

HERALD

The Bangalow

FREE | November 2022



On for young and old

Connecting generations
Linking life stages of 2479

Buildings and bridges
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Olivia absolutely loves practicing Chinese medicine and is continually inspired by the positive impact Chinese medicine has on the human body, mind, spirit and lives of the people she treats. Olivia is an Apha registered acupuncturist and herbal medicine practitioner.

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LOCAL NEWS



An incredible atmosphere at the 2022 Bangalow Film Festival Photo Christian Pazzaglia

Bangalow Film Festival back in 2023

Save the date! The Bangalow Film Festival returns in 2023, and the first three films have been revealed.

Bangalow Film Festival is pleased to announce the dates of its third annual season, set to take place in multiple locations across beautiful Bangalow from 12- 21 January 2023.

Attendees will be spoilt for choice with a diverse selection of premiere feature films, a handful of beloved classics and documentaries along with special guest encounters and surprise events.

Surfers and fin fanatics will get to experience some outstanding surf short films, an Australian premiere and live concerts. Ticket holders will be treated to the Australian premiere of *Wade In The Water*, a compelling documentary about the often overlooked 1000 year tradition of BIPOC surfing and aquatic culture in Africa. We're also thrilled to present the World premiere of the stunning documentary, *The Last Violin* following the journey of Australia luthier Harry Vatiliotis as he makes his 800th and final violin.

And you can join us as we celebrate the 30th anniversary of one of the country's most loved films, *Strictly Ballroom*.

With more than just movies on offer, festival goers can immerse themselves in a rich cultural experience with a range of exhibitions and talks complementing the film program.

Ticketholders and visitors alike are encouraged to meet up with friends and enjoy the best local food and beverages at the festival hub. And the little ones are set for some holiday fun, with the return of the beloved BFF Kids Club and some very special family friendly events.

Taking over Bangalow from 12-21 January bangalowfilmfestival.com

HERALD

The Bangalow

There's something for young and old in this month's edition of *The Bangalow Herald* from farm-to-plate eating at preschool to ponies for the oldies at Feros. The pages in between share the recent history, humour and commitment of the people of 2479. Those born and raised here, and those, like me, who came and made a home on this unceded land.

My kids were two years old and three-months old respectively when my husband and I moved to Bangalow almost 15 years ago. Like many other kids, mine scootered the streets, sold lemons door to door, played for the Blue Dogs, and still say hello to other kid's parents when they see them in the street or the local shops and cafes. Now some of those kids are behind the counter in those businesses, almost grown. Some are heading off alone to big cities and untold opportunities. Some, like the two on this month's cover, are old enough to drive real cars now not just dodgems. But I can't look at those familiar but maturing faces without thinking of those golden years of Mad Hatters, art shows, never-ending nits, billy carts, trick or treating in Rankin Drive, or earnestly entering baking or handiwork in the Bangalow Show.

One of my favourite Show memories is of a frantic Friday morning rush to get a plate of lumpy little jam drop biscuits (on their mandatory foil-covered paper plate) into the A&I Hall before school. As I jumped out of the car, the bickies slid off the plate and onto the gravel of Station Street. Crumbs! But no time to hesitate. The kids were howling in the backseat, the judges were pacing in the hall. Cookery stewards, please forgive me, but I flicked the bigger chunks of bluestone off the jam, put the biscuits back on their plate, and dashed inside with nary a minute to spare. By some miracle, those Jam Drops earned a red ribbon that year, but it felt like gold. Don't ask me what they tasted like.

Life is short. Show us what you've got.

Sally Schofield

We acknowledge the original storytellers of the land on which we live and work, the Arakwal people of the Bundjalung Nation.

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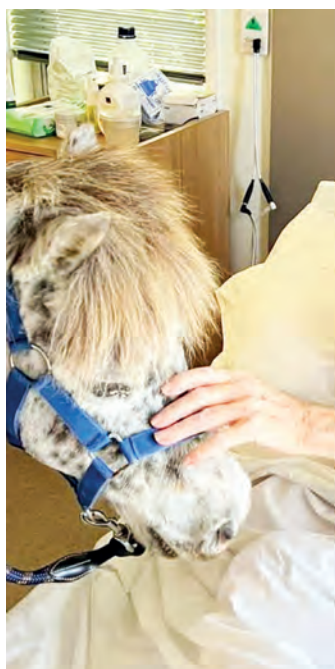
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LOCAL NEWS



Freckles goes to Feros



Freckles the pony giving a loving nuzzle to a Bangalow Gardens Feros resident.
Photo supplied

The residents of Bangalow Gardens (Feros) had a special treat on the day of the local Billy Cart Derby. After two very hard years enduring the COVID lockdowns with very limited visitors, staff and the occasional dog, the residents welcomed a special visitor: Freckles the Pony.

For those residents not able to go up town to see the Billy Carts, local Mel Richardson, brought Freckles into the building enabling the residents to interact with him. The joy that little Freckles brought to the residents was quite palpable.

Freckles is a twenty-year old gelding. He is a Bangalow local, attending the Bangalow Pony Club. He has been known to dress up as a police horse for Halloween, and also to help Santa on the fire truck at the Christmas Carnival.

In case you are wondering, no, Freckles didn't give rides to the residents.

Narelle Parker

LOCAL ACHIEVERS



Congratulations Linda, from all at *The Bangalow Herald*.

Linda Sparrow awarded Conservationist of the Year

We are thrilled to announce that Bangalow local Linda Sparrow has been awarded Conservationist of the Year. Her passion for regenerating koala habitat was acknowledged by the Australian Geographic Society at the gala dinner in Sydney on 28 October.

No stranger to the pages of this publication, Linda is president of Bangalow Koalas and leading a grassroots conservation movement to create and restore koala habitat in the Northern Rivers. With a goal to create a wildlife corridor by planting 500,000 trees, Bangalow Koalas will stabilise and increase koala populations by expanding and linking sections of habitat from Byron Bay and surrounds. With the backing of community volunteers, landholders, NGOs, and local, state, and federal governments, Bangalow Koalas' wildlife corridor has expanded westward towards Tenterfield, south towards Grafton and north towards the Queensland border. Since 2019, Bangalow Koalas has planted 215,160 trees on 63 properties across four shires in northern NSW.



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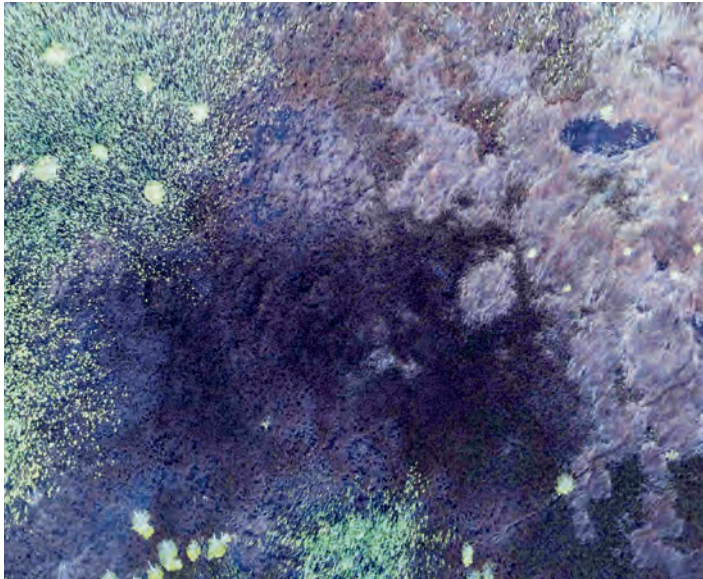
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Stu Murphy, *Both Parts*, 2018 (detail), Giclee print on archival cotton rag paper, image courtesy the artist.

Calling artists for climate change exhibition

Byron Shire Council is calling for expressions of interest from local artists to explore the theme of adaptation and climate change for a month-long exhibition at the Lone Goat Gallery mid-2023. The inaugural theme of this biennial project is *Adaptation – an act or process of change to become better suited to an environment or situation*. “Artists are encouraged to consider ways their project can engage with the community through creative collaboration and activities that generate conversations in the community,” Council’s Sustainability Team Leader, Julia Adams said. “It has been a tough few years for our community which is why we think it’s important to reflect on our recent experiences and what adaptation means to us all now.” The successful artist will be paid a \$5000 fee to complete the project with additional funding to run events that engage the community such as workshops, talks, community clean-ups and other events.

