



While Christmas is a time of giving, Maddy Paice and her chooks give all year long. Photo: Karla Conroy

Wildlife warrior wraps up stellar year

On first appearances, Maddy Paice looks like a typical 12-year-old with tousled hair, braced teeth, and a T-shirt warning 'Wild Child'. However **Jenny Bird** discovered that Maddy has a focused vision for her future.

When Maddy was in Year 2 she was obsessed with dinosaurs. But after travelling around Australia for a year in a caravan she had an epiphany. "I thought 'dinosaurs are in

the past, finding out about them isn't going to help our future, or our present. It's the animals of today that need help.'" When the family moved from Sydney to a 50 ha farm at

Newrybar, Maddy "learned that in this area, koalas were endangered and were going to become extinct if we didn't do anything."
(continued page 4)



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We wish you all a happy and safe Christmas and New Year



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From the editor

While I enjoyed attending the Bangalow Show on Saturday 16 October, smoke from the Mt Nardi bushfire and the dry, brown grounds from the months-long drought meant this year felt different to previous Shows. By all accounts, attendances through the gates were excellent, though cattle entries were down. This is understandable given the impact the state-wide drought and dozens of bushfires have had on farmers here and all around the state. Nonetheless, everyone present was determined to have a good time and put their best livestock, produce and bush poetry forward. The winner of the 2019 Bush Poets Competition, which *The Bangalow Herald* sponsors, was Robert Gibson from Bryon Bay. Robert performed a beautifully layered poem about his mum.

The rainfall chart tells the story of the year. For readers who don't usually study it, I encourage you do so. Given *The Herald* is a monthly, the current chart tells the story for the year to October. At the time of putting the magazine together, November is continuing the dry trend.

The drought will break. The region will green up again and water tanks will overflow. But it won't make the realities of climate change disappear. Over the last 150 years we've pumped enormous volumes of carbon and methane into the atmosphere, which stays in the earth's biosphere and traps heat from the sun. Put simply, our biosphere now has so many carbon particles in the atmosphere that heat from the sun can't properly escape and stays trapped in our breathable air. The oceans have absorbed vast quantities of that heat, which has had the effect of melting ice at our poles and causing water levels to rise. The flow on effects are complex and multiple.

We must adapt and change how we use energy. Many people, including those who work the land, are already doing so. *The Bangalow Herald* will run a regular column next year about practical ways people can use energy more efficiently.

We are in this together.

Christmas is a time of giving and receiving. Our team of volunteer writers has scoured the region to bring you stories about ways to do that which help local people who are making an effort to give back to our community. We strongly encourage you to support them and to shop locally when thinking about buying gifts that keep on giving.

This is our last edition for the year, and we won't be back until February 2020. Have a great Christmas and holiday season. I'll leave you with the winning limerick (9 years and under division) from the 2019 Bangalow Show.

Jim Hearn

There once was a beautiful tree
It was great at shading me
I could lean on its trunk to read
Sit under it to have a feed
Come to Bangalow School and see.

Oscar Hatherly

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SPOTLIGHT

'The Loop' short story competition

A new short-story competition for locals honours the memory of Karen Jordan.

The Loop is a new short story competition seeking submissions of unpublished works of short fiction up to 300 words from writers of any age, living in, or affiliated with, the 2479 area.

The theme for the inaugural competition is **SHOW**, which can appear as a word, concept, action, or event in your story.

The prize pool includes \$300 cash first prize. An



Karen Jordan

encouragement award of a Sunday pass to the 2020 Byron Writers Festival will also be awarded. Both the winning entry and recipient of the encouragement award will be published in *The Bangalow Herald*.

The Loop is being launched in memory of Karen Jordan, who was a former editor of *The Bangalow Heartbeat*. She

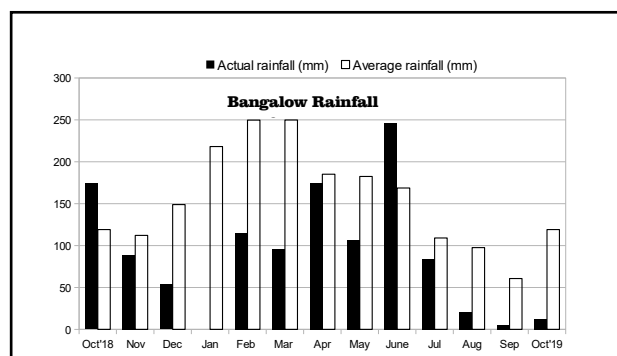
died from multiple myeloma, a type of bone marrow cancer, in 2016, leaving behind a husband, two gorgeous sons, and a devastated community.

