some years. The Chamber of Commerce ran it in the main street going back when it was still the Pacific Highway. Once the town was bypassed in 1994, the main street was blocked off to traffic for the evening and taken over by families and entertainers.

However, the logistics of closing the main street have proven to be too onerous, and the Chamber of Commerce is no longer, so the Bangalow Lions have stepped in to run it this year in the showground.

Lions members, Chris Hayward and Neil Sowerby, are organising a family-friendly carnival where there will be free entertainment and plenty of food. This year Christmas Day falls on a Sunday so the monthly market has been moved forward to Saturday, Christmas Eve, and then it will morph into the Carnival, commencing at 5pm.

There will be food vans and the Lions Kiosk kitchen and bar will be operating. There will be lots of entertainment for adults and kids. The evening will wrap up at 8.30pm after the Lions monster raffle is drawn.

It will be a great day out to celebrate with family and catch up with old friends.

Murray Hand

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Newrybar's micro market attracts contented regulars

Christobel Munson gets the good oil on Newrybar's thriving mid-week food and produce market.

On a Wednesday evening in early November, the Newrybar Eats and Produce Market celebrated its third birthday. Every Wednesday from 3 to 7pm, whether the weather is wet or dry, this "boutique" market presents anyone in the neighbourhood with stalls serving a variety of ready-to-eat food, fresh produce, cakes, breads, flowers, honey products, even muesli.

A four-piece band, The Upstarts, is playing in the hall itself. The hall houses a few of the stalls, as well as offering the facility for families to comfortably eat their meals in any weather, board games for the kids also available. Other stalls are tucked away on the wide, friendly verandahs, overlooking little gatherings of happy families comfortably munching away in the adjoining mini park. Up the street,

Benilato's mobile gelato stall adds to the atmosphere.

This market is not in the same league as Bangalow's Saturday morning Farmer's Markets, nor does it aim to be, and it's light years away from the monthly markets. But it offers the "small but perfectly formed" variety, which attracts the cognoscenti, mostly from the 2479 postcode, but including a smattering of tourists.

A bright idea from the Newrybar Hall committee who initiated the market. Seven regular stallholders now pay the Hall committee \$25 for the option of presenting their homegrown or homemade wares each week.

Regular stalls include Bev Singh's always popular curries – one of the originals. Newrybar



WHATS ON AT WOODS BANGALOW

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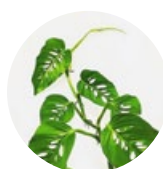
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The Cacthaus, a new collaboration between local botanical stylist, Andrew, and ceramicist, potty Zani, from The Clay Barn is now open a few doors down from Woods Cafe.

The space is also available for private events and dining, providing a unique experience in a greenhouse setting, melded with the kitchen finesse from the team from Woods Cafe.

Keep an eye out for our late trade afternoons with wine & platters, coming soon!!

bookings@woodsbangalow.com.au





Previous page:

Bev Singh serving authentic curry to Keiran

Gary Ball's fresh produce is abundant

Chloe Smith's fresh bread and flowers

Left: Local Newrybar musicians The Upstarts

Photos Christobel Munson

resident Bev offers gluten-free lamb, chicken and seasonal vegetable curries, with huge vats of steaming rice exuding enticing smells. Bev started out producing food for Newrybar School fundraisers, but this is the only markets she does. Butter chicken is her best seller.

From Friday Hut Road, enterprising Chloe Smith, the market manager and hall committee member, has several trestle tables groaning with a vast supply of her cakes, cookies, posies of fresh flowers and veggies from her garden, even several types of Turkish bread. While passionfruit tart is her best seller, also popular are the chocolate mud lamingtons, her own invention.

A few steps down the verandah is Gary Ball, who sells the fresh produce he grows on his 146 acres at Eltham. Spread across his table

is a selection of every seasonal vegetable you could possibly want: potatoes, tomatoes, greens, you name it. Like some of the other stallholders, he also does the Evans Head Markets (which he runs) each Friday, and Lismore on Saturday. "It's always a real friendly atmosphere here," he says.

Parked just outside is Sam Willis's silver Samburgers food van, a queue of hungry people waiting patiently to be served. Another of the original stallholders, his business began at this market once a week. Now flourishing, he operates at the Byron Industrial Estate, Federal Village, Seven Mile Brewery in Ballina (Fridays) and Clunes General Store (Tuesdays). "I take my burgers where the people are," he says. His range includes three beef burgers, ('Mr Deluxe' being the most popular), three

chicken, and three vegan options.

Gerry Kyeong provides 'Korean street fusion' food. He also works at the car boot markets in Lismore. "People are friendly here," he says, "There's a lot of repeat business from regular customers. People seem to want to take it home, on the evenings they don't want to cook."

Steps away from the Korean stall is Sarah Scandrett, from Teven, who's had her stall, Two Busy Beez, at this market for eight months. It sells a tantalizing array of honeys, honeycomb, candles and beeswax. The most recent stall is Musellie, offering mueslis from Ellie in Lennox Head.

Wednesday 3-7pm
Newrybar Community Hall
13/15 Old Pacific Hwy, Newrybar

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The visions that shape us

Bangalow Film Festival director, Christian Pazzaglia talks to Sally Schofield about endless Godzilla reruns and life as a film festival program curator.

When Bangalow Film Festival co-founder and program director Christian was a youngster growing up in Genova, Northern Italy, he consumed the kind of eclectic television programming that leaves a certain imprint on you.

"TV was pretty wild at the time," he says. "We were exposed to all this unusual stuff at a really early age." Christian moved to Sydney at the end of 2016, and then on to 2479 in 2019, but his formative years were spent in Europe. Television in Italy at that time went from being State run with three channels to suddenly 20 channels. "All of these channels, they didn't have enough content, so they started just buying content to fill in the slots with whatever they could get. We were getting all this crazy stuff in the afternoon like a horror films, or a marathon of *Godzilla* films. Then your mum would show up and turn it off. But, they definitely made an impact."

Christian has curated programs for leading cultural institutions in Australia, Europe and Asia for 15+ years. He also produced several feature films, documentaries, live cinema performances and A/V installations.

"As a really young child, I remember watching *Indiana Jones and the Raiders of the Lost Ark*. I still remember how it made me feel.



Left to right: Director of the film 'Little Tornadoes' featured at the festival in 2022, Aaron Wilson, Bangalow Film Festival Directors Christian Pazzaglia, Janelle Morse and Emma Doilibi

Certain films have stayed with me – *Wild at Heart* by David Lynch – I watched that multiple times in a very short period of time, on VHS because it was at that time. Initially, I wanted to be a director, I studied film but I quickly realised it was not for me, and ended up programming and curating programs."

When it comes to programming, Christian is very aware of the need for innovation and interaction. "The Bangalow Film Festival is more and more becoming a kind of a festival of ideas. The programming this year reflects on that because we do have a lot of content on our relationship with nature and the environment, things that are much more socially driven.

"We also have the Australian premiere *Living Wine*, which is a very beautiful film, and it's also kind of an environmental story because it follows a number of producers in California

during the fires. We want to have a wine tasting with that one. We want to kind of open the box whenever we can, like concerts after the films and some tasting connecting to films and special, maybe roundtable discussions."

Opening the festival is *Wade in the Water*, the first full-length feature documentary to examine the often overlooked history of Africa's 1,000-year-old surf tradition, spanning from Senegal to Angola. This year's program features also the 30th anniversary celebratory screening of *Strictly Ballroom*, remastered.

There is also a stunning new David Bowie documentary called *Moonage Daydream* and the audience is invited to channel any one of Bowie's flamboyant personas, put on your red shoes and dance the blues under the serious moonlight. bangalowfilmfestival.com.au

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Make some noise

Bangalow-based Marcos Micozzi is an Argentinian Virtual Reality audio engineer and student at Byron Bay's SAE College. He recently won an SAE International Award for best Audio Project in 2022 for his Art Installation "Simulated Environments" which explores the relationship between gesture and sound once lost with computer performances.

Marcos converted a classic analogue machine, the Neve Custom 75 recording console into a synthesiser exploring the sounds made accidentally and ambiently within the machine itself. "The people who create these consoles work really hard to avoid the consoles from making those sounds. I grabbed the sound and reinvented it and reshaped it into something we can now perform with," he says.

Using Dear Reality, a software originally developed for post-production of video games, and owned by mega audio brand Sennheiser, Marcos wanted to push the envelope to see if it was possible to use the tools as a performance software, a task it was not



Marcos with Navitas (parent company of SAE) CEO, Bangalow resident Jo Anthony

designed for. "I emailed Sennheiser asking them for sponsorship to explore this area, and they said, yeah!" With free access to software and support from the developers, the project soon became a reality.

Next, Marcos incorporated an element of interactive and input via Virtual Reality which allowed wireless headphone-wearing audience members to engage with the creation of sound. The installation was also exhibited in collaboration with musical project Desmond Cheese at the exhibition 4'33" at the Elevator ARI Gallery in Lismore, Australia.

"As the audience walked around, they could hear all the sounds moving around in space. I was in virtual reality moving the sounds

I was creating with the Neve Synthesiser, and then the audience could experience those changes in space that I was creating, and there was also a Grand Piano in the room, so they could have a jam with me and I would grab their piano performance and also manipulate it in Virtual Reality. This kind of installation touches on the concept of sound and gesture," he says. Marcos notes that the rise of electronic music created a disconnection between expression and movement for the creator/composer who is often viewed as someone anonymous and inaccessible behind a screen and keyboard. This project brings playfulness and participation back into the mix.

The SAE awards recognise the outstanding work of students from 48 campuses worldwide.