Applications closing on 30 November 2022, and the EOI is open to all Northern Rivers’ artists, art producers and artist.

Find out more at loangoatgallery.com



Koala seedling grown for food and habitat Photo WWF Australia

Habitat Boost for Northern Rivers Koalas

With more than 50 per cent of koala habitat on private land in NSW, landholders have been identified as a big part of the solution when it comes to conserving and protecting koalas. The Koala Friendly Carbon Farming Project will offer an additional revenue stream for landholders through carbon farming. The creation of new habitat for koalas and other native species on their properties will also create corridors for them to move safely through areas. The NSW Government is working in partnership with the World Wide Fund for Nature Australia, and Climate Friendly to deliver the project. WWF-Australia Landscape Restoration Project Manager Tanya Pritchard said the project is addressing some of the major threats facing koalas. “We can’t turn around the decline of east coast koalas without bold actions to tackle habitat loss and fragmentation,” Ms Pritchard said. “This project provides incentives for landowners to be part of the solution and will help us to restore and connect large areas of koala habitat.” Landholders can apply for a property assessment to determine if there are koalas close by and if their land is suitable.

For more information, visit environment.nsw.gov.au/koala



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Josie Prendergast Photo Lia Turiano

Second annual She Surfs Film Tour

The She Surfs Film Tour returns to Palace Cinemas in Byron Bay on Wednesday 23 November to showcase and celebrate female surfers, with the aim to make women in surfing more visible. With a unique selection of films of varying lengths and styles, audiences will soak up two hours of the most inspirational, heart-warming, and entertaining films celebrating surfing women from independent filmmakers around the globe. For one night only, see local Byron surfer Josie Prendergast as she journeys to Batu Karas, Indonesia, famous for its long stretch of black sand, lush tropical foliage, and great waves for long boarders. Check out Sunny Coast girl, Vittoria Farmer explore the Irish ocean during winter, follow the plight of female surfers in Sri Lanka as they forge to find their place amongst the waves, or find out more about Lucy Small's campaign against the disparity competition prize money between women and men. "This year we are stoked for the level of talent displayed by both filmmakers and surfers within the films, it is a true celebration of all the hard work and sheer skill these women possess" says Festival Founder, Jemima Robinson.

shesurfsfilmtour.com.au

Kieryn Deutrom



Janet Fraser ceramics Photo supplied

Australian Ceramics Open Studios – Northern Rivers venues

Australian Ceramics Open Studios (ACOS) is an annual, nationwide, weekend event that celebrates clay, community and creativity. Held on 12 and 13 November, the event is hosted by The Australian Ceramics Association. Ceramics studios around Australia open their doors to offer a peek into their making, practical demonstrations, and the chance to take home a handmade piece or three. This year, three local potters are included in the Open Studio program. Richard Jones' Rainforest Ceramics in Gitties Lane, Possum Creek helps save forests globally with donations from the sale of colourful reduction-fired cups, plates, bowls and sculptures. Janet Fraser's Hoof Print Pottery is in Taylors Road, Nashua where you will find mugs and bowls but also one of a kind serving dishes, ikebana vases and small birds. Her inspiration comes from the bushfood and rainforest as well as time spent in Papua New Guinea. John Stewart's Fairview Studios in Stewarts Rd, Clunes, houses emerging and established artists in ceramics, graphic design, printmaking, studio photography, cabinet making and more. australianceramicscommunity.com

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Bangalow Parklands bridge is back!

Growing up next door to the weir, **Lynn Smith** from the Bangalow Parklands Group, knows a thing or two about the history that spans the newly placed bridge.

If you have visited the Bangalow Parklands lately you would more than likely have noticed that the bridge over the creek is back in place after a very long and difficult rebirth. The bridge now sits beautifully in place reflecting the silver of the eucalyptus trunks, the Bangalow palms, and the grey colours of the park infrastructure.

The community can now access the small but peaceful area across

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**THE
GREENS**

Authorised by Tamara Smith Member for Ballina.
Produced using parliamentary entitlements.

“The bridge now sits beautifully in place reflecting the silver of the eucalyptus trunks...”

the creek. There is still work to do in this section. Byron Shire Council has plans to sensitively clear the weeds, dead trees, and debris from the floods this year, using the latter to form a natural circular track. Bush tucker trees will then be planted. The Bangalow Parklands group will be working alongside Byron Council on this project. Bangalow Land and Rivercare planted many of the existing trees on this side many years ago and are keen to do some work in this area also.

The story of the bridge goes back to 1990, when Council recommended that the pool be upgraded. The old wooden ‘bridge’ over the creek was originally the starting board for the swimming pool, located at the south end of what is now the concrete slab.

Two years later, in 1992, council installed a new steel bridge at a cost of \$12,500. Twenty years later the bridge was starting to show its age and was becoming unsafe. In 2011 the weir under the bridge also developed cracks in the foundations due to tree roots from a eucalyptus tree planted beside the bridge abutments. So, the area around the bridge and the old children’s pool was fenced off. It remained this way until 2016 when the Bangalow Parklands group, after building the waterfront rotunda, lobbied Council successfully to have the fence removed. Then in August 2017, Council closed access onto the bridge.

Council engineers inspected the bridge on several occasions and the Bangalow Parklands group continued to push to have



The new bridge being lowered by crane Photo Lynn Smith

it repaired, but to no avail. Originally the idea was to take the bridge out and put it in the carpark where it would be sandblasted and painted, but this was found to be too costly.

In 2020 the Bangalow Progress Association (BPA) came on board to help move things along. The group included an engineer with experience with bridges, and he was able to do an independent appraisal of the bridge and write a report for Council. The BPA and the Bangalow Parklands group worked together on this project and were successful in obtaining \$85,000 in Council funds to repair the bridge. Thanks to the BPA for working together on this project – one could say it is symbolic of groups building bridges within the community.

The bridge was removed for refurbishment

in April 2021. It was then split into three parts, the structure strengthened, and the frame sent to Brisbane to be galvanised. New stainless-steel sides were also put on, and when the three parts of the frame arrived back at the Bangalow Parklands they were joined together. The slip-resistant treads were put in, and on 24 August, the bridge was installed with the help of a crane and secured into place. Many thanks and appreciation to all the Council workers who worked on the bridge over this time.

Council has also built a 76-metre shared path at Bangalow Parklands that links the park shelter and rotunda to the carpark and amenities building, enabling better access to the park for people of all ages and abilities.

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9:15					
9:30					
9:45					
10:00				BodySculpt	CardioTone
10:15				Live Online	Outdoor-Bangalow
10:30				09:15 - 10:15	09:30 - 10:30
10:45				Pilates	
11:00				Live Online	
11:15				10:30 - 11:30	
11:30					
4:00					
4:15	Pilates	BodySculpt			
4:30	Live Online	Live Online			
4:45	4:15 - 5:15	4:15 - 5:15			
5:00			Pilates Course		
5:15			Moller Pavillion		
5:30			5:00 - 6:00		
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Local News



Get crafty Photo Sarah Dao

Christmas is coming!

A dozen local community groups are creating innovative and beautiful Christmas trees which will all be displayed in the Uniting Church for the whole community to enjoy from 6-8pm daily between 18 and 23 December. There will also be a programme of music and other seasonal items in our Christmas Tree Festival with details in the December issue of the *Herald*.

Corinne Nash

CWA Handicraft Help

In 2023, Bangalow CWA will be launching a CWA Handicraft Help Centre for both CWA members and the general community. You can start from scratch or are you half way through a project and need help to continue? Maybe you would like to learn a new knitting technique or how to do visible mending which is the latest trend and is the ultimate in recycling. We can help with knitting – top down construction; continental style knitting; how to read a pattern or a chart, lace knitting or intarsia. There's help for those wanting to crochet too. Can't read a pattern? Or maybe learning to embroider is on your 2023 to do list? We can help you learn basic embroidery skills.