Members of the Bangalow book group that Karen was part of for almost 10 years have established the short story prize in her memory. The prize is also being supported by *The Bangalow Herald* and the Byron Writers Festival.

Karen Jordan loved a story. She loved reading them, writing them, and most of all telling them. Her long and winding anecdotes and appraisals of the world around us were one of her most entertaining, endearing and infuriating qualities.

In the spirit of community engagement and great storytelling, organisers would love for you to **SHOW** them what you've got!

Submissions will be accepted as word documents via loopstorycomp@gmail.com from 15 December 2019 until 28 February 2020. Guidelines and entry form available on request. Use 12-point font, 300-word maximum word count, include the title as a footer, and ensure that your name is not on the manuscript. *Sally Schofield and Rebecca Sargeant*



Wildlife warrior wraps up stellar year

(from page1) She found her way to Friends of the Koalas in Lismore, and at the age of 10 began her wildlife fundraising career. She started small. "I started raising money with a little stall in Newrybar selling some of my old things. I also made cakes and busked on my flute," recalls Maddy.

One day she looked at the family's chooks and, seeing their fundraising potential, began to sell her Freedom Eggs. By the end of the first year Maddy had raised \$1,000 for koalas.

On her 11th birthday she received a gift of a beeswax wrap kit. Maddy and her mum Nikki started making beeswax wraps. They put some on Facebook and made over \$500 in a few days. So they made more and started selling them at Byron Youth Market, Bangalow Market and Designers Markets.

Maddy no longer receives birthday presents, requesting donations instead. On her last birthday she asked for koala gum trees which were planted on the family farm. Early in 2019 Maddy set a goal to raise \$15,000 by the end of the year. So far, she has donated over \$13,000 to Bangalow Koalas and Friends of the Koalas.

Maddy is also involved with the Northern Rivers Wildlife Hospital (NRWH). She has donated \$1,000 to it, attends all meetings and advocates publicly for a wildlife hospital in the Northern Rivers.

In September, Maddy was awarded Young Campaigner of 2019 by the International Fund for Animal Welfare at one of Bangalow Koalas' tree plantings. Then in October, Maddy travelled to Sydney to



Proceeds from Maddy's Beeswax Food Wraps all go to koala charities. Photo: Jenny Bird

receive a Fred Hollows Humanity Award - Highly Commended, for which her school nominated her.

Nikki remembers: "She's been a lover of animals her whole life and has a natural knack with them. When she was little, she watched David Attenborough documentaries over and over, so her knowledge about animals, especially wild animals, is quite extensive." Recently, Maddy and her dad, Drew, completed the WIRES rescuer training.

Maddy also loves chickens. She has 17, for which she is 100 per cent responsible. "I feel it is really unfair to cage chickens. My dad's been doing regenerative farming where you have a chicken caravan that moves from paddock to paddock. We're thinking of getting 100 chickens from a caged chicken place that's closing down.

Sometimes, I feel like it's never going to be enough." Maddy sees her future as either a vet or an ambassador for wildlife. "I love all animals except for spiders and scorpions," she says. In her spare time, Maddy likes to play, climb trees and swing on the "really good" swing at home. Her mother, who describes herself as Maddy's Executive Assistant, points out that "she's still just a kid though and gives me the dead eye like any other 12-year-old." Thank goodness for that!

Maddy's beeswax wraps are stocked by Luther & Co in Newrybar, Lennox Head Veterinary Clinic, Bangalow Post Office, Macadamia Castle, and Vitality Vet Care. Maddy will also be at the Designers Market, Saturday 7 December at Bangalow Public School. Or order via Nikki@beaumontpeople.com.au.