"I'm the first student from Australia to ever win this award!" says Marcos, who accepted the award at a gala presentation event in Berlin in October.

Sally Schofield

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The real treasures of the Bangalow Op Shop

Helen Johnston finds out more about the people-powered emporium of opportunity that is the Bangalow Op Shop.

Photos Lyn McCarthy Niche Pictures

In September 1983, the Anglican Women's Guild applied to the Byron Bay Council to operate an Op Shop in Bangalow. Hazel Amor, with the support of her husband Allen, was the prime mover and shaker to get it established. In October 1983 the shop opened in the old garage near the Anglican Church rectory. It was the first of several venues for the shop, but in 1984, the building in which it is housed today was constructed, mainly using voluntary labour. In 2007, Kath Amor, following in her mother's footsteps, took over as coordinator of the Op Shop. After running it most efficiently for 13 years, she retired in 2020.

Nan Dwyer is the present coordinator, and says the most rewarding aspect of the Op Shop is the service to the community and the friendships made by both the volunteers and the regular customers who come into the shop quite often on a weekly basis.

A recent innovation has been a children's play area with lots of toys and books which allows parents to freely browse in the shop, try things on and perhaps purchase a few extra



Op Shop volunteers get into the festive mood with clothing sourced from the shop. Left to right: Nan Dwyer, Mickey Hatch, Patricia Ellis, Susan Lee, Jeannie Daly, Annemarie Nicholson.

Right: Josie Altamura is dressed in clothing from the Designer Rack.

bargains. Most garments are extremely low priced, there is a rack of designer clothing with the maximum price of \$25 per item. This year because of the floods, and the rising cost of living, many items have been provided free for needy people.

One of the major tasks of the volunteers is sorting out the donated clothes and goods. They are very grateful to receive clean clothes in good order. Goods not suitable to sell in the shop are put in pink bags, which are then collected by a recycling organisation which ships some goods to low-income families in Papua New Guinea.

The greatest expense for the Op Shop is having to pay for a skip bin for the disposal of unsuitable items and rubbish deposited in their donation bins or sometimes even on the doorstep.

Together with the proceeds of other Anglican Op Shops in Mullumbimby and Byron Bay, the local Parish Council decides where the profits are allocated. This year, donations have been made to Flood Relief, Refugee



Legal Services, the Buttery, The Mullumbimby Neighbourhood House, and the Rural Fire Service. New volunteers are most welcome in 2023. Pop in and ask for more information.

Opening Hours
Monday to Thursday 10am -2pm
Saturday 9.30am -12.30 pm
Additional Christmas openings on Friday 16 and 23 December 10 am to 2pm

Merry Christmas!

from **Justine Elliot MP**

Labor

Authorised by Justine Elliot, ALP,
107 Minjungbal Dr Tweed Heads South

ON YOUR SIDE

Justine Elliot MP

YOUR LOCAL MP

Justine Elliot MP

Federal Member for Richmond

Assistant Minister for Social Services and the Prevention of Family Violence

LET'S SHOP LOCALLY!

History repeats for Hutchison family

Local educator **Mitch Hutchison** tells tales of four generations linked to Bangalow Public School.

Bangalow is a town with rich family histories and generational connections spanning several decades. Being able to say that four generations of one family have been involved in the local school is not something many families can claim, but when my daughter, Maylee Hutchinson, starts at Bangalow Public School next year, that's exactly what will have happened in the Hutchinson family.

In 1971, my grandfather, Ron Hutchinson, continued his teaching career at Bangalow Public school, after moving from Byron Bay Public School. This same year, Ron's son, my father Tony, as well as his brother, my uncle Rick, began their time at Bangalow Public School in kindergarten and Year 4 respectively. At this time, Bangalow Public School had just three classes.

Over his time teaching at Bangalow Public School, Ron taught many families who are still local to this area, including members of the Singh, Jarrett, Thomas', Wright, Hulbert and Parrington families. Many of these family members often recall stories of Ron's teaching, and today have children and grandchildren attending Bangalow Public School.

Ron brought environmental education into schools before it was part of the curriculum, obtaining a \$500 grant and along with Lyle Wright, collected seeds for students to propagate and plant around the town. You can see examples of this program at Bangalow Public School, the showground, and old pool area with the eucalypts, palms, and native grasses. Overall, the teaching image Ron left at Bangalow was nothing short of professional, a man who gave it his all and he continued to teach in many schools in the local area. Ron's education career spanned 37 years before his retirement 1983.

In the early to mid-1990's, Tony's three children, Joshua, Mitch (that's me!) and Mikaela all attended Bangalow Public School. At this time, Ron's other son Steven and his wife Linda were also teaching at Bangalow Public School, with their three daughters, Kate, Sarah and Anna attending as pupils. This was the third generation of Hutchinson's to be a part of the School community. Tony went on to complete his



Don Mills, Jan Priddle and Ron Hutchinson Photo supplied

teaching degree and continued to teach at Byron Bay Public School and more recently Goonengerry Public School, whilst Kate teaches at Clunes Public School.

As for me, I went on to study Early Childhood Education and worked at Bangalow Community Children's Centre and have taught casually at local primary schools including Bangalow Public School and Byron Bay Primary, like my father and grandfather before me. I've settled back into Early Childhood teaching now. In 2009, I met my wife Belinda, and we have two young children, baby Thomas born in 2022, and daughter Maylee born in 2017. In 2023, Maylee will attend Bangalow Public School making it four generations of the family to attend the school, as either a teacher, a pupil or both. The school has significantly changed, but these connections to generations allows past stories and experiences to be shared for generations to come.

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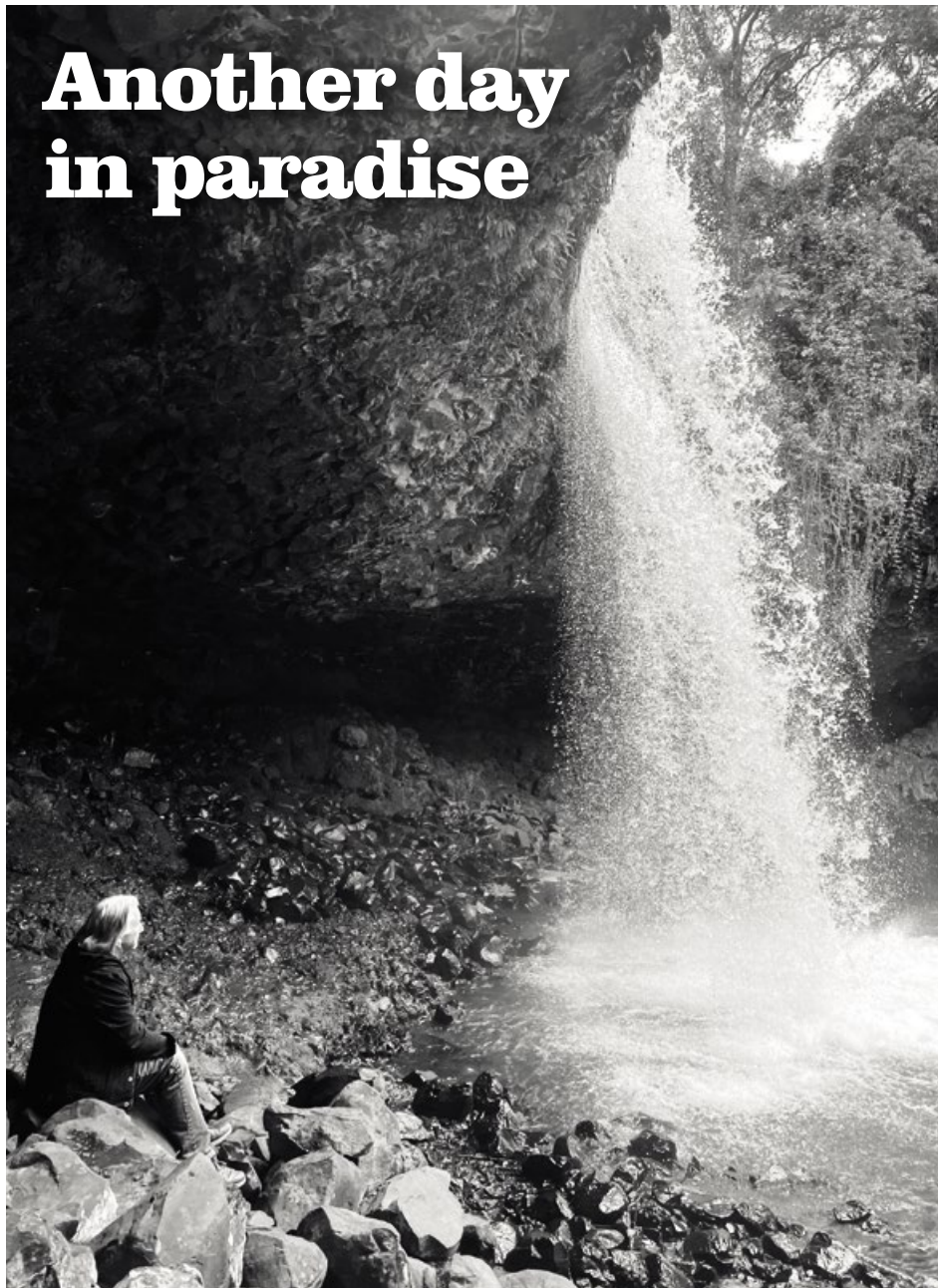
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Another day in paradise



Killen Falls Photo Pippa Vickery

Wondering where to take your guests and holiday visitors over summer? We've got you covered with these trusted favourites, hot tips and hidden gem experiences and must-see places in the Northern Rivers recommended by **Herald readers.**