The CWA Help Centre will be operating in the CWA Rooms, 31 Byron St, 10.30am to 12.30pm Wednesdays and Fridays. Just drop by or email Rosemary Long roselong@ozemail.com.au

Bangalow Quilters invite new members and guests

Join this friendly group and share knowledge and skills every 2nd and 4th Thursday of the month at the All Souls' Anglican Church Hall, Ashton St, Bangalow. Contact Karen on 0413621224 for more information.

Bangalow Medical Centre extended hours

At Bangalow Medical Centre we are now offering extended opening times with our first appointments to start at 8.15am each weekday morning. Visit our new online booking form at bangalowmedicalcentre.com to make your next appointment with ease!

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One curious doctor

Let's face it, a visit to the GP is, by definition, all about us. The GP's job is to ask questions, listen, take our BP, examine our body parts, record stuff on their computer, print off referrals and prescriptions, and diagnose our health problem.

Often in just 15 minutes. But have you ever stopped for a minute and thought about them? Whether they might be stressed, tired, overwhelmed? That your problem might be triggering thoughts and feelings for them? That, for example, your cancer story is reminding them of their mum's cancer story?

Local GP Hilton Koppe has just published a collection of self-reflections titled *One Curious Doctor – A Memoir of Medicine, Migration and Mortality*. It takes us behind the professional doctor persona and into Hilton's inner world.

Many *Herald* readers will remember Hilton as a young graduate who moved to Bangalow from Sydney. He practiced here between 1988 and 1996 and bought his first home in Thomas Street. Back then, he recalls, "Bangalow was very much a working-class town of about 800 people. Families had been here for a very long time." He grew to love getting to know the many generations of established families but found it a challenge being new to the town. "I was young and inexperienced, and my migrant background and my 'odd name' did make me feel like a bit of an outsider."

Eventually settling in Lennox Head, he split his career between clinical work and GP training.

Hilton began writing as a way of processing challenging experiences as a doctor. "When patients I felt close to died, writing helped me move forward. It also assisted in managing my grief after the death of my parents." He started offering writing workshops at conferences and discovered that other doctors found it useful. "It was a way for them to share feelings that they may not have had any other avenue to express. It helped doctors to reframe their experiences with patients." He delivered 'Beyond the Medical Record' workshops around Australia, NZ, US, UK, Portugal and Canada. He was even invited to Harvard Medical School.

In 2019, after 33 years in practice, Hilton was diagnosed with Post Traumatic Stress Disorder – accumulated vicarious trauma from working as a GP. "Why me?" he asked himself, "why not my colleagues?" He wondered if it was solely related to work or whether there was an



Hilton Koppe – one curious doctor. Photo supplied.

intergenerational aspect to the trauma. Had his migrant experience and family background fleeing Europe from The Holocaust contributed?

"With a lot more time on my hands I started writing with a new focus," says Hilton. "The diagnosis was a gift as it gave me the question I was trying to answer. I already had lots of work published in literary journals, and now I knew how to hang them all together."

One Curious Doctor explores the question, "Why was it me that got PTSD?" "I'm not the only one who's had these experiences," says Hilton. "I think there are three groups of people who might benefit from reading *One Curious Doctor*: health professionals, people with migrant and/or intergenerational trauma experiences, and anyone who is curious to know what a doctor might be thinking and feeling when they listen to peoples' hearts."

Hilton is keen to stress that this is a hopeful story. "Accepting that I could no longer do clinical work was both a trauma and a gift. Difficult experiences give us an opportunity to reset and chart a new course. If I can do it anyone can."

One Curious Doctor is available at The Book Room in both Byron Bay and Lennox Head and from Hilton's website hiltonkoppe.com. It will be launched on Thursday 17 November at The Book Room at Byron. See What's On (page 30-31) details.

Jenny Bird

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Connecting Generations

Possum Creek residents have banded together to strengthen community ties across the generations with a series of inclusive events, explains Ruth Winton Brown.

We became aware that many young families moved to this area for the climate and lifestyle but were without extended family. In addition, many partners worked away from home leaving the mother or care provider unsupported. Four years ago, I met such a family living near my own home and have become their surrogate grandma ever since.

So, Connecting Generations evolved as an intergenerational picnic... a wonderful opportunity for local families without aunts, uncles or grandparents to enjoy connecting



Stan Ceglinski Photo supplied

with all members of our community in a fun and relaxed setting. Some people linked up straight after these events and start visiting or supporting an individual family.

They went into their home to play or read at pressure time for the mum such as dinner time. Sometimes going shopping or to the doctor is a time when they were also needed. We have two mums with newborn twins, and several new babies in families where there are three children under four-years-old... so just nursing a baby is extremely helpful.

One of these families brought her one-day-old baby and her four-year-old to a past picnic, supported by her adopted grandma... Our next event will be held at Bangalow Bowlo on 13 November from 2pm-4pm and people of all ages are welcome. It is a wonderful opportunity for local families without aunts, uncles or grandparents to enjoy connecting with all members of our

community in a fun and relaxed setting.

The day will include a Generational Jam session with well-known local musicians John Hoffman, Stan Ceglinski and wonderful preschool music teacher, Julie from Jewel Musica.

We will also be making frog hotels, frog puppets, green frog dough as well as games in the cage. Free neck massage and shoulder massages are also available.

There is the opportunity for further support, linking elder and child when parents need assistance in the home such as time for reading or playing with a child when parents are busy. We recommend working with children safety checks for all home visitors.

Our next Connecting Generations event will be held at the Bangalow Bowlo on Sunday 13 November from 2pm to 4pm. For more info email ruth@reclaimingjoy.com



Hoffs doing his thing
Photo Geoff Norris



WHATS ON AT WOODS BANGALOW

Woods Bangalow DINNERS are BACK

NEW later trading hours. Sunday-Friday 0730-230pm // Saturday from 0700am

Keep an eye on our socials. Chef Sam & Team Woods bespoke curated menu.

Woods' is ALSO now serving Wine & Beer alongside our daily changing Lunch Menu - feat. a curated wine menu, local beer and Northern Rivers inspired dishes.

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The Cacthaus, a new collaboration between local botanical stylist, Andrew, and ceramicist, potty Zani, from The Clay Barn is now open a few doors down from Woods Cafe.

The space is also available for private events and dining, providing a unique experience in a greenhouse setting, melded with the kitchen finesse from the team from Woods Cafe.

Keep an eye out for our late trade afternoons with wine & platters, coming soon!!

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Bangalow Public School upgrade

Construction has begun on the Bangalow Public School upgrade, with perimeter fencing installed to restrict access to the building site and traffic control measures put in place.

The upgrade was originally scheduled to be finished this year, but the flooding in Northern NSW has impacted the availability of contractors and suppliers in the region. It is now expected to be completed in early 2024.

The project will include a new, two-storey teaching block architecturally designed to complement the existing heritage building. It will have eight “permanent flexible teaching and learning spaces”, as well as shared practical activities areas and breakout spaces. The design of the building features moveable walls so the area will be flexible for use as individual classrooms, co-teaching classrooms, or a connected, larger space.

The existing heritage building will also be

Pitstop pulls big bucks for school

The Bangalow Public School P&C Pit Stop fete and raffle was a great success, raising over \$30,000 towards our nature playground. Winners of the major travel prize (a family of four trip to Tugalooma Island Resort) anonymously donated their prize to a family in need. Heartfelt thanks to the school community of volunteers; some helping from sunrise to sunset. Of course, a huge thank you to all our prize sponsors, and the hilarious Mandy Nolan was a hoot drawing the raffle. See you at the Pit Stop next year!

David Chang, Bangalow P&C

refurbished for administration space, providing a new public entry for the school. Two existing teaching spaces will also be converted to create a new, larger library with a flexible learning space. Once the new library is finished, the current library will be vacated, allowing Block H to be refurbished to be used as another learning space.

Outdoor areas will also be improved across the site, with a new accessible ramp to be built on the main entry from Byron Street. A new outdoor seating area under the mature trees will offer opportunities for outdoor learning.

Excavation works will be completed in the coming months, beginning with levelling the school's oval and digging the trenches

that will hold water drainage and sewer systems, as well as cables that will provide services like electricity, water and internet to the new building. Once groundworks are complete, construction on the new building will begin. Students have been using Bangalow Showground as an alternative green space whilst works to restore the school's oval are carried out.