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The Blips keep powering on

There's no stopping the electronica ensemble Tralala Blip, reports **Digby Hildreth**.

Within weeks of taking home the Best Music Video Award at the Byron Bay Film Festival in October, Tralala Blip picked up the Best Video Award in the Experimental Film Category at the Australia Independent Film Festival. They followed this up with the prize for Best Overall Film at the Perfect Light Film Festival in Broken Hill.

The winning film, *Pub Talk*, uses the Blip song of the same name to tell a story expressing the frustration of the differently abled when they are misunderstood or ignored by others in social settings.

Filed in the Bangalow pub and directed by In Hearts Wake singer Jake Taylor, the video's powerful audience impact is the reason it won top honours, said Perfect Hill producer Meg Pascoe.

'Pub Talk' is the opening song on Tralala Blip's recent album *Eat My Codes If Your Light Falls*, which features Bangalow identity Lydian Dunbar, who sings the song that is based on his real-life experience as a differently abled young man out in the world.

Eat My Codes If Your Light Falls is the group's first real LP, which charts "an entirely new sonic universe – the resolution of several years of intense live performance and expanded studio experiments," says founder Randy Reimann, though they have recorded a number of EPs since they started in 2007.



Tralala Blip in rehearsal: Zac Mifsud, Phoebe Rose, Mat Daymond, Randy Reimann and Lydian Dunbar
Photo: Digby Hildreth

It's a more pop album than their previous work, says Lydian, who devised the melody for 'Pub Talk', which kicks off a stunning array of synth and post-electro pop music.

Zac Mifsud wrote the words for 'Facing Monsters' and 'Star of Hope', while Mat Daymond penned 'Voltage Flowers' and 'Nightmare Lands Welcome You Too'.

They all take turns at lead vocals, sharing the duties with Randy and Phoebe Rose, and each contribute to creating the extraordinary electronic soundscape using a bewildering array of technology.

Mat handles the visuals, using something akin to a sampler, and designs album covers and T-shirts.

Live, they are explosive, working seamlessly together to reveal what Randy describes as "a collective sacred heart" fuelled by intoxicating

post-electro pop melodies and their diarised lyrical poems. The basic structure is fixed but there's room for spontaneity and improvisation.

The songs tell the band members' personal stories, and the performances are an expression of each person's spirit and personal aesthetic. The band's goal is to "reconsider the nature of creativity", says Randy, "and to push these processes beyond any sense of the normative or commonplace".

When he's on stage, Lydian says: "I'm not nervous, because it's a lot of fun". Also, because "the audience has come to see us play, and we want to show them who we are".

Not so much differently-abled, as multi-abled.

Eat My Codes If Your Light Falls LPs and digital can be purchased at either emporium. room40.org or tralalablip.bandcamp.com

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Tape up your barbed wire fences. Photo: WIRES Northern Rivers

Wildlife, fires and fences

The recent fires have decimated local wildlife populations. It is not until later that displaced animals move into more populated areas. If you find injured wildlife contact WIRES on 02 6628 1898, or in the case of koalas, Friends of the Koala Rescue Line on 02 6622 1233. Both are 24 hour hotlines. Stay with the injured animal until help arrives. Both organisations suggest you put their numbers in your phone contacts.

Barbed wire fences are also wreaking havoc with birds, gliders, wallabies and especially flying-foxes. This year WIRES Northern Rivers have rescued over 300 native animals caught in barbed wire fences. The survival rate is less than 50 per cent. Nocturnal animals and birds are particularly susceptible as they fly down towards fruiting trees, dams and creeks.

WIRES is asking landowners to put

visible tape along the top strand of their barbed wire fences. Electric fence tape is particularly durable. Landowners are also encouraged to avoid planting flowering or fruit trees next to barbed wire fences, and to consider replacing any barbed wire that is not necessary. Disused electric fence tape can be donated to WIRES who will use it in high risk areas. If you find a bird or animal tangled on a fence do not cut it to try to free it. Contact WIRES on 02 6628 1898 and a volunteer will come to the animal's rescue.