Bangalow Parklands for a picnic at the Weir | Eltham Village Gallery and lunch at the Eltham Pub | **Tweed Regional Gallery and the Margaret Olley Centre** | The superb Art Deco Regent Cinema in Murwillumbah | **The Brunswick Picture House for films, concerts and of course, the adults-only Cheeky Cabaret** | The Federal Film Society monthly showings in the renovated old hall | **Byron's Lone Goat Gallery at the new library** | Torakina Beach, Brunswick Heads | **Heritage Park and arboretum on the river in Mullumbimby** | Markets at The Channon | **Mullumbimby Museum open Tues and Friday mornings** | Farmers markets in New Brighton on Tuesdays | **Farmers markets in Mullum on Friday** | Farmers markets in Byron on Thursdays | **Farmers markets in Bangalow on Saturdays** | Walk from Lennox Head to Flat Rock | **Lunch at Common People Brewing Co. in Bangalow's industrial estate** | A day trip to Evans Head | **Wategoes for a swim and BBQ early or late** | Bangalow's Christmas Eve Carnival | **A picnic at the top of the waterfalls in**

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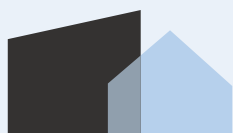
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Above: *Herald* writer Angela Saurine sharing a tippie with Sydney friend Gina at Common People Brewery, Bangalow

Above Left: Shelley Beach wading pool
Photo supplied



Left: Bangalow Parklands offers serenity, BBQ areas, two children's playgrounds, short nature walks and is the perfect place for a family day out Photo supplied

Goonagerry National Park | Early morning walk at Killen Falls | **Ballina's Shelly Beach wading pool and rock platform at half tide** | Booyong nature reserve for 10 – 30 minutes walks – access via Booyong Rd to the south of Clunes | **Minyan Falls for short and long walks and a possible swim at**

the base of the falls | Killen Falls off Friday Hut Road south of Newrybar for a 20 minute walk with an optional swim | **Paddleboard or kayak up the Brunswick River** | Fish and chips for dinner on any shoreline | **Champagne sunset under the lighthouse in Byron Bay** | Ride a bike along the path from

Ballina to Lennox Head | **Very early morning kayak with the dolphins in Byron Bay** | Doma Café for delicious modern Japanese in Federal | **The Bangalow Film Festival with film screenings and activities for kids** | Jump off the bridge into the Brunswick River | **Enjoy an intimate concert at one of our lovely historic halls** | Newrybar Eats and Produce Market on Wednesdays | **A long table lunch at Frida's Fields** | Walk to the top of Quandong Falls at the end of Fox's road in Rosebank | **A swim in the creek at the Rosebank Causeway** | The cliff walk from Lennox to Boulder Beach or beyond starting at Pat Moreton lookout just past Lennox Head | **A picnic at Lake Ainsworth, Lennox Head and a swim in the tea tree lake** | Delta Kay's Bush Tucker tour in Bangalow Parklands Thursday afternoons.

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Finding Neverland



Tricia Shantz has lived in Byron Shire for 40 years, 33 of those in Coorabell. Here she explains the genesis of her book *Neverland*, a social history that documents the arrival of American surfers in the 1960s and how their creative collaboration with locals started the first ripples of alternative culture in Byron Bay.

Neverland is the story of those early American and Australian surfers who came to Byron Bay in the '60s and '70s; Some of them escaping the Vietnam War, some having been to the Vietnam War, they came escaping an American life basically. They came to live a different life, and of course, they found incredible waves, landscape and climate.

I started out six, seven years ago wanting to write a contemporary history of Byron in the '70s and '80s but it was just too big! So, I've just done one little part of what was going to be a bigger book, and focused on the arrival of the American surfers and the Australians because

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they really intermixed, and they changed the culture of the town when they came here. They were rebelling against the norms of society. In many ways, the surfers set the agenda for what Byron was to become, changing it from its industrial working class roots into a culturally diverse town. In retrospect, the influence was immense. They questioned the Vietnam War, conservative politics and societal norms generally

A lot of people don't realise how early those American surfers came. A lot of people assume the Aquarius Festival was the turning point in counterculture in Byron Bay. But the first American surfer came in 1959, Bob Cooper, and then in '61, another very well-known surfer, Phil Edwards came from California and Bruce Brown (who eventually made the film *The Endless Summer*) was making a film called *Surfing Hollow Days*.

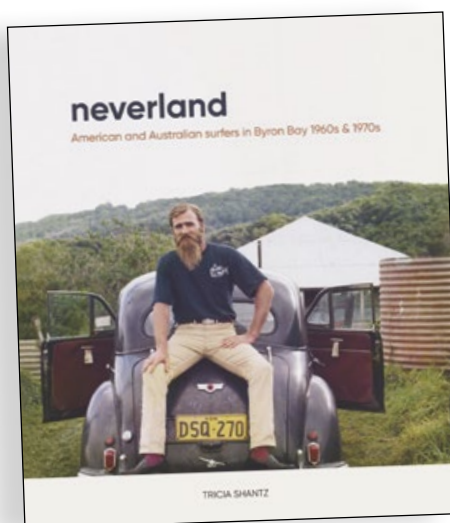
In those days, Byron was a working-class town, there was whaling until 1965, sandmining on the beach until 1972, a meatworks until 1983, there was the Norco factory on the main street, and these were the jobs you could get. The surfers didn't want 9-5 jobs. They were entrepreneurial. They created their own jobs and created businesses. They started the cafes, and they made surf films, they started newspapers. Danny Doeppel started the Arts Factory, which created BluesFest, so they were very creative, and culturally they injected something new into Byron.

The Wholemeal Cafe opened in 1974. Derek (Beckner) started The Ribcage which is where Fresh is now. Lester Brien, an Australian, and the first surfing solicitor that came to Byron, opened Dinty's, which was a raucous wild nightclub/restaurant/bar, where Main Street Burger Bar is now on Jonson Street.

The surfers started surf shops like Bare Nature (where Spell is now). They were unusual because in those days surf shops only sold surfboards. There was no Quicksilver, no Billabong, no Ripcurl. They sold boards but not clothing. Bare Nature sold Hungarian blouses and leather goods from Bill Conner (BC) who then lived on the Gold Coast but later moved to Byron Bay. They were the hang places when the surfers came to town. Bob Newland



Above:
Nyarie Abbey, John Witzig and Garth Murphy on the Lennox Headland 1971 – Rusty Miller photo



Left:
Neverland book cover- Roy Meisel at his Seven Mile Beach home 1973. Michael Kandel photo

Opposite page:
Bare Nature Surfboards on Browning St. (where Spell is now) – photographer unknown

started Surf Aids which still exists today in the Byron Arts & Industry Estate. He made the first leg ropes around here and board bags.

Rusty (Miller) started *the Byron Express* in '73 with Australian David Guthrie. Rusty had come to visit his friend, Garth Murphy. Garth and Rusty had started the business Surf Research in California in the mid 1960s, along with Mike Doyle. Garth had come to Byron and married an Australian woman, Nyarie Abbey, who started the shop Neverland with Marilyn Young (Nat Young's first wife), which was on Jonson St where the Hot Bread Shop

is now. Neverland made clothes and they imported Bali clothes into Australia. And it was psychedelic. When those early surfers arrived, they turned the town from black and white into colour.

Neverland – American and Australian Surfers in Byron Bay 1960s & 1970s
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Winning the toss

FROM KEEP THE BOWLO LOCAL

That Bangalow Bowlo members voted to progress with amalgamation with North Sydney Leagues Club is disappointing.

Keep the Bowlo Local group's Asren Pugh thanked the community for being part of the discussions on the Bowlo's future.

"It's obviously been a difficult time for our small community with people debating the pros and cons of amalgamation," Asren said. "I am pleased that with the 'Keep the Bowlo Local' plan there was a viable and workable alternative on the table for members to consider that would have kept the Bowlo in community hands, without the need for poker machines.

"Unfortunately, members instead voted for a Sydney-run club. I am sure over the coming weeks there will be debriefs and people will dissect how the process was run. But we respect that on the day the members that voted made a clear decision.

"Personal thanks to the Keep the Bowlo Local team who worked tirelessly on the business plan and ensuring that our community was offered an alternative. These people are real community advocates that put themselves out there. I am proud of the way we interacted with the community and quite frankly humbled by the wealth of expertise and passion for the 'keep it local' cause.

"It is time for our community to come together and remember that this was only one decision, and we have a lot more in common than we have differences. It's now up to all of us to hold Norths to account and make sure they deliver on what they said."

KTBL Team

FROM THE BANGALOW BOWLO BOARD

After nearly a year of consultation with its members and the wider Bangalow community, the Bangalow Bowlo held a General Meeting on Sunday 13 November for its members to vote on a proposed amalgamation with Norths Collective. More than 450 members attended the meeting either in person or virtually, and the YES vote was carried with a decisive majority of 66%.

Debate prior to the meeting was passionate, and at times heated, as members and the community weighed up the pros and cons of amalgamation. On one hand there was an offer to save the club from a 'financial crisis', with millions of dollars of investment and sponsorship. On the other hand, there were concerns about losing local ownership, a rise in poker machine numbers, and worry that Norths' would ultimately sell the land. The debate centred around the proposed Memorandum of Understanding (MOU), the governing document of amalgamations in registered club land, which the YES camp held up to its members as a contracted commitment by Norths to secure a thriving long-term future for the club. "It was a great result, for the club and our members, and the wider community," smiled Bangalow Bowlo President, Atosha Clancy. "The Board unanimously supported the amalgamation because we've spent most of the year getting to know the excellent Norths model, and negotiating what our own registered club lawyer said was one of the strongest MOUs he's ever seen. This MOU guarantees the long term financial security for the club, at a time when we were seriously looking at potentially having to declare insolvency in a matter of weeks. It's a big relief."