The school is one of 160 schools being built or upgraded as part of the NSW Government's plan to invest \$8.6 billion in school infrastructure over the next four years.

Angela Saurine

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Rainbow Eagle sharing his knowledge around bush tucker and caring for our land
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Bringing up Bangalow

Reflecting on their first year as a part of Bangalow's community fabric, Mirabelle Early Learning's owner, 2479 local **Amber Tindale**, talks farm-to-table mealtimes, waste-free play, and educating the next generation.

Mirabelle is changing the early learning game, one sustainable lesson at a time. Our ethos is steeped in equality, sustainability, and transparency. Anti-waste is not a new concept. We've been educating our kids

about these practices for years, so the 'Mirabelle Way' is really about living what we are teaching. It honestly isn't always easy or convenient, but we want to set an example for lifelong practice. Not using paper (unless

donated by parents) in our rooms is tricky, but our educators are incredibly creative and use tiles, cardboard boxes, old sheets, rocks, and leaves.

Play isn't the only part of each day to which this philosophy applies. The Mirabelle centre is almost 100% plastic-free and we work, support and enrich the community around us by incorporating farm-to-table meals. We source everything locally and take what we can from our own backyard and family

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farm. We have tubs in our kitchen where food waste goes to our different animals, and we change our menu in a heartbeat to suit what the local farmers can provide. Last month our strawberry farmer had an excess of berries that were about to be thrown away, so we gathered as many as we could and threw them into everything we cooked!!

Operating with minimal impact in mind does pose certain challenges but it also opens the door to natural curiosity, problem solving, and imagination. Learning through play and art is integral to the Reggio Emilia philosophy of learning that we implement at Mirabelle. For this reason, we don't have hundreds of toys, or shelves full of *stuff* – it's just our way. As one of our educators put to me last week, "children are more imaginative with less distraction," and you can really see that in them day-to-day."

The support we have felt from the Bangalow community is really hard to put into words. We have had die-hard fans from even before we opened, families sitting on our waitlist as our opening date kept getting further and further away. Like any business 2022 threw us some doozies, but the calm nature of our team and families made it all feel easier – we are so lucky. Next year is all about creating significant moments that matter to the children, so we can't wait to see what they decide the new year brings!

mirabellelearning.com.au



Top left:
Some of our Maninas planting bush tucker in our on-site garden beds.

Middle:
Creating with nature is an important part of the Mirabelle way.

Bottom right:
Miss Emma and Lout exploring with clay.
Photos supplied



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There's no business like Show business

The crown of the 2479 community calendar for 121 years, the Bangalow Show is back in 2022. Here we reminisce on some past highlights of the Show.



Horse trials at the Bangalow Show
Photo Lyn McCarthy



Left top: Cattle and a bit of the bagpipes Photo Grescha Brewer



The legendary Lawn Mower race in full flight
Photo Grescha Brewer



Top right: The Bogan Moth of the Show 2016, Isaac Brandon
Photo Grescha Brewer

Middle: Abigail and Molly at the Pet Parade Photo Lyn McCarthy

Bottom: The coveted sashes for the Champion Cattle exhibits
Photo Isaac Brandon

Rifle Range Road fix has
the brakes put on
Photo Angela Saurine



Bangalow residents are disappointed the long-anticipated upgrade of the Rifle Range Road and Lismore Road intersection has been delayed, writes Angela Saurine.

Clare Hopkins' daughter was only a child when Clare began campaigning for safety improvements to the Lismore Road and Rifle Range Road intersection in Bangalow. Her daughter is now all grown up, but Clare is still working towards her goal, for the sake of current and future students catching school buses at the junction. News that the long-planned upgrade to the intersection has been delayed once again has been incredibly

disheartening for the local resident. "I have lived here since 2003 and in about 2005 I started trying to do something about it and we just never got heard for years and years," she said. "My daughter is now 27 and I was never able to get anything to happen when she was at school. It gets exhausting when you go for years trying to get action."

The work was originally scheduled to begin in 2018 but was deferred, most recently to April this year. But in late August Byron Shire Council announced that the project – which had been budgeted at \$2 million – had been postponed until the 2022/23 financial year following the floods that devastated the region in February and March and a review of the budget.

"This intersection upgrade is a significant project, but costs have increased significantly in the last 12 months," Council's director of

infrastructure services Phil Holloway said. "Because this project is funded by grants, we need to report this back to the Council and the NSW and Australian Governments. We are committed to improving the intersection of Lismore Road and Rifle Range Road and we are asking the community for its understanding as we work towards delivering this important project."

The project includes widening Lismore Road to allow for a right turning lane into Rifle Range Road, along with signage, safety barriers and line marking. New bus bays and shelters will also be added for the north-bound bus on Lismore Road and for the south-bound bus on Rifle Range Road, with shared paths connecting the bus bays to Tristania Street. There will also be drainage upgrades, including a new major culvert under Lismore Road to reduce flooding and improve access. During

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The notorious intersection is a hazard for pedestrians, motorists, and a flood risk in heavy rains Photo Angela Saurine

the floods, residents on the western side of Bangalow found themselves cut off on more than one occasion as the only other access road on Raftons Road also flooded.

Clare said she felt “incredibly frustrated” by news of the delay. “It was a complete surprise to me because I have asked for the updated plans multiple times,” she said. “Nobody knew that we were going to have the floods, so it’s definitely understandable, but this is a project that’s long overdue. More and more people live on the western side of Bangalow. Around a quarter of our town’s population lives in that section, and more than a quarter of Bangalow’s population is under 18. Originally the turn into Rifle Range Road was the access for three farmhouses. Now there are a lot more than three farmhouses.” The NSW Government’s 2016 Lismore to Bangalow Road Draft Corridor Strategy noted that 7000 vehicles per day used rural sections of the 33km corridor between Lismore and Bangalow, but Clare believes that number would have increased significantly over the past six years.

More than 300 people have now signed a 2020 Change.org petition to have the speed limit at the intersection reduced from 80km per

hour to 50km per hour. Council recommended the move to Transport for NSW, but it was rejected.

In 2020, Clare met with two Transport for NSW representatives next to the old railway line at the intersection just before 4pm when high school students were getting off the bus. The following year the school bus was rerouted to make it safer, with the teenagers now dropped off on Rifle Range Road instead. That was made possible after the removal of the old railway bridge, known as a viaduct, and a redesign of the plan was now also possible.

Byron Shire Councillor and Bangalow resident Asren Pugh agreed the announcement of the delay was extremely disappointing. “I know the community at that end of town has been campaigning for a

Rifle Range Road Intersection

Budget: \$2 million
Timeframe: April - July 2022

We are finalising the design of a major upgrade to the Rifle Range Road and Lismore Road intersections.

- Widening Lismore Road and a right turning lane into Rifle Range Road
- Drainage upgrades to reduce flooding
- Two new bus bays and shelters
- New shared paths

Like many people, we are keen to see a shared path built along the rail line. As Council does not own or manage the land, and because of grant funding deadlines, it cannot be a part of the Rifle Range Road intersection project. We will continue to look into this as a future project.

For more information:
www.byronshire.gov.au
 0626 7000 - Josh Pugh, Project Engineer
jpugh@byronshire.gov.au

Funded by the Australian Government, NSW Government and Byron Shire Council

very long time to get the kids’ safety issue addressed in particular, but the whole intersection upgrade,” he said.

Cr Pugh said that due to rising construction costs, council staff need to report back to the funding agency that made the grant available, to say it’s no longer enough. “I imagine it will be going through another grants process to get enough money to cover the actual construction,” he

said. “With the way the grant works, if you can’t spend the grant money you have to send it back. I’ll certainly be asking questions about what happened with the estimates of the cost and why it has blown out. To me it does seem reasonable knowing what’s happened with the construction industry but nevertheless it’s quite disappointing.”

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Round the Rotunda we go

Bangalow Showground Committee member and *Herald* stalwart Neville Maloney puts the square peg into the round hole to explain the quirks of Bangalow Showground's historic rotunda.