Local runs New York City Marathon

Chris Hayward, local real estate agent and Bangalow Lions Club President, recently completed the New York City Marathon for the second time. Chris started running marathons only four years ago in his mid 50s. Alongside over 52,000 entrants



Marathon Man Chris Hayward.

from 129 countries, Chris ran it to keep a mate company. He completed the 42 km course in four hours and 33 minutes and is reported to be very pleased with himself. He crossed the finishing line just under the average finish time for 2018 of four hours and 40 minutes. The marathon raised over US \$40 million for charity.

Bingara Drought Relief

Just over a year ago Bangalow adopted the small town of Bingara to assist drought-stricken farmers. A year later the drought has worsened beyond belief. After raising \$80,000 in 2018, this year Bangalow Adopts Bingara supported families struggling to cover the cost of the annual school camp. Bangalow Lions Club also donated \$3,000 towards a Year 3/4 excursion to Dubbo when it became clear that some students could not afford to go. An array of goods including

YES, I want to make my support count this festive season!

2019 Christmas Appeal

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- 1800 155 155**
- Complete the form**

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Bangalow Adopts Bingara.

hampers and handmade Christmas cards are currently on their way to Bingara and local Lisa Laing is helping co-ordinate the Christmas Concert in Bingara on Saturday 30th November at the Gwydir Oval. For more information go to [Facebook@Bangalow Adopts Bingara](https://www.facebook.com/BangalowAdoptsBingara).

Third defibrillator in Bangalow

Bangalow now has its third publicly accessible defibrillator. The Bangalow Community Children's Centre have purchased and installed a defibrillator outside the office at the Centre. It is available for community use. All educators at Bangalow Community Children's Centre have been trained to use it. The other defibrillators are installed on an outside wall under shelter overlooking the carpark at the Bangalow Bowling Club, and outside the supermarket.

A way with words

Both Tess Kennedy and her mother Rebecca Sargeant have a way with words. Tess, a Year 6 student at Bangalow Public School, recently attended the Primary Schools State Debating Championships in Sydney - the only Byron Shire member on the North Coast team. With three wins from five debates, the team finished equal second after the qualifying rounds. Their winning topics were 'Gambling should be banned', 'Zoos should be banned in Australia' and 'All schools should teach self-defence'.

Meanwhile, Rebecca recently won the Seeking Asylum Poetry Prize hosted by the Ballina Region for Refugees (BR4R), which was sponsored by Southern Cross University. Her poem is titled 'Lost and Found'. Entrants had to respond to the theme Seeking Asylum. Rebecca's poem



Tess Kennedy and Rebecca Sargeant

will be published online at br4r.org.au and in the journal *Social Alternatives*.

Landcare Award

Bangalow Koalas was recently awarded the Australian Community Media Landcare Community Group Champion Award at the NSW Landcare Awards in Broken Hill. The award recognised their work in creating a Koala Wildlife Corridor from the Byron Bay area out towards Repentance Creek and beyond. Linda Sparrow accepted the award on behalf of Bangalow Koalas Inc. and the community and volunteers who support it. "We have planted over 19,000 trees on 18 properties in just 21 months. With a further 46 interested landholders willing to join the corridor, we are well on the way to realising our goal of creating a Koala Wildlife Corridor across the Northern Rivers," said Ms Sparrow.

Jenny Bird, WIRES Northern Rivers



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Council matters

Pick up three bits of rubbish

In conjunction with Take 3 for the Sea, Byron Shire Council has launched a litter reduction campaign for the coming summer with a very simple message:

Each time you leave a beach, river, creek, park or any public place, pick up three pieces of rubbish and put them in a bin.

The campaign targets everyone, of any age, residents and visitors alike. Local schools are invited to participate. Council is hoping that the whole community will get behind the campaign and push the message out through their social media accounts.

Take 3 for the Sea is a not-for-profit organisation working towards reducing plastic pollution. While its main focus is the impact of single-use plastic on marine environments, the campaign will cover all waterways and any public place.



Bangalow bridges

Byron Shire Council is now tendering for a new Byron Creek Bridge on Bangalow Road on the edge of town at Talofa. This project will add to the 2018 Bangalow Bridges Renewal project that saw five old timber bridges replaced with repurposed steel bridges from the Australia Defence Force (ADF).