Justin Coombs, Bangalow Bowlo Board

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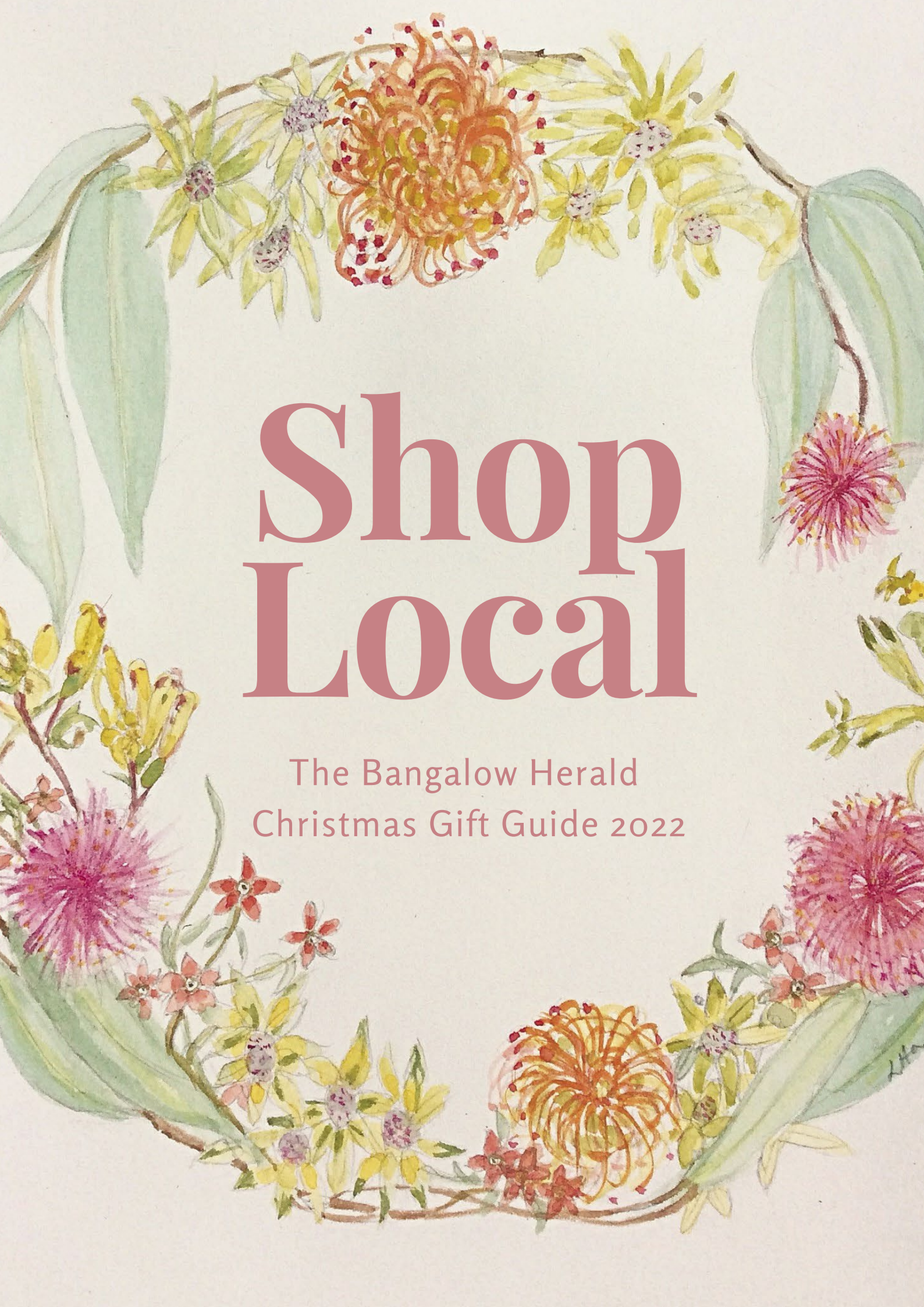
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A watercolor illustration of a floral wreath. The wreath is composed of various flowers and greenery. At the top, there are yellow and orange flowers with long, thin petals. In the center, there is a large, vibrant orange flower with many small, red-tipped stamens. To the right, there is a pink flower with many small, yellow-tipped stamens. At the bottom, there are yellow and orange flowers, and a large pink flower with many small, yellow-tipped stamens. The background is a light, textured cream color.

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The Bangalow Herald
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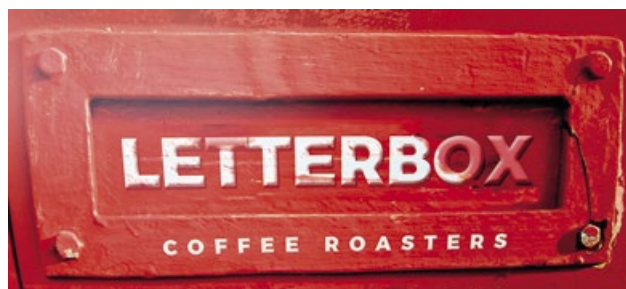
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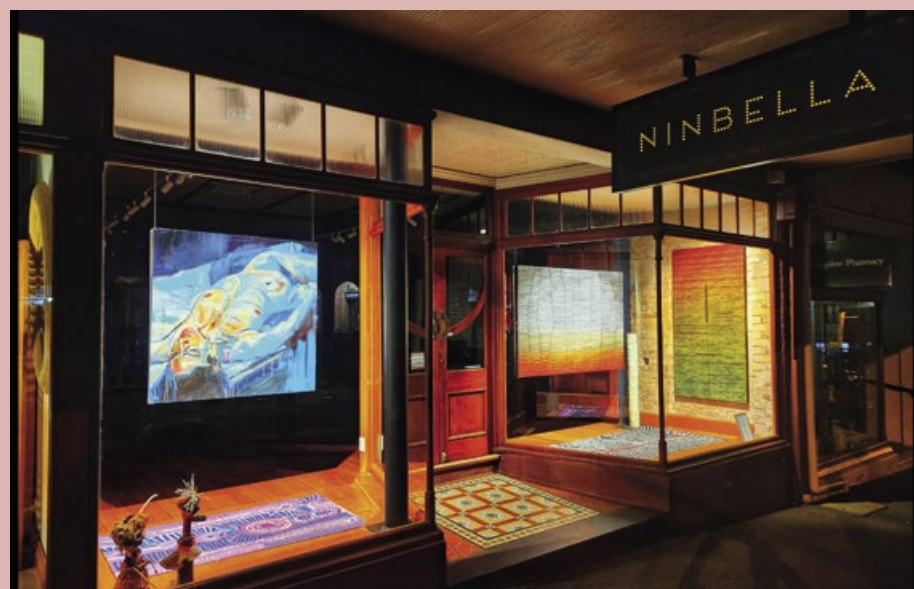


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bangalowbowlo.com.au

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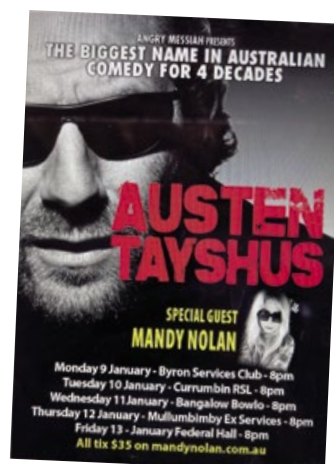


Austen Tayshus + Mandy Nolan live at the Bangalow Bowlo

The Great white shark of Australian comedy hits Bangalow on Wednesday 11 January. It's part of his annual migration. Are you game to get into the water? Legendary comedian Austen Tayshus was the subject of Foxtel documentary 'Skin in the Game' that hit streaming services in 2022. The big man of comedy has a career that spans four decades. He navigates the rollercoaster of Australian identity that all started when his smash hit single *Australiana* that saw him become a household name and satirical star. He is joined by the much-loved comedic brilliance of Mandy Nolan on a January tour, stopping in at the Bangalow Bowlo on 11 January at 8pm.

Tix are \$35 on www.mandynolan.com.au.

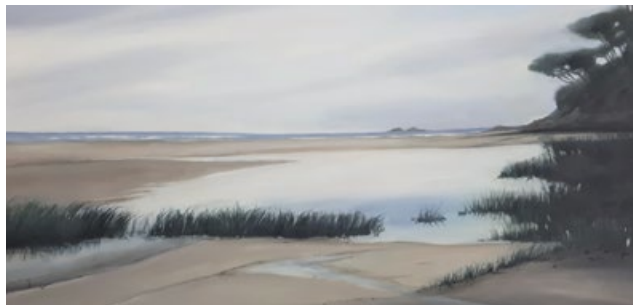
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Beetroot and Gin Cured Salmon

Are you looking for something impressive but easy for your summer entertaining asks Lyn Hand? Why not try a beetroot and gin cured salmon fillet? This is a modern classic, ideal for serving a crowd. Refrigerated, it lasts for a week or so for drop in guests or parties.



Illustration Lyn Hand

Curing is an age-old method of preserving with salt, but it also transforms the flavours and texture of the fish. The beetroot imparts a stunning maroon colour to the flesh and adds a subtle flavour. When sliced the vivid contrast between the beetroot red and the orange salmon flesh, when sliced, will be sure to impress.