For many years the misnamed and misshaped building that frames the skyline of the Jarrett Arena (aka the Main Ring) in the Bangalow Showground has stood as a testament to solid concrete construction and utilitarian practicality. A sign on the wall proclaimed Fowler and Taylor, but the building, stubbornly, was simply called 'The Rotunda' which patently it is not. The building functioned as an office during the annual Show, and for horse events, and an elevated box top cube was for the announcer, heard through the town when the megaphone speaker system was first installed in 2014. The building almost became a two storey multi-function centre, but thankfully the funds ran out.

This year, though, it has been transformed; half of it (including the box top cube) has gone to landfill, and a new roofline in keeping with the Showground architecture has been built above an extended open space. The remaining interior modernised, spruced up, made safe and ready to function as an office and first-aid centre. But the building will still retain its heritage, the sign proclaiming Fowler & Taylor will still be there, and it will still, against all logic and meaning, continue to be called The Rotunda.

Well, that's almost true but like most things, there's a bell ringing somewhere hinting that



Top left & right The Rotunda renovations near completion just in time for the Show
Photo Neville Maloney

Above The original Rotunda, was in fact, round Photo supplied

with a little scratching of the surface you might find a little more to this story.

The old box top cube was, in fact, built in the early 1960's by the concreting firm owned by Wallace Taylor, who built many of the dairies and pig sties in the district, and Harry Fowler, a builder, completed the job. Harry also built the Poultry Shed on the Showground about the same time. Both Harry and Wallace were members of the Bangalow Show Society.

The Rotunda will be ready for this year's Show, the first Show since 2019; a two-year hiatus that two world wars, a depression and a previous plague never managed. COVID has been a curse.

The Bangalow Showground Committee manages the Showground, and two members,

Toni Appleton, who drew up the plans for the renovations since 2013 until 2021, and Mick O'Meara, who has done much of the building work and managed the current job – have been responsible for the vast improvements.

And about that name. Have a careful look at the picture above. From the very early days, maybe even the very first show, there was a building dragged out into the centre of the large ring and used as the judges and announcers stand, and oh my god! It's a Rotunda! A real one. Correct shape and all. So, when the time came to replace that temporary structure with a fixed building, that new concrete cube took the name of the original building. So, the Rotunda stays, misnamed but no longer misshapen.

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Dendrobium

As Spring brings recovery and regrowth, this beautiful native orchid is appearing in all sorts of locations. It is tough, hardy, drought tolerant and grows in the wild from Mallacoota in SE Victoria (so, it's also frost tolerant) to just north of Cairns.

We have many orchid growers in our region and the Orchid Societies often have fantastic shows. When I see what some of them can do, it is very humbling and VERY impressive.

Some of the Australian varieties that can still be found in the bush can be happy in our gardens too. Replicating their natural environment is easy if we just think about where they do best, and don't kill them with kindness, overwatering and feeding.

This magnificent 'Sydney Rock Lily' is my favourite. I first encountered it spilling forth over huge granite boulders on a friend's bush block near Putty on the Singleton to Windsor Road and fell in love.

Its magnificent creamy white blooms bedeck the canes that can be up to a metre long and make such a spectacle in our grey, green bushland against mossy rocks.

Australia has over 800 species of orchids in approximately a hundred genera, all belonging to the *Orchidaceae* family. Dendrobium are now botanically known as *Thelychiton* although this name is not in general use and possibly unlikely to be adopted by enthusiasts!

The name 'orchid' is from the Latin *orchis* meaning testicle, and refers to the testicle shaped tubers of the plant's roots, and the long held idea that orchids sprang from the spilled semen of mating animals. (If this seems a bit off putting, I found it on the web!)

Orchids have always fascinated growers and collectors around the world, and the first book written as a guide to orchid varieties was published, astonishingly, in China in 1278. They have always been associated with wealth and luxury, and it's easy to see why.

Although they only flower once a year, the racemes can last for months. They are actually



Dendrobium speciosum var. speciosa Photo Carole Gamble

value for money compared to cut flowers, and many that are already flowering are available through good florists.

Orchids are classified as lithophytes as they can grow happily on rocks, deriving all the nutrients they need from the water dripping down the surfaces or condensation and dew. Some are epiphytes that grow on and into the bark of trees and rotting logs.

Most have delicate perfume, and attract and nurture bees and some moths if they have the appropriate mouth parts to reach inside the showy racemes to obtain nectar.

With this in mind, to grow your own dendrobiums you will need a fairly sunny spot, old timber or mossy rocks and lots of leaf litter. They also do well in pots with open, specialised potting mix that is topped up or changed

annually. Obtain some shoots (aerial roots) or cut some off existing clumps with three or four pseudo bulbs, and position them with small rocks and leaf litter. Keep moist but not wet until the new growth appears and add more mulch as you will be trying to replicate their natural habitat. Successful propagation with pieces taken at any time of the year (except when flowering) will reward you, although it may take years before the new plants flower.

Personally, I think that propagating favourites to share is one of the real joys of gardening and often it's really easy. I have spotted several of my own plantings in full flower recently, some in unexpected locations including in my grand daughters' school yard which was a lovely surprise and proved that they thrive on neglect!

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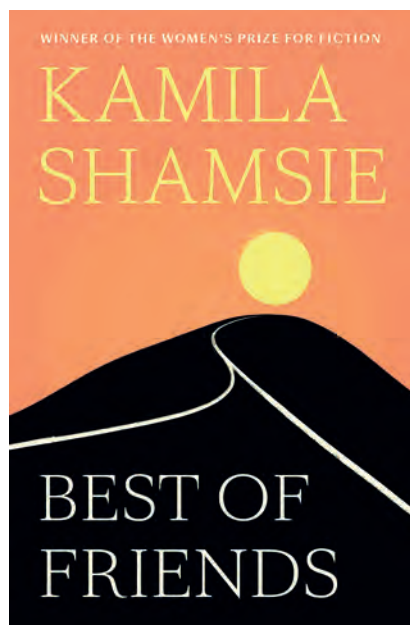
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Best of Friends

by Kamila Shamsie



It's been four years since I reviewed *Home Fire*, also written by Kamila Shamsie and winner of the Women's Prize for Fiction 2018. This one is not rating so highly on the Good Reads website but it is an intelligent read. This novel may lack the suspense and excitement of *Home Fire* but I found it very readable.

Best of Friends explores friendship and, in particular, the friendship of two privileged Pakistani girls growing up in Karachi and attending an elite school where exemplary behaviour is expected at all times. Maryam, comes

from a very wealthy family which manufactures prestige leather goods. The company is headed by Maryam's grandfather who intends to bypass his indolent son and prepare Maryam to take over the family business when she has completed her schooling. Zahra's father is a journalist who gains fame because of his popular TV series which is all about what is happening in the cricket. Zahra is the more serious and studious of the two girls, aspiring to be the Head Girl of their school and to gain entrance to Cambridge University. The girls, although only 14 years old, are committed to their respective paths. This commitment is tested when they are invited to a friend's party. Maryam's on-again, off-again boyfriend Hammad is there, and, despite the best protection of minders, the girls make the life-changing mistake of going for a drive with Hammad and Jimmy who has a very fast car.

In the second part of the book, 2019, 30 years later, the women live in London and have been extremely successful in their careers. Zahra is the head of the Centre for Civil Liberties and Maryam is a top-ranking venture capitalist. Their friendship remains strong despite the obvious incongruence of their careers.

They still maintain contact with many of their schoolyard friends, but things go awry when Zahra receives a notification from Hammad. The first contact since that terrifying night 30 years earlier which had resulted in Hammad's expulsion from their school. What could go wrong? A lot of things, as it happens... Most enjoyable!

Good Reads rating 3.7 stars. Published by Penguin Books

Carolyn Adams



Diversity and identity in stark contrast with the harsh realities of history

Two fabulous shows to bring to your attention are **Heartbreak High** (Netflix) and **Grace and Frankie** (Netflix). Both offer keen observations about humanity and aging. One, set in an Australian high school, looks at how teenagers navigate the hormone driven and confusing process of growing up, and the other, set in a Californian beach house, looks at how to navigate the gifts and challenges of growing old. Both are marvellously scripted and acted. They make you laugh, sigh and gasp as issues such as personal and sexual identity and the challenges of coming to terms with yourself are tackled. **Heartbreak High** is an Australian production, with many fine young actors, dealing with issues such as consent and peer pressure. It's a strong, sharp drama which follows a group of teenagers as they learn about drugs, class, loyalty, trust and all the other combustibles that inflame adolescence. It has earned many well-deserved rave reviews. In **Grace and Frankie**, (7 seasons), Jane Fonda and Lily Tomlin, play two women who find themselves living together after their husbands come out as gay and fall in love with each other. The comedy series also looks at sexual identity and how to cope with some of the indignities of aging. It's very funny and insightful. Both shows are excellent and very engaging viewing.