Recently, the Bangalow Bridges Renewal project won Byron Shire Council the Sustainable Procurement Award at the 2019 Local Government Procurement Awards.

Timber from the old bridges was salvaged and is being recycled into Council projects around the Shire, including Gaggin Park in Suffolk Park, Waterlily Park in Ocean Shores, Bangalow Parklands and Railway Park in Byron Bay. The old wooden walking bridge at Brunswick Heads is soon to be refurbished with timber from the old bridges.

Jenny Bird

SUDOKION
Solution

7	6	2	4	5	3	1
4	1	5	3	6	2	7
1	2	7	6	3	5	4
5	7	3	1	2	4	6
6	5	4	2	1	7	3
3	4	1	5	7	6	2
2	3	6	7	4	1	5



Serious networking at the Sports Field Photo: Murray Hand

Bangalow Summer 6's Soccer Competition

"Everywhere I hear the sound
Of marching, charging feet boy
'Cause summer's here and the time is right
For fighting in the street boy."

Mick Jagger could have been singing about the Bangalow Summer 6's, which kicked off in early October with 32 men's teams, 40 women's teams, and 25 from the juniors. There are seven rounds before the sides are graded into divisions for three weeks of finals, culminating on Grand Final Thursday 12 December.

The competition is run by Bangalow Summer 6's Inc. and is so popular that registration was full within days of opening back in early September.

Paul Hannigan told the *Herald* "we have been running it for 17 years, but it actually started a few years before that. Players come from all over Byron Shire and from as far away as Lismore."

The normal rules of soccer are modified to make for a simpler, quicker game. For instance, there is no offside rule and players are not allowed to slide tackle.

The scene down at the Bangalow Recreation Grounds on a Thursday evening is very colourful and busy. Teams have their own distinctive uniforms and names. Examples from the men's draw include The Poo Shooters, The Porks and Handsome Budgies. The women's names include Kiss My Pass, Lunachics and Girls with Balls.

As someone on the Summer 6's Facebook page said: "The best summer 6's in Australia if not the world!"

To paraphrase Mr Jagger: "You can get your kicks at Bangalow sixer's".

Murray Hand

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Incomplete: My story of spinal cord injury

by Tim Winton-Brown

I met Tim Winton-Brown at Butcher Baker to discuss his self-published memoir *Incomplete: My story of spinal cord injury*. Tim is an inspirational man (even though he wouldn't agree) who is living with the consequences of a mistake, made at a time when he was on the cusp of manhood. Mistake is a harsh word but Tim's terrible accident coupled with his honesty is the very essence of the memoir he has written. It's the book that he would have liked to read while recovering from his accident and wondering what his future would look like. It's an articulate and raw narrative written with unflinching honesty.

Tim was a sporty, high-achieving Trinity Catholic College boy who liked to surf whenever there was spare time. He decided to spend a gap year in Indonesia as a Rotary Exchange Student. Only a few weeks into the experience he dived off a jetty into murky water which a week earlier had been significantly deeper. It was three long weeks before his final medevac to Australia; three weeks into his changed life as an incomplete quadriplegic.

Tim has packed a lot into his life. Before his accident he was driven to succeed academically and was passionate about environmental issues. He hoped to have a career where he could make a difference. That same driving force has been present since his accident. A small sensation in his toe caused him to believe that he would be able to walk again even when all the specialists believed it would be impossible.

Learning to drive, learning to write with his left hand, going to university, living independently – none of these things was going to be possible for the catastrophically damaged Tim – just don't tell him that!

It's over 20 years since Tim's accident and the book has taken several years, three attempts and seven drafts to write. The first two attempts ended almost straight away as the emotional pain of documenting his memories was unbearable. But his stubborn streak motivated him and did not allow him to give up. On his third attempt, he settled



Photo: Shane Sheppard

into a regular routine of contemplation and wrote three or four mornings each week. Writing was a cathartic and healing experience for Tim, which allowed him to present his memories and come to terms with the accident.

As time passed, Tim realised he wanted to educate and inform others about his experience, as well as provide hope for people who had experienced something similar. During the many months he spent in hospitals and rehabilitation facilities he was unable to read anything that captured the reality of his experience, and he wanted to write something useful for both health practitioners and patients.