I was lucky recently to be given some gin from a fledgling ginery and will use it to cure the fish. Feel free to use the gin of your choice. I have picked up the botanical flavours of the gin to cure the salmon and add depth.

Ingredients

550g of salmon (choose super-fresh from the middle of the fillet)
50g cooking salt
50g soft brown sugar
50ml gin
100g fresh beetroot (peeled and cubed)

Optional flavourings:

1/2 cup orange juice
2 tsp black peppercorns
2 tsp coriander seeds
2 tsp juniper berries

Method

1. Place all ingredients in a blender or food processor. Blitz until pureed.
2. Line your container (about the size of the fillet) with clingwrap. Overlap two large pieces to cover fish completely.
3. Lay puree on the clingwrap, flesh side down. Press down. The fish should be touching the puree not the plastic.
4. Wrap securely with clingwrap. Cover with a lid for at least two hours or up to 48 hours.
5. Unwrap the salmon and rinse off the beet mixture, pat dry.
6. Recommend to leave overnight in an airtight container in the fridge to redistribute the salt evenly.
7. Slice, skin side down. Thinly slice with a boning knife away from the skin. Serve with pickled cucumbers, capers, cream cheese, horseradish and a beautiful bread and fresh dill and lemon wedges.



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Festive classics and The Crown this Christmas

Buckle up folks, it's that time of year *All I Want for Christmas is You* is on repeat and Mariah Carey starts counting her money. Have you made any plans for your viewing over the festive season?



Elf, a Christmas classic
Photo supplied

I did a straw poll on favourite Xmas movies and found out that people in my immediate circle have firm views. They like to watch: *Love Actually*, *The Muppet Christmas Carol*, *Home Alone*, *The Grinch*, *Die Hard 1 or 2* and (my favourite) *Elf*. This may reveal to you what a low brow mob we are, but easy viewing and cheap laughs are the order of the day. What will you be watching as you loll about with stuffed tummies after a good family lunch?

The Crown season 5 (Netflix) was released to much anticipation, and immediately binge watched by many. It is a splendid production with extraordinary finesse at every level, including costumes, casting, dialogue and settings – oh so many incredible settings. We do know how this story unfolds but it doesn't stop it from being fascinating viewing. Elizabeth Debicki (Lady Diana) and Imelda Staunton (Queen Elizabeth 2) are wonderful in their roles. It has been criticised for pushing the envelope with some fictional projections of Charles' kingly ambitions, but the more challenging aspect for me was the casting of Dominic West as Charles. The cast changes

every season and, in this case, it simply didn't seem to work. West has a physicality and magnetism which played well in the compelling series *The Affair*, but seems a little at odds in this role.

Early discussions in the series about the need to refurbish the aging yacht *Britannia* serve as a metaphor for the place of monarchy and the place it holds in British collective consciousness. The Queen refers to it as a 'floating representation of me' as she tries to convince the British PM John Major (played with great restraint by Johnny Lee Miller), to pay for repairs. The script writing is mannered and precise, showing an elegance in language which is a delight to watch.

This very impressive series shows the confines and lavishness of royal life particularly as we watch Diana struggle in a confusing marriage, and how all members of The Firm, as the royal family are called, need to find meaning within their roles. This would be great viewing over the festive season. Possibly a bit more highbrow than *Elf*.

Dr Airdre Grant

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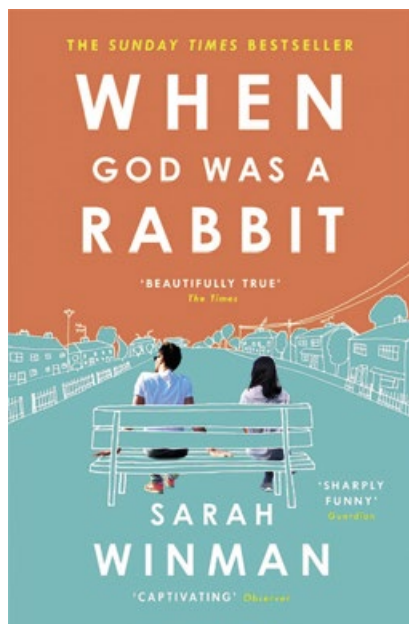
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When God Was a Rabbit

by Sarah Winman



There have been rave reviews for Sarah Winman's latest book *Still Life* but I'd like to revisit her debut novel which I've just finished reading a second time.

WGWAR is a family story spanning four decades told by the young daughter Elly who is born in 1968. Shortly after her birth her grandparents are killed in a bus crash whilst on holiday sending Elly's mother into a long and deep depression. Another significant trauma occurs in Elly's life when she befriends the family's neighbour Mr Gollan (a holocaust survivor).

Throughout these traumas

the one constant in Elly's life is her brother Joe with whom she shares a very close bond. It is Joe who is always there to hold her upright in moments of stress and uncertainty. It's Joe who knows the secret behind her trauma and it is he who is sworn to secrecy.

The Belgian hare comes into nine-year-old Elly's life at a time when she has decided that God cannot exist. When she is gifted the hare she decides to call him God and bestows heavenly powers upon him.

Elly is not a fan of school as she is unable to make friends but this changes when a new girl called Jenny-Penny starts at the school. Jenny-Penny is also a bit of a loner and her home circumstances are calamitous. Winman writes of Jenny-Penny and her itinerant mother "... they lived in a temporary world... that could be broken up and reassembled as easily and as quickly as Lego". Elly and Jenny-Penny's connection is visceral and, despite being suddenly wrenched apart in childhood, it's a relationship that survives through to adulthood albeit not in a manner that could be anticipated.

This is a darkly funny book which had me snorting and crying in equal measures. The parents are flawed and eccentric as are many of the other delightful characters. A whimsical book about the joys and tragedies of life.

If you like Winman's writing you might also enjoy *The Tinman*; it did not get much limelight when it was released but I enjoyed it a lot.

Good Reads rating 3.75 stars. Published by Hachette

Carolyn Adams



The long and winding road to a perfect mojito



It is striking that when talking to local producers of beverages, you find a strong desire to source ingredients locally for both quality and ethical reasons. Locally grown raw materials are of very high quality and are often organically grown. This also brings in the ethical aspect of sourcing product that hasn't been transported long distances and gives income to local growers.

Winding Road Distilling Co., at Tintenbar ("where the Hills Meet the Sea"), exemplifies this principle. Founders and distillers, Camille and Mark Awad (pictured above), are very focused on working with local suppliers (e.g. Zentvelds Coffee for the 50 Mile Coffee Liqueur) and making their products available through local bottle shops, bars and restaurants. The distillery commenced operating in 2017, producing single malt whiskey made with NSW grown malted barley and also an Agricole style rum made from fresh first-press Northern Rivers sugar cane, diversifying later into producing gin and liqueurs. Since then, their creations have won numerous awards, including, in 2022, two gold medals each for the Citrus and Sea Gin and the Coastal Cane Pure Single Rum (one of which was a Double Gold medal). Their products are available at most local bottle shops and from their website windingroaddistilling.com.au

Camille and Mark are planning to have a tasting room up and running later next year at the distillery's beautiful rural location. Meanwhile you can enjoy one of their award winning spirits in this perfect summer mojito cocktail.

Combine one heaped teaspoon of sugar, half a lime (cut into wedges) and 6-8 mint leaves in a glass and muddle thoroughly. Add 45ml of Winding Road's Agricole Blanc Virgin Cane Spirit, a scoop of ice and top with soda. Garnish with a wedge of lime and mint leaf. Enjoy!

Murray Hand



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Local theatre up for 30 awards!

Performing arts makers in 2479 have taken centre stage in this year's Golden Palm Theatre Award nominations, write **Simon Field**.

'The Palmies', in its 14th year, recognises excellence in community theatre from Brisbane through to the Northern Rivers. Facilitated by an independent and experienced judging panel, this year close to a 100 productions were critically reviewed.

This week it was announced that the locally produced works of New Blood, directed by Joel Cooper and produced by MJA Productions received 12 nominations. A Property of the Clan and Fantastic Mr Fox, both directed by Anouska Gammon and produced by Bobbie Field, received 22 nominations between them.

Against a backdrop of limited budgets, the pandemic and the disastrous floods, this achievement is truly monumental with their inspiring performances gaining deserved industry recognition.

"It has been an epic year of creativity, courage and crazy! The nominations are a



Melia Naughton, Mick Webb & Finley Black Photo Alison Laird Photography

wonderful stamp of recognition for our tribe of performers and creatives and will most definitely give us all a spring in our step as we launch into next year's theatre making adventures! We are being judged in over 30 categories against 90 other productions, with over 700 nominations," says Anouska.

This infectious enthusiasm for performing arts is also inspiring our youth, with over 20 local children and teens involved in these productions. Notably, Finley Black, Rees Laird, Georgie Field, Morrison Gammon and Nora Woolsey have all received nominations.

"As the director and co-writer of New Blood I have been truly overwhelmed with the support from our region for new and original

work. There is a lot of risk involved when producing and presenting a brand-new show to an audience, but we couldn't be prouder and more thankful," says Joel Cooper.

"It takes hard work, incredible people behind the scenes and a lot of money to get these productions to the stage, so I would like to thank the sponsors who came onboard and believed in us and our vision. I would also like to acknowledge the supportive community who came to our shows and shared the magic with us," says Bobbie Field

In our tiny community of 2700 people, we are so fortunate to be able to enjoy diverse, inspiring, and professionally delivered theatre performances. Good luck to all the nominees.