If period dramas are the way you escape the tedium and terrors of everyday life, then **The Empress** (Netflix) might hit the spot. This historical drama set in the Hapsburg empire is about the Empress Elisabeth of Austria (Devrim Lingnau) who is married to Emperor Franz Joseph (Philip Froissant). It has all the ingredients: fabulous costumes, hairstyles, courtly intrigues, castles, horses, gardens, balls, secret mistresses, jealousies, revolting peasants and war on the horizon. It shows, again, how long the patriarchy has existed, and the lengths a woman must go to in order to establish herself. We see how money, now as ever, means power and control. It has thus far only one season and we hope it gets renewed. The news is so dismal these days that some elaborately crafted, and visually intoxicating escapism is just what we need.

Dr. Airdre Grant



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RECIPE

Nectarine Puff Pastry Tarts

With stone fruit the star of this month's Bangalow Show tart competition, why not try this quick and easy way to make tarts with vanilla bean cream cheese topping. Enjoy straight from the oven.



Nectarines are rich in vitamins and high in fibre. Bangalow's usually hot, dry summers and cool winters promote sweeter and juicier stone fruit.

Ingredients

- 6 15x15cm puff pastry squares
- 6 small nectarines sliced thin or use a mandolin
- 3 tps demerara sugar

Vanilla bean cream cheese

- 125g cream cheese at room temperature
- 1/4 cup unsalted butter, softened
- 1 cup powdered sugar or 1/4 cup honey
- 1 tsp vanilla paste or 1/2 bean scraped
- Pinch of sea salt

Method

1. Preheat oven to 200°C
2. Score 1cm border around the puff pastry
3. Beat cream cheese mix ingredients together until smooth

4. Spread about 1 1/2 tbsp of cream cheese mix on each square (stay inside the scored border)
5. Place nectarine slices on top of cream cheese mix. Sprinkle 1/2 tsp of demerara sugar over slices
6. Bake for 20-25 minutes until puffed and golden.
7. Cool slightly and dust with icing sugar

Serve these warm or at room temperature.

Lyn Hand

DRINKS

AZTECA Margarita, a badass drink for summer



The margarita is a popular cocktail which is traditionally made from tequila, triple sec and lime juice with salt added to the rim of the glass. Its history is hazy to say the least. There are many claims for its origin from its discovery in Tijuana in 1936 by an American newspaper editor, the creation in 1942 by "Pablo" Morales in Chihuahua to a Texas bartender in 1948 creating it in honour of singer, Peggy Lee.

Margarita is Spanish for "daisy". Margaritas have become very popular locally especially since the deprivation of the pandemic when sales of tequila rocketed. Enjoying the boom is local producer AZTECA Margarita, born out of COVID by life and business partners, Jessie and Tommy. Tommy, a Mullumbimby local, met Californian Jessie in Laos over a decade ago and upon returning to Australia set up a highly popular

Mexican taco restaurant in Sydney's northern beaches until COVID hit. They returned to the Northern Rivers to launch their new business at Billinudgel.

AZTECA make four different products that are added to tequila substituting for triple sec to make margaritas. There is a classic lime, smoky jalapeno, grapefruit and hibiscus, and ginger with lemon. They are made with fresh ingredients and organic blue agave from Mexico. Each bottle comes with a badass salt blend. Although new, their mixers have spread rapidly and are available in most local bottle shops and many grocers.

The AZTECA Margarita web site says it is proudly made in Billinudgel from "no shit ingredients, no sugar, no preservatives, no colour". Time to dance!

Murray Hand

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An adventure seeker's dream

In June 2020, long-time Bangalow resident Liz Franks (formerly Liz Gander) packed her 2014 Mazda BT50, decked out with a rhino fiberglass canopy, and headed off on the adventure of a lifetime. Christobel Munson follows her travels. Photos by Liz Franks.

Liz moved to Bangalow early in 1989, and two of her three children were born here. For 25 years, Liz ran Ragged Blossom Native Nursery, growing and supplying a range of seedlings for many local properties. Together with the Bangalow Land & Rivercare team, she also created and edited the *Village Eco News* for several years.

Approaching her 60th year, Liz decided to cut loose. With her children now self-sufficient adults, she closed the nursery and hit the road. "I wanted to see every little nook and cranny I could find where I wouldn't find hordes of people," she says.

Over 27 months, she covered 55,000kms. Travel planning and tracking app, PolarSteps documented her route and Liz uploaded images and notes to complete the travelogue. Her first trip took her through Queensland, and back to 2479 for Christmas 2020. The next trip took her to Tasmania, then through SA and up to the NT, and on to WA. There, on a trip along the mainly unsealed 647km Gibb River Road from the east to Derby WA, she "popped a tire". It's not called the 'adventure seeker's dream' for nothing!

"On the road, you hear about interesting places," she said. One such place was

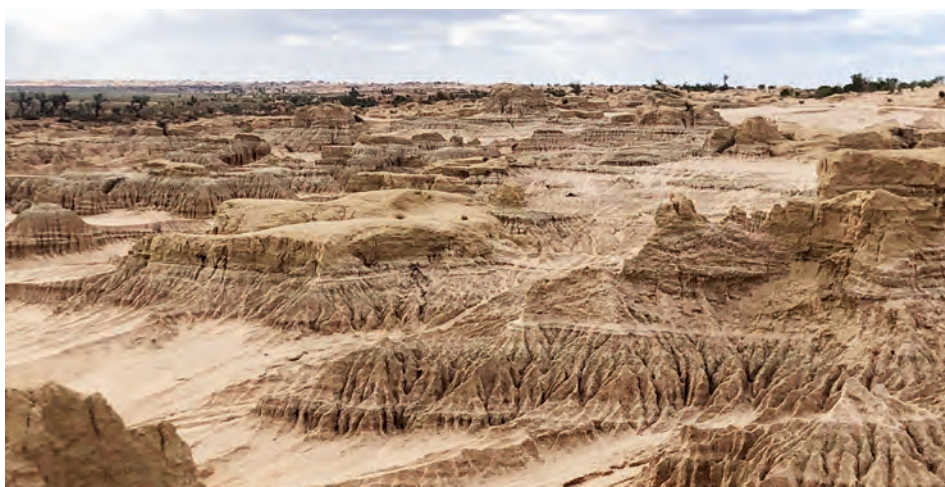
Lorella Springs, a privately-owned working cattle station "about the size of New York City," east of Arnhem Land. Lorella Springs is open to four-wheel drives, and Liz explored its natural hot springs, swimming holes and waterfalls, all the while taking in the bird and plant life. Along the way, she became attuned to the different birdsongs, seeking out iconic birds such as Carnaby's Black Cockatoo in south-west WA. "I just went to their habitat and sat in a forest for days, 'til one appeared," she says. Other birds spotted included a white-quilled rock pigeon in the Bungle Bungles, on the highway from Kununurra to Broome, and a purple crowned fairy wren at Lawn Hill NP, Qld. "I so loved the Bungle Bungles," she said. For her 60th birthday, her children bought her a helicopter trip flying over the magnificent rock formations. "The helicopter had no doors. I was petrified, hoping I wouldn't drop my camera. But it was fascinating to see



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Previous page Boodjamulla, spring fed gorge in the savannah

Clockwise from top left
The beehives in Purnululu
Wildflowers of Western Australia
Liz and her home away from home on wheels
The moonscape of Mungo National Park, NSW

their shape, created by the sand blowing off the desert. They looked like beehives. It was absolutely beautiful," she says.

Having grown native plants for so long, Liz was engrossed by the differing varieties in each state she visited. She spent nine months in WA, hunting for the "most amazing" wildflowers which were located by following a local Facebook page. "There are 12,000 wildflower species specific to WA, so about every 10km there's a different variety." Finding numbats in the wild was on her bucket list – found and ticked off in November last year, also in WA.