Tim is fortunate to have been blessed with the "motivation gene" and a tremendously supportive family. While he has had to moderate how much activity he can pack into a day, it doesn't stop him

from getting involved with the community. He appears as a guest speaker four times a year as part of the Rural Medical Program. He is a past volunteer at the Writer's Festival and is active in local theatre productions.

Why are books like this one important? Books educate, they broaden our perspective, they enable us to walk a mile in someone else's shoes without the physical pain or emotional grief the writer experienced. Doing that provides us with the gift of empathy.

In typical Tim Winton-Brown style, when he was unable to find a publisher for his book, he self-published and is already distributing to practitioners, hospitals and rehabilitation facilities.

His book can be bought locally at Bookworms & Papermites.

Carolyn Adams

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Bangalow: a twisted labyrinth of deception

Council's current proposal to rename a section of Thomas Street prompted **Rebecca Sargeant** to take a fresh look at the streets of our town.

As Charlotte threatens to consume her late husband Thomas' memory and reduce his legacy to a handful of house numbers, residents are asking, have we lost sight of the wood for the trees? If only it were that simple. With the woods proliferating almost as quickly as the trees, perhaps we've lost sight of both?

A Rosewood by any other name might be a Crescent. Or by another scent, a Muskwood. Or by another colour, a Blackwood. But only a Blackwood and a Marblewood could be a Place. A tree, on the other hand, could be a Place, a Crescent, or a Court – depending whether the tree is a Parrot Tree, a Paperbark, a Wattle, a Cedar, a Palm Tree or a Gumtree. Clover, being a Hill, has recently emerged as a unique species: a Circuit.

Some blame the Irish pirate Queen Granuaille for the confusion. Not content with being a Road, she had to be a Crescent too. Colin tried to follow her lead, but his Lane just led up the garden path.

Within the wooded labyrinths, strange things appear. While a Green Frog may be expected in these parts, a Leopard Wood not. Even more

unexpected, sightings of deer, with reports of a Staghorn protruding from a Palm Lily, and an Elkhorn protruding from a Palm Tree. Long-time locals and botanical enthusiasts say looks can be deceiving, and it's all much the same thing.

And just when you think you're on the right track, the track will behave in mysterious ways. Leslie crosses Granuaille only to turn a corner and continue at cross purposes to itself, passing naming rights to Rankin, who continues in an orderly fashion. At least until Halloween, when Rankin and Co – Bannister, Hanlon, Ferguson and Barby – can be unpredictable. Campbell meanders around like a drunk. Ivory Curly in on itself. And Tristania casts a web of deceit, catching delivery drivers and potential tree changers in its twists and turns while they search in vain for the elusive Sansom. Many a local resident has been asked, "Am I in the Wright Place?"

Meanwhile, in Bangalay Court, Bangalow, residents are on the lay low. And even more so in Burrawan Place and Corlis Crescent, whose whereabouts remain unconfirmed. Conversely, Paddy's Court has emerged from

a long gestation, and Deacon and Ashton Streets are experiencing a resurgence as flood levels recede.

Entry and exit should be relatively simple with so few access points. You can drive down Byron Street, the main street of Bangalow, which briefly becomes Byron Bay Road, and then continue to Byron Bay along Bangalow Road. Or drive up Byron Street, and continue to Lismore along Bangalow Road, which becomes Lismore Road. Ballina Road, however, will not lead to Ballina.

Charlotte longs for the old days when a street was a street, names were sensible like Keith and George, and helpful like Market and Station. She thinks modern names, like Jambos, are ridiculous. And she laments that while there was once room for a Rifle Range, the town is now so packed to the Raftons that any suggestion of Meadows Close by is simply laughable.

Yet change can be a good thing, she thinks. It's about time the male Pioneers made more room for the women! She likes the idea that one must navigate Charlotte and Robinson in order to find Thomas.

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Our region abounds with artists and artisans producing beautiful, high quality work, often at a price that makes their creations the perfect gift. **Digby Hildreth** sourced just a few to get your Christmas crafts-hunt started.