Eat your alphabet

Bangalow mum Lorraine Moore's *ABCs of Real Food* features colourful and playful images, with two characters taking readers on a journey through nature's garden. From apples to zucchinis and everything in between, children can easily learn the health benefits of each food, with fun facts to keep them engaged.

"The book is designed as a reference guide so that when you're cooking or making snacks, you can refer to the food you're working with and just have fun with it — not only improving our relationship with the food but also each other as we spend time in the kitchen or the garden exploring."

Families are invited to attend the book launch at The Farm in Ewingsdale on Sunday December 11 from 10am to 12pm. The book is available for \$24.95 through Shawline Publishing. shawlinepublishing.com.au/our-titles/display/281-the-abcs-of-real-food



Bangalow author Lorraine Moore Photo supplied

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Singing the unspoken

Set in a fictional coastal town, original new musical *New Blood* reveals irksome details and inconvenient truths of treechange life.

The compact, versatile cast of co-creators sift through the prosaic and the potent, offering both subtle and stark observations about real estate, relationships, and regional living.

Rebounding from the rigours of COVID, café owner Annie (Melia Naughton) and her partner, artist Mark (Michael Bryant) are fed-up, the sum of their lives reduced to coffee grinds and ground down hopes. Here is a place of fractional coffee orders, activewear (everywhere), the glamour of celebrity, and the reality of people living in their cars.

The town bustles and bristles as property developer Tom (Joel Cooper) eyes prime real estate to expand his horizons. When local-local Sasha (Anouska Gammon), a journalist, jets back into town she finds herself displaced. She's on the scent of a story but instead finds herself stalled at the intersection of a housing crisis, and a midlife crisis of dating, mating and waiting.

Meanwhile, Annie and Mark's daughter, Lara (Elodie Crowe), like most teenagers, is both listless and insistent. There is lack and lustre in this town. She wants a public pool; young and old all lament a dearth of facilities.



New Blood fires arrows into the heartland of regional Australia Photos Carnival Cinema – Hamish McCormick

Narrative arrows fire into the heartland of regional Australia, taking aim at our middling middle years, our troubled teens, and so many desiccated dreams. The bones of loneliness are picked clean leaving behind only the excruciating want to belong. These stories are not unique to our town. They happen all around us.

Melia inhabits character like she's stretched its skin and climbed right in. Her elastic enunciation spits rapid-fire mantras that morph into soaring melodies filling every corner and every heart in the room. Joel nails the slick arrogance of a detached interloper, but we catch a glimpse of frailty under his beige linen armour. These incongruences force us to consider that there may be benefits to progress and change.

The all-original score by Joel Cooper and Melia Naughton is simple but elegant, just piano and the soul-searching counterpoint of violin by Sue Simpson. It switches from ethereal to volatile, from searing to soothing and resonates through the punctuation of

finger snaps and the collective stomp of feet on floorboards. Five fine voices carry the melodies, and natural harmonies echo like shadows of shared experience, reminding us that we are not alone.

The audience are reverent but shocked at the show's heartbreaking reveal, every parent's terror. Breathe in, breathe out. The cast shows us how. The air is bruised but we sit with our discomfort and the theatre wraps us in its gentle magic. Around me, I see the faces of blow-ins and dyed-in-the-wool locals drenched with long-held tears, astonished that their selves have been so vividly mirrored before their eyes.

As I write this, I hear that *New Blood* is heading to the Adelaide Fringe Festival 25-26 February 2023 and back for a second local season at Newrybar Hall running 2-12 February 2023. And so, it bloody should.

Tickets on sale via Humanitix

Sally Schofield



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Station Street development back to the drawing board



WOODS Cafe is much-loved by locals Photo Angela Saurine

Developers are reworking their plans for the much-loved Station St arts precinct after receiving community feedback, writes Angela Saurine.

Melbourne-based developer CADRE has gone back to the drawing board regarding the design for a new mixed-use development in Bangalow's art precinct following "passionate engagement and feedback" from the local community. The site opposite the A&I Hall at 6-10 Station Street currently encompasses locals' favourite café WOODS and chic boutiques and studios including ROWIE and Pack Gallery.

CADRE held an information session regarding the site, which sits on one title across 1968 square metres, in August and has also been seeking feedback on its draft proposal via its website. It is now in the process of reworking its draft plan and intends to lodge a Development Application (DA) with

Byron Shire Council by the end of the year.

When complete, Bangalow Mixed Use will include commercial, retail and residential spaces. CADRE says it aims to retain the creative, innovative and social energies found within the existing precinct and that the development, which would remain a collection of buildings and spaces, would be in keeping with landmark buildings in the vicinity, including the historic A&I Hall.

The materials used will reflect the history of the site, including timber doors and windows in a nod to its past use as a timber mill. Corrugated zincalume steel will also be used for walls and roofs to evoke a contemporary rural shed aesthetic.

It aims to keep artists onsite and also to display public art, with ideas being considered including an outdoor cinema, 3D artwork, and a mural on the southern wall facing toward Byron Street. It is also looking at providing heritage signage across the precinct.

The landscape design will include endemic plant species, basalt boulders and seating

made from timber railway sleepers. Extra trees will be planted to provide shade, along with undercover footpaths.

The development site next to the A&I Hall and Bangalow Showground across the road at 9 Station Street also sold in March 2021 for \$2.98 million. Bangalow residents strongly opposed a four-storey development planned for the site in 2012, citing concerns that it was out of keeping with the town's heritage character.

Byron Shire Council's Bangalow Village Plan, which was prepared in consultation with the community, aims to ensure that the things people love about the town are preserved and enhanced into the future. They include its heritage buildings, village feel, sense of community and green, leafy character.

CADRE is also developing Bangalow Business Park, which includes six architecturally-designed light-industry and commercial offices at 6 Bugam Place in the industrial estate, Bangalow.

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Museum musings

Interested bystander Terry Bleakley answers the question on everyone's lips: What is happening with Heritage House?

History needs someone to notice it. When we destroy or cover up much of our history, we deny ourselves the opportunity to create local unity and a sense of community. Stories are forgotten and as our indigenous community remind us, we struggle to understand how the society we now live in came about.

One way to get a better understanding of our town and the sense of continuity throughout the many changes it has endured over decades is to have a hub where our collective heritage can be celebrated, interpreted, and discussed. Bangalow has this in its museum situated within the grounds of our beautiful Parklands. The problem is that it was one of the most unvisited places in the town. When it was supplemented by a popular café largely run by volunteers it was often packed to the rafters but the main attraction, its historical collection, went largely unappreciated. A despondent Museum may well have believed it was only loved for its café.

Of course, the addition of a cafe was a wonderful idea to create traffic for the Museum and plans to eventually have it return continue to bubble on in the background. The absence of a café now though creates an opportunity to love the Museum for all the right reasons. Its intrinsic value far surpasses its pretty face.

A popular view of a museum may well be one of musty smells and dusty old fossils.... and that's just the staff. We should remember

“A display of ordinary household items from yesteryear has so much to offer in terms of interpreting the past.”



Documenting the domestic, Bangalow's Heritage House Museum is a trove of artefacts and memorabilia Photos Terry Bleakley

“that for many of the more recent arrivals to town, history is the 70's, 80's and later, not just the 1800's or the wars. A living, breathing museum would benefit from younger people's presence, either as visitors or in active voluntary roles. The great fear that many voluntary groups have is that there will not be someone to take over their efforts when they inevitably need to retire. Young people bring enthusiasm and fresh ideas....and their friends. Burns on seats.

A display of ordinary household items from yesteryear has so much to offer in terms of interpreting the past. If pieces were viewed with the same reverence and attention given to artworks in a gallery, stories would unfold that would illuminate the past and help us understand why things change. Whilst meditating on a butter churn might not be as absorbing as say standing in front of the Mona Lisa for twenty minutes, with imagination it does take us back to an earlier time when things were done so differently.

All of this is important because steps are being taken to reopen the Museum. Small steps at first to bring air to the collection, and perhaps later a cup of tea and a scone if enough volunteers come forward. Our identity



can only be strengthened by maintaining and patronising a museum that collects, preserves, and displays the highlights and lowlights of other people's lives and how they shaped the town we live in. Please consider volunteering if you can, but importantly please visit your local museum and imagine you are in an art gallery where all the artists are your relatives.

In early February the Historical Society will be calling for people interested in being part of the revival of the museum. Contact information whilst the museum remains closed can be found on the front door of Heritage House.

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Pavetta australiensis

This lovely large shrub/ small tree is very underused in our gardens. A native understory plant, it's found in drier rainforests in southeast Queensland and northern New South Wales and it is extremely adaptable and most attractive.

Part of the family *Rubiaceae* which includes gardenias, it not surprisingly has abundant white flowers in late winter and early spring which are fragrant and insect attracting.

It's sometimes known as the 'butterfly bush' not because of the flower shape but because several species of butterflies (and moths) are attracted to the flowers in large numbers.

Not only do these beneficial insects pollinate as they collect nectar, but they lay their eggs on the stems and the Pavetta provides essential nutrition for the caterpillars when they hatch.

This is nature's pruning, and the plants recover rapidly so please don't spray!

Pavetta may also drop leaves during dry periods which is a survival trick, and I found during our inundations that mine dropped all foliage due to the stress of too much water.

The flower inflorescences are dense, on the ends of branches and above the upper leaves standing clear of the bush. They are fused bracts, and the styles are longer than the corolla tubes which give them a delicate appearance, particularly when there is a breeze, they wave like feathers.



The Butterfly Bush,
Pavetta australiensis
Photo Carole Gamble

Pavetta can take a few years to establish before it blooms but it is worth waiting for. It prefers a sheltered spot in the garden in semi or dappled shade as you will be trying to replicate the natural habitat. Mulching is important and improving the soil with something like worm juice or Seasol helps.