Apart from "free camping" in the bush, Liz stayed in just two caravan parks, and a variety of homes, finding work along the way. She was a cook at a cattle farm near Alice Springs for two weeks, worked at a winery near Tenterfield, at a cattle farm in Dalby WA, where she was a gardener for five weeks. At other places, she was a dog sitter, a house-

sitter, a "farm-sitter", even a nanny on a wheat farm near Geraldton, where she "got to ride on a combine harvester, even seeing how and where the wheat was delivered to the local co-op."

For three months, she stayed on a rural property in Albany WA, where she helped the owner (who became a good friend) in her orchard, growing Tahitian limes and finger limes. "At every farm, they showed you what it's all about. It might be growing wheat. In Dalby, they took me to a bull sale, where they got \$26,000 for a single bull, and they sold 48 that day!"

She became good friends with Carol, a 75-year-old, unmarried owner of a goat farm in Victoria. "She breeds goats, which she sends by air to Nepal, to support women abandoned by their husbands. I taught her to play backgammon. Then she became a demon and wanted to play every day!"

Solitude didn't matter to Liz. She has a

two-way radio, though no satnav, and used McDonald's restaurant wifi to download digital and audio books enroute.

Travelling about 50kms on a big day, the main stress would be finding somewhere "safe" for the night, near water, to look out for birds. It helped to cross from Kununurra in a convoy with a handy mechanic, to reach the Mitchell Falls plateau. "That was 80km of the worst corrugation of my life"; even her antenna snapped.

"I took the 'wrong' road a lot, but I ended up finding incredible places." She's already planning to get back to the west to see the wildflowers again next spring. "Then I want to drive the west-to-east road across the middle of Australia, from the middle of WA to Uluru, then from Alice Springs across the Simpson Desert to Birdsville," she said, intending to keep on the road "for a few years yet. I want to go anywhere and everywhere I possibly can."



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Council Matters

Grant news – good and bad

Transport for NSW has announced the successful projects for their 2022/2023 Get NSW Active Grants. Council had submitted applications for three projects in Bangalow. Two of them were successful.

So, the bad news first. The Byron Street footpath upgrade was not successful. This is the desperately needed upgrade of the busy and unsafe path between Station Lane, down to and over Snows Bridge. This was a construction application for \$848,145. Council will try again.

The good news is that the application for \$97,900 to design a "cycle and pedestrian shared path from Rifle Range Rd in the west to the showground and sports fields in the east" was successful. Note this is just for a design, but once there is a full set of plans Council can apply for a construction grant. This is the starting point for getting a path into town from the western side of the village.

The other good news is that the application for \$53,800 to design a path on the northern side of Raftons Road was successful. This is fantastic news for the Bangalow Community Children's Centre, who have been lobbying Council for 20 years for a safe path along their frontage.

No paid parking

Paid parking rose its head again at the September meeting of Council with a report on Pay Parking Potential in Brunswick Heads, Bangalow and Mullumbimby. The report on Bangalow assessed parking demands, supply, infringement and enforcement using data collected in 2018 and 2019 at low, average and high demand periods of the year. The report concluded that:

Parking demands are approaching capacity at most times of the year with [Station Street] being the only zones which regularly offer parking opportunities to a significant degree.

There is a surprisingly low rate of duration limit infringement and a surprisingly low rate of detection by enforcement officers.

The current duration restrictions are catering satisfactorily for parking duration demands, which average 20 minutes.

There is no need to change existing parking duration limits in the Centre.

The review did not recommend the implementation of paid parking to manage demand within the town centre. It seems that the change from 2 to 1 hour parking in the village centre is working.

In addition, the revenue estimates for Bangalow were low compared to Mullumbimby and Brunswick Heads.

Council resolved to continue exploring paid parking in Brunswick Heads and Mullumbimby but not Bangalow.

You can read the Review of Parking Management (Period to end January 2019) Bangalow at byron.infocouncil.biz/Open/2022/09/OC_29092022_AGN_1565_WEB.htm

After the Floods Discussion Paper



In response to the devastating floods earlier this year, Council has launched an extensive community consultation process seeking discussion and feedback on a paper titled "Working Out Possibilities Together". The discussion paper asks the community to think about how to rebuild more resilient buildings; how to build differently (what needs to change in the LEP and DCP regarding things like height, density to improve resilience); where to build – new

greenfield development safe from natural disasters; what new infrastructure/service do we need? Visit byron.nsw.gov.au/Your-Say-Byron-Shire/After-the-Floods-Discussion-Paper to read more. There will be a Bangalow Conversation Café on Saturday 5 November, 1.30-4.30pm at the RSL Hall in Station Street.

Jenny Bird

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Big Swedish Store Run	0401 880 170

WHAT'S THAT NUMBER?

Community		
AA (5.30pm Tues)	Karen Mc	0403 735 678
ADFAS	Dianne	0412 370 372
Al-Anon (2pm Fri)		1300 252 666
Bangalow Koalas	Linda	0411 491 991
Bridge	Dennis	6687 1574
Chamber of Commerce	admin@bangalow.biz	
Community Children's Centre	Kerry	6687 1552
Co-dependents Anonymous	Gye	0421 583 321
CWA (Wed)	Lorraine	0417 705 439
Garden Club (1st Wed)	Diana	0418 288 428
George the snake man	George	0407 965 092
Historical Society/Museum/Cafe	6687 2183	
Kindred Women Together	Janice	0401 026 359
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Noelene	0431 200 638
Lions Club (7pm 2nd/4th Tues)	Chris	0416 005 700
Market (4th Sun)	Jeff	6687 1911
Men's Shed	John	0427 130 177
Op Shop (Mon to Thurs 10am-2.00pm, Sat 9.30am-12.30pm)		6687 2228
Parklands	Lynn	0429 644 659
Park Trust Committee	Shane	0475 732 551
Police – DCI Matt Kehoe	Fax: 6629 7501	6629 7500
Pool Trust	Jo	6687 1297
Progress Association	Ian	0414 959 936
Poultry Club	Hector	6687 1322
Quilters (2nd/4th Thur)	Karen	0413 621 224
Red Cross (1st Fri)	Liz	0409 832 001
Show Society	Anne	6687 1033
Sport		
Bowls men (1pm Wed & Sat)	Gerry	6687 1142
Bowls women (9.30am Wed)	Frances	6687 1339
Cricket	Anthony	0429 306 529
Karate self-defence	Jean	0458 245 123
Netball (3.30pm Wed)	Ellie	0429 855 399
Rugby Union (Rebels)	Dave	0412 080 614
Soccer (Blue dogs)		0434 559 700
Tennis court hire	Bernie	0433 970 800
Venues		
A&I Hall	Brian	0427 157 565
All Souls' Anglican Hall		6684 3552
Bowling Club	Chris	6687 2741
Coorabell Hall	coorabellhall@gmail.com	
Heritage House		6687 2183
Moller Pavilion		6687 1035
Newrybar Hall	Blair	0404 880 382
RSL Hall	Charlotte	0418 107 448
Scout Hall	Shane	0475 732 551
St Kevin's Catholic Hall	Russell	0423 089 684

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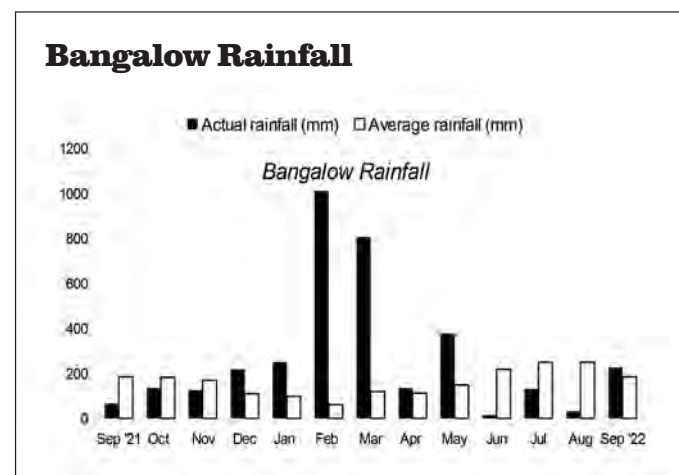
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Dairy Cattle Parade at Bangalow Show 1902 Photo via Trove





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WHAT'S ON

A tempting feast of cultural and community events to get you out and about in 2479 (and beyond) in November.