As well as insects, Pavetta attracts nectar seeking birds especially our honey eaters and later when the berries develop, different species love these black juicy treats.

They can be pruned to keep them compact after flowering and propagated from cuttings taken at this time. Copious water is needed to establish them and they can also be grown from seeds.

They are very adaptable (but frost-tender) and are definitely worth a spot in your garden if you can find them in local nurseries.

Carole Gamble

Flow Hive committed to protecting pollinators

With the launch of the 2022 Pollinator Support Program, creators of the Flow Hive beehive invention, will help to arrest the drastic decline in crucial insect populations worldwide by donating 100 percent of profits from the sale of their Flow Pollinator House.

First launched in 2018, there are now more than 5000 Flow Pollinator Houses in gardens around the world, with more than \$130,000 donated to support pollinator advocacy, protection and education.

"The honeybee is an incredible pollinator. However, it is only one of 20,000 bee species in the world, most of which don't live in colonies or produce honey, but are essential for pollination," said Cedar Anderson, Flow Hive co-inventor and CEO.

"Sadly, according to the UN, about 40 percent of invertebrate pollinator species, including bees, are facing extinction."

Flow is committed to helping all pollinators, not just bees. With pollinators responsible for one in three mouthfuls of food we eat, it's critical to ensure their survival. Pollinating insects include bees, moths, wasps, beetles, and butterflies.

The Flow Pollinator House is designed to house native solitary nesting bees, which can't be kept in hives. They also help create



pollinator corridors between wild spaces for habitats affected by land clearing and urbanisation. Flow's one-of-a-kind Pollinator Houses are available for a limited time and have been created using salvaged Flow Hive 2 timber offcuts and sustainably sourced bamboo.

For more information about the Pollinator Support Program, including Flow and its partner organisations visit honeyflow.com.au

Kieryn Deutrom

Battle with the bugs

Citrus is now in abundance bringing with it a plague of Stink Bugs. Christobel Munson shares some firsthand tips on dealing with the little blighters.

Do you have any citrus in your garden? I have heaps – tangelo, lime, mandarin, orange, lemon, lemonade, a cumquat, kaffir lime, finger lime, Seville orange – they're all divine, rewarding me with delicious fruit for many months of the year. With the wet, then warm weather, each of them is currently producing new light green leaves.

But – with new growth comes The Enemy. Walking around my orchard each morning this month, I've found others who also love the delicious looking new growth. In the form of small and pale green, then almond-size orange, then fat, solid and black as they grow and prosper: these are the dreaded Stink Bugs, officially termed Pentatomidae.

If left to themselves, the Stinkers methodically and greedily munch the new growth, the new leaves, the tiny buds, sucking out its very life, finally leaving behind a skeleton of the lovely tree.

The very sight of them raises my hackles. My first instinct is to hit out – but just hitting them off the tree doesn't get rid of them. Having consulted other citrus loving friends, I've discovered various options.

My current favourite came from a naturopath and Chinese herbalist friend. Her solution? Get a bucket of water, add dishwashing liquid, and put on tough rubber gloves. Make sure the gloves are intact and bug-proof. Then pluck off the bug, and drop it quickly into the bucket of soapy water. Et voila! Problem solved.

(This season after my first attack, on removing my gloves I found the rubber had

“They squirt caustic fluid when roused adding another dimension to their repulsiveness.”



Kicking up a stink, these virulent winged invaders are out and about in full force
Photos Christobel Munson

perished in places. My fingers were stained a dark orange and looked as though I'd been smoking 50 a day for the last 50 years. The stain cannot be removed with anything, I discovered, after attempting to remove it with everything friends and I could think of. After about a week, the stain finally fades away.)

My friend Digby Hildreth was simultaneously having the same problem, I discovered on Facebook. Suggestions flooded in responding to his plea for an organic solution. They included utilising a small car vacuum cleaner (but this would likely be hell on the vacuum cleaner); white oil sprayed directly early



morning or evening; pyrethrum, Neem oil, Eco oil – “but don't overdo it or tree can die”; 50-50 solution of white oil and vinegar; a flame thrower (in jest), even diatomaceous earth. Other suggestions to Digby included the valuable: “Wear eye protection. They squirt caustic fluid when roused”. As Digby replied: “.... adding another dimension to their repulsiveness.”



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“Bring the light back into your heart”



This is the motto of new Bangalow business owned by Antoinette Ensby: ML Remedy/ SUN LOVE. ML Remedy is based on Bach flower essence. Antoinette had the idea after the floods early this year, to “create a specifically formulated remedy that helps flood affected people to get back on their feet again and tackle the challenges with renewed emotional/mental strength”. Antoinette and her husband have lived in Bangalow for 10 years,

running their building and design business. She has a PhD in psychology and anthropology, however, her passion is healing which she wants to help achieve through her products. The full range of ML Remedy products can be found at oceaninmotion.com.au

Real Estate Is Still on the Go



A new real estate business has opened in the main street. Local man about town, Trent Stana, has opened Belle Property with business partner, Braden Walters.

Belle Property is an Australia-wide company, catering mainly to the premium end of the property market. Trent says that they are looking for listings in all parts of the market and will welcome enquiries from anyone looking to list their property in the Bangalow area.

Local institution on the market



After founding the Crystal Castle 37 years ago, Naren and Sono King have put the property up for sale. The famous tourist attraction at Goonengerry is on 10 hectares, featuring the lush shambhala gardens and of course rare and gigantic crystals. The business has recovered from the effects of the pandemic getting back up to the 90,000 visitors a year it received pre-Covid. A bargain at \$30 million.

Murray Hand

Council Matters

After the Floods: Settlement Discussion Paper

Council hired two consultants to engage with the community about issues related to housing across the Shire as a consequence of this year's floods. They held a Conversation Café in Bangalow in early November which unfortunately was poorly attended. Our guess was that people did not think that the discussion related directly to Bangalow. But it does. This process, which will continue into 2023, will see changes to the DCP and to the three 'settlement strategies' – the Residential Strategy, the Rural Land Use Strategy and the Business and Industrial lands Strategy. Council are investigating four key issues: how to build back better, how to build different, how to build elsewhere and how to build supporting infrastructure.

Some of the key discussion points at the Bangalow Conversation Café were:

How did Bangalow fare in this year's floods and what do we need as a village in the event of future disasters? We reported the enormous (and largely unknown) efforts of our community during and after the floods as a support to other directly affected towns.

How does the Bangalow community feel about future rural land release for residential development? The 2479 postcode is relatively safe from flooding and the 'high ground' may be closely scrutinised for housing opportunities. We discussed the Areas of Investigation within the current Bangalow footprint as offering scope for more housing (as described in the Residential Strategy) whilst staying true to the Bangalow Village Plan.

How does the Bangalow community feel about increasing density and height in the DCP? We discussed the recent changes to the DCP for Bangalow and the rate of infill the village has absorbed over the last few years. 2021 ABS Census data is currently being analysed and will show population and dwelling growth since the 2016 Census.

Over this summer the consultants will be preparing a report to Council based on their Shire-wide community consultations. There will be further rounds of community consultation during 2023 as the various plans and strategies are amended. Keep your eye on this process and engage.

Jenny Bird

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Big Swedish Store Run	0401 880 170

WHAT'S THAT NUMBER?

Community		
AA (5.30pm Tues)	Karen Mc	0403 735 678
ADFAS	Dianne	0412 370 372
Al-Anon (2pm Fri)		1300 252 666
Bangalow Koalas	Linda	0411 491 991
Bridge	Dennis	6687 1574
Chamber of Commerce	admin@bangalow.biz	
Community Children's Centre	Kerry	6687 1552
Co-dependents Anonymous	Gye	0421 583 321
CWA (Wed)	Lorraine	0417 705 439
Garden Club (1st Wed)	Diana	0418 288 428
George the snake man	George	0407 965 092
Historical Society/Museum/Cafe	6687 2183	
Kindred Women Together	Janice	0401 026 359
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Noelene	0431 200 638
Lions Club (7pm 2nd/4th Tues)	Chris	0416 005 700
Market (4th Sun)	Jeff	6687 1911
Men's Shed	John	0427 130 177
Op Shop (Mon to Thurs 10am-2.00pm, Sat 9.30am-12.30pm)		6687 2228
Parklands	Lynn	0429 644 659
Park Trust Committee	Shane	0475 732 551
Police – DCI Matt Kehoe	Fax: 6629 7501	6629 7500
Pool Trust	Jo	6687 1297
Progress Association	Ian	0414 959 936
Poultry Club	Hector	6687 1322
Quilters (2nd/4th Thur)	Karen	0413 621 224
Red Cross (1st Fri)	Liz	0409 832 001
Show Society	Anne	6687 1033
Sport		
Bowls men (1pm Wed & Sat)	Gerry	6687 1142
Bowls women (9.30am Wed)	Frances	6687 1339
Cricket	Anthony	0429 306 529
Karate self-defence	Jean	0458 245 123
Netball (3.30pm Wed)	Ellie	0429 855 399
Rugby Union (Rebels)	Dave	0412 080 614
Soccer (Blue dogs)		0434 559 700
Tennis court hire	Bernie	0433 970 800
Venues		
A&I Hall	Brian	0427 157 565
All Souls' Anglican Hall		6684 3552
Bowling Club	Chris	6687 2741
Coorabell Hall	coorabellhall@gmail.com	
Heritage House		6687 2183
Moller Pavilion		6687 1035
Newrybar Hall	Blair	0404 880 382
RSL Hall	Charlotte	0418 107 448
Scout Hall	Shane	0475 732 551
St Kevin's Catholic Hall	Russell	0423 089 684

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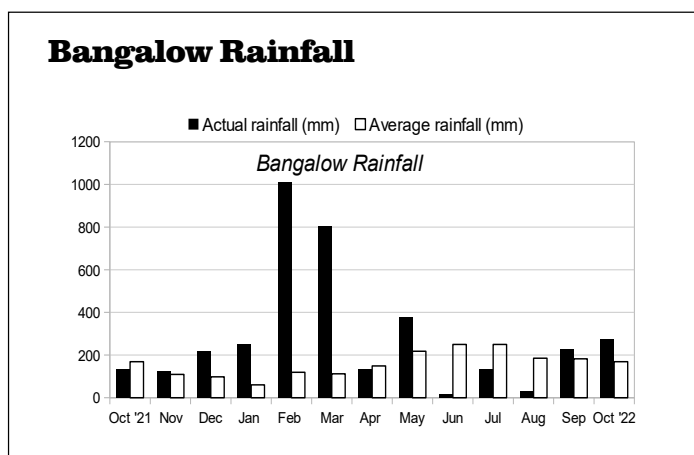


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Bangalow Medical Centre asks: Have you had your Mammogram lately? If not speak with your Doctor today!





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WHAT'S ON

Lots of festive fun to be had over the summer months here in 2479.

Christmas Craft at the Uniting Church

When Tuesday 6 December, 3.15-5pm

Where Uniting Church Station St, Bangalow
Entry \$5

For kindergarten to Year 6 children, this is a fun afternoon of Christmas craft making. All money raised will be donated to the Hamlin Fistula Foundation.

Bundjalung Bushfoods Talk

When Thursday 8 December, 6-8pm

Where Pearces Creek Hall, Pearces Creek Hall Road

Contact linktr.ee/PearcesCreekHall or
pearcescreektalks@gmail.com or
0458 801 941

Tickets \$50 adult / \$30 concession / \$15 child

Pearces Creek Talks is excited to host three food and cultural change makers – Delta Kay, Mindy Woods and Rebecca Barnes – who will talk about Australian natural foods, sustainable farming methods, and the preservation of culture, native flora and fauna.

Supper plate provided by our speakers. All profits go to Bangalow Parklands, a cause chosen by our speakers.

Bangalow Progress Association AGM

When Tuesday 13 December, 6pm

Where Men's Shed, off Station St carpark, Bangalow

Contact Ian 0414 959 936

All residents in the 2479 postcode are invited to attend. Our shared values and proactive engagement in development and infrastructure projects can produce significant outcomes for our village. Plenty of community action to discuss. Come along and become involved.

Shire Choir Bangalow

When Thursday 15 December, 7pm

Where Bangalow Hotel

Contact [facebook.com/theshirechoir](https://www.facebook.com/theshirechoir)

Tickets \$20/\$12 [shirechoir.eventbrite.com](https://www.shirechoir.eventbrite.com)

The iconic interactive sing-fest is back. Led by choir mistress Melia Naughton and accompanied by Jamie Birrell, participants form a live, for-one-night-only choir and learn a classic pop/rock song in three parts. No singing experience required. All voices, yes, even yours. Sing your heart out with Shire Choir.



Bush tucker – local finger limes.
Photo explorebyronbay.com

CWA Christmas Cake & Produce Stall

When Saturday 17 December, 8am-12noon

Where CWA Rooms, 31 Byron St, Bangalow

Contact Lorraine 0417 705 439

Run run as fast as you can & join the festive fun for our Xmas stall. There'll be lots of sweets, cakes & Xmas treats & gifts. Thank you to our community for your loyal support throughout the year.

Snake Safety Awareness Seminar

When Saturday 17 December, 2-3pm or 3.15-4.15pm

Where Bangalow RSL Hall 13-15 Station St, Bangalow

Contact Clare 0425 307 715

Tickets Adult \$38, Children over 12 \$5

2-3pm: events.humanitix.com/snake-safety-awareness-seminar

3.15-4.15pm: events.humanitix.com/copy-of-snake-safety-awareness-seminar

John and Tina Moystyn have over 25 years combined experience in the zoological industry, specialising in venomous snakes. They travel around NSW providing education and training. As well as a LIVE display of the five snake types commonly seen in and around Bangalow, they will present a session on First Aid and snake safety and identification. Check out their website jmvenomoussnakes.com.au



Pearces Creek Hall, another historic gem in the Hinterland

Uniting Church Bangalow Christmas Tree Festival

When Sunday 18-Friday 23 December, 6-8pm

Where Uniting Church, Station St, Bangalow

Contact Phil 0425 291 955 or
Corinne 0413 086 054

In the spirit of a collaboration between the community and the church, community groups are invited to supply a Christmas tree to put in the church. The church will be open to the community each evening from the 18-23rd December. Choirs and musicians will perform on some evenings. On Sunday 18 there will be carols outside the church and a 'first viewing' of the trees. Trees can be delivered to the church on Saturday 17 and Sunday 18. Contact Phil or Corinne for further details.

All Souls' Anglican Church Christmas services

When Christmas Eve 24 December, 6pm
Christmas Day 25 December, 9am

Where 1 Ashton St, Bangalow

Contact Rev. Rosie Wynter 0419 209 201
All most welcome, families and visitors alike.

January 2023

Bangalow Film Festival

When Thursday 12- Saturday 21 January

Where Multiple Bangalow locations

Tickets bangalowfilmfestival.com.au/allfilms

Bangalow Film Festival returns for its third season with a packed program of premiere feature films, classics, documentaries and an children's program. Complementing the film program will be exhibitions, talks and family friendly events. Food and beverages available at the festival hub.

Bangalow Business Networking – Coffee Meet-Up

When Thursday 19 January, 9.45am

Where Woods at Bangalow

Contact rosemarie@byronandbeyondnetworking.com.au

Tickets byronandbeyondnetworking.com.au

Networking is not an option anymore, it's a must-have skill set for your toolbox.

"If you think the business breakfasts are lovely & relaxed, try the informal coffee meetups. Even less hard sell and even more great conversation." Geraldine Barkworth (Goddess

February 2023 Deadlines

What's On 16 February

Advertising 16 February

Copy 16 February

Diary

December 2022

6 Uniting Church Christmas Craft

8 Bundjalung Bushfoods at
Pearces Creek

13 BPA AGM

15 Shire Choir Bangalow

17 CWA Christmas Stall

17 Snake Safety Awareness
Seminar

18-23 Uniting Church Christmas
Tree Festival

24 Bangalow Markets

24 All Souls' Anglican Church
Christmas Eve service

24 Bangalow Lions Christmas Eve
Carnival

25 All Souls' Anglican Church
Christmas Day service

January 2023

12-21 Bangalow Film Festival

19 Bangalow Business Networking

22 Bangalow Markets

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A winning combination, the team from Frida's Table
Front row from left to right: Elias, Zane, Ally,
Back row from left to right: Karen, Dani, Moira, Adelle, Audrey, Jeff
Photo Mia Forrest

Hats off to our award-winning local restaurants

Three local restaurants have been awarded hats in the prestigious 2023 Good Food Guide, writes **Angela Saurine**.

Residents of the 2479 postcode can now boast the region is home to three hatted restaurants, with Bangalow's Ciao, Mate! and You Beauty and Frida's Field at Nashua receiving acclaim in the 2023 Sydney Morning Herald Good Food Guide.

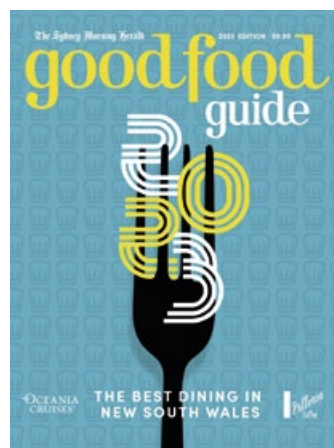
Tapas-style restaurant You Beauty, which opened in August, and neighbouring pizzeria Ciao, Mate! are both run by sustainable chef Matt Stone alongside business partners Matt Rabbidge and Luke Sullivan, who also own the Eltham Hotel.

Stone, who moved to the region last year, said he was surprised by the accolade. "I feel so lucky to be working with such a passionate, dedicated, professional team in both of our little restaurants in Bangalow," he said. "Thank you to all of our guests that have dined with us and a huge thanks to the amazing producers that work tirelessly to grow us ingredients that are world class and always delicious."

Frida's Field is helmed by Scottish-born chef Alastair Waddell, who also has a strong paddock-to-plate philosophy, and owned by Jeanie and Edward Rawlings, who also run the farm on which the restaurant lies with the help of Edward's parents.

"Words cannot describe how excited we are to be recognised with this award," the restaurant posted on Instagram.

To receive a hat, a pinnacle in a chef's career, a restaurant must score 15 out of a



possible 20. Scores are determined based on food, service, the restaurant's ambience and "wow factor".

The Guide features 20 restaurants in the Northern Rivers, which covers the stretch of coast from Ballina to Cabarita Beach in the north, and inland to Murwillumbah. In contrast, the 2013 edition featured just seven. Ten restaurants in the Northern Rivers region scored at least one hat, including Beach Byron

Bay, Raes Dining Room and Lola Dining in Ballina. Murwillumbah's one-hatted Bistro Livi also received the inaugural New Regional Restaurant of the Year award.

The Guide returned after a three-year hiatus due to the COVID-19 pandemic, with award winners announced at a ceremony in Sydney in November.

"Words cannot describe how excited we are to be recognised with this award"