Bangalow Garden Club

When Wednesday 2 November, 1.30pm

Where Moller Pavilion, Bangalow Showground

Contact Diana Harden 0418 288 428

The Garden Club will be holding their AGM at the November meeting followed by the usual activities such as flower of the month and the plant auction etc. There will be no meeting in December, instead the Club will be having their Christmas party. Details have been made available to members.

Council After the Floods Conversation Café

When Saturday 5 November, 1.30-4.30pm

Where Bangalow RSL Hall, Station Street

Contact 02 6626 7062 or
nscott@byron.nsw.gov.au

This will be one of a number of Council hosted opportunities to discuss what needs to change regarding where and how residents of Byron Shire can live and work in response to climate change and natural disaster management.

ADFAS

When Monday 7 November, 5.30 doors open, 6pm AGM for a 6.30 start

Where A & I Hall, Station St Bangalow

Contact adfasyronbay@gmail.com Non-members \$25 at the door

Bangalow's Karena Wynn-Moylan is a celebrated artist, musician and composer, film maker, broadcaster and podcaster. In a one hour interview with Marion Pescud, Karena will share insights into her very creative

life, talking about her experiences, passions and inspirations, and the people who have influenced her along the way. The evening features a slide show of Karena's work. And there's a raffle. First prize is Karena's stunning mounted watercolour painting 'The Pass' and second is a copy of her illustrated book 'Byron Portfolio'. Visitors and guests welcome.

Bangalow Business Networking

When Thursday 10 November, 7.30am

Where Woods Café, 10 Station St, Bangalow

Contact byronandbeyondnetworking.com.au

Do you find yourself taking life/business too seriously? This month's presenter, Mandy Morris, is a transformational life coach hailing from a creative arts background. She brings to her coaching a wealth of experience in performance, visual art and music.

One Curious Doctor Book Launch

When Thursday 17 November, 6pm

Where The Book Room at Byron, Fletcher St Byron Bay

Tickets eventbrite.com.au/e/hilton-koppe-book-launch-tickets-437156425637

Catch a glimpse into the inner life, thoughts and feelings of one local GP. Dr Hilton Koppe launches his debut book *One Curious Doctor – A Memoir of Medicine, Migration and Mortality*, a collection of self-reflections about his work, his family background, his mental health and the impact on him of his patients' stories.

ADFAS raffle prize – 'The Pass' by Karena Wynn-Moylan Photo supplied





Sam Buckingham appearing at the Festival of Small Halls, Eureka Photo Eliza Strydom

Friends of Libraries Byron Shire book event, author Jed Hart

When Friday 18 November, 5.30pm for 6.00pm
Where Marvell Hall, 37 Marvell Street Byron Bay
Contact Bookings essential at byronbayfol.com

Tickets Members \$10, non-members \$15
 Jed Hart, local author with past experience in the armed forces, will be in conversation with Geoff Leach to discuss his second book *Block 33*, the latest in the series. The action packed plot will reflect his recollections of international conflict. Wine, cheese and lucky door prize.

Monique Clare in Concert

When Friday 18 November, 7pm
Where Pearces Creek Hall
Contact linktr.ee/PearcesCreekHall or 0458801941

With just her voice, four strings and a cello bow, Monique Clare carves out a music landscape to get lost in. Driving rhythms collide with intricate cello lines and heart-tugging harmonies are woven through compelling vocals.

Festival of Small Halls, Eureka Hall

When 20 November doors open at 6pm
Where Eureka Hall, corner Eureka Rd, Whian Rd and Federal Drive, Eureka
Contact facebook.com/Eureka-Hall-533394566709888

Tickets Adults \$30, concession \$25, under 16 \$10. Limited tickets at door. Purchase in advance at tinyurl.com/y6vjh8dn

Eureka Hall is pleased to welcome international folk music trio Inn Echo for the Festival of Small Halls. They will be joined onstage by Northern Rivers' own Sam Buckingham. Bar and food available on the night. EFTPOS facilities available.

Pearces Creek Talks – Stuart Andrews on Natural Sequence Farming

When Thursday 24 November, 6-8pm
Where Pearces Creek Hall
Contact linktr.ee/PearcesCreekHall or 0458801941

Tickets \$15-\$35
 Stuart Andrews is training over 60 landholders in the Richmond Catchment on Natural Sequence Farming, a system in which land stewards manage their landscapes in symbiosis with the natural sequences present in the landscape, building resilience to flood and drought. Join us for a supper plate, a talk by Stuart followed by discussion.

CWA Cake & Produce Stall

When Saturday 26 November 8am -12 noon
Where CWA Rooms, Byron Street Bangalow
Contact Lorraine 0417 705 439
 Something for all tastes at our monthly cake stall, including Christmas cakes ready for the season.

Diary

November 2022

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- 18 Monique Clare in Concert
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- 20 Festival of Small Halls, Eureka
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- 27 Bangalow Markets

December/January Deadlines

- What's On** 15 November
- Advertising** 15 November
- Copy** 15 November
- Shop Local Gift Guide** 15 November

Emily Maguire in Concert

When Friday 2 December, 7pm
Where Pearces Creek Hall
Contact linktr.ee/PearcesCreekHall or 0458801941

Tickets \$20-\$25

British singer-songwriter Emily Maguire emilymaguire.com is a contemporary folk artist whose songs have been described as "music for the soul" (Maverick Magazine). Her live show, featuring her husband Christian Dunham on bass, is an uplifting, comforting and inspiring experience not to be missed.



Memories on Show

Born and bred in Bangalow, Millie Hartigan shares her lifetime of memories from the Bangalow Show.

When I was little the sound of fireworks scared me, so my dad would take me home, hold me in his arms and I'd cover my ears as we watched the spectacular light show from our deck. Since then, I have only ever missed two Bangalow Shows.

Walking through the lights and colours of the carnival rides and showbag trucks has always been just the beginning of what I love about our town's annual show. I entered the art competition, wandered the pavilion, visited the poultry, and went to the dog show. Although the show for me has always been about the events in the main arena. While many would only arrive later in the day it became a tradition in my family to get down there early and scout out a prime position on the grass, perfect for watching all of Bangalow's eclectic arena events.

As the day progressed, the antics began. The bellowing voice of Peter Crawford over the megaphone signalled to all those in town that the show had begun.

“There wasn't a single dry person as The Show came to an end but there were memories to last a lifetime.”

When I was a kid, we would run from one ride to the next, followed by the crucial choice of our showbags, then we'd settle into our spot on the grassy hill overlooking the main arena. The shopping cart relay was of the utmost importance for us in those days, would you be lucky enough to get an all-important spot on one of the teams, would you get to climb through the fence and onto the 'main stage'. Along with the never-ending urge to hang off the fences to get as close to the action as possible.

I have come to appreciate and love so much more about the arena events, it turned into a mad dash for food or to visit the pavilion to ensure I never missed my favourite moments. There's nothing quite like watching farmers race around the oval on lawn mowers, the skill of the camp drafting or the height a cattle dog reached when jumping into the tray of a Ute. Although I love it all, my favourite of the arena events has always been the stockman ironman race. As axes swung, horses raced, and hay bales were dropped we would scream and cheer to see who would cross that finish line first.

While there are some incredible official events that take place, one of my most memorable Bangalow Show events happened in 2014. The dark clouds that threatened the



Working dog trials are a highlight of the Main Show Ring Photo Grescha Brewer

Inset: Brendan and Violet O'Meara at the 2018 Show Photo Sharon O'Meara.

evening's arena events danced along the horizon throughout the afternoon and as they rolled in, families, friends, and community took cover. The wind and hail had us holding our marquees to the ground, the grass became a streambed of the ever-flowing water gushing across the showgrounds. There wasn't a single dry person as The Show came to an end but there were memories to last a lifetime.

The Bangalow Show is unlike any other community event I've ever experienced. Friends and memories are made on show afternoons and under firework filled skies.