Men's Shed wildlife houses

Made from plywood, painted and waterproofed is a wide range of homes for 10 bird varieties, microbats and several different mammals, including the pygmy possum and squirrel glider. Prices range from \$35 (microbats) to \$50 (rosellas) and topping at \$70 (barn owls).

Men's Shed, 26 Station St, Bangalow, 0413 679 201



Itsy Bitsy Art Space

Kate Stead's portraits express the mysterious dilemmas of the human condition – the conflict of good and evil impulses, the co-existence and interdependence of joy and suffering. Saint Francis is a favourite subject, for his devotion to animals and his sorrow at their exploitation.

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**12 Station St, Bangalow
by appointment. 0447 520 428
ksutstudio@gmail.com**

2020 Dogs and Puppies Calendar

Michelle Dawson gathered together a selection of her dog related artworks for a calendar – a few of her favourite pooches, a couple of strays and some outsiders – a Tasmanian Tiger, an African Hunting Dog and a little grey cat! All images on a cotton rag fine art paper and frameable.

msdawsonau@yahoo.com.au



Hoof Print Pottery

Both wheel-thrown and hand-built, Janet Fraser's latest ceramics are inspired by the Bangalow palm, her resident python, and the Kimberley. The glazes express the colours of the coast and rainforest.

Her stoneware clay is dishwasher friendly. **16 Taylors Rd, Nashua 0409 291 263 jmfraser39@gmail.com**



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Taking up the mantle at the CWA

After four years at the helm, Di Campbell has stepped away from her presidential role and Janene Jelfs from Lennox Head has taken up the mantle as the new President.



CWA President Di Campbell (left) hands over to Janene Jelfs (right).

Di took on the presidency in 2015. She had a vision for a relevant, cohesive, expanding Branch. "Whilst I valued and respected the traditions of the CWA, I felt that we needed new ideas to stay relevant to the community," reflects Di. "I wanted to increase awareness of the current social issues that affected women and children in this area". So the Bangalow CWA set its sights on supporting vulnerable women, especially older women, either homeless or at risk of homelessness. To that end, the Bangalow CWA supports Liberation Larder, the SHIFT program, and One Roof Byron. Di took the issue to the NSW State Conference where it was adopted as policy, directing the formidable State-wide lobbying power of the CWA to work on housing options

for homeless older women. This was the first motion from the Bangalow Branch ever to be adopted by State Executive. The second was a motion insisting that the State Government do something about the sexist slogans on Wicked Campervans.

As the Branch became more visibly focused on social issues, it began to attract new members, both growing and changing the demographics of the membership. "We are the go-to place for women moving into the area who have retired or are about to retire," says Di. "Taking up social issues drew women in – they saw that we weren't just a knitting club, and I was determined that we would welcome all new members".

Janene now steps into the leadership role.

"I'm learning," says Janene, "but my first goal is to continue the good work that Di has done. I feel I have a strong imprimatur from the members to carry that vision forward."

Janene is a retired primary school principal who moved from Sydney to Lennox Head in 2004. During a long period of serious health issues in her family, she joined the Bangalow CWA after reconnecting with an old school friend. "I could only get away for short breaks, so I'd pop in for an hour here and an hour there," recalls Janene. "It was my sanity."

Threaded through everything at Bangalow CWA is a set of unshakable core values: friendship, support, laughter, kindness and generosity.

Woman power at work here. *Jenny Bird*

			6			
5					7	
	3			2		
		7				
					4	
		1			3	

Every row, column and cluster, including the fragmented green cluster, must contain the numbers 1 to 7.

New factory

Local clothing retailer, Queen Mabs, has just opened a factory in the Bangalow Industrial Estate. Owner, Susan



Dasya (pictured), has employed four people to manufacture clothing for other designers and labels in addition to digitising, grading patterns and doing mark-ups for cutting.

Farewell Anna Rolfes

Longtime supporter of this publication, Dr Anna Rolfes of the Institute for Vibrational Medicine, has left Bangalow and moved to Ocean Shores.

Property management changes

Elders Bangalow has purchased the rent roll from Bangalow Real Estate. Not only have they acquired the properties to manage but have also employed former Bangalow Real Estate staff members, Jess Somerville and Kimberly Thurlow, who join Senior Property Manager Christie Windle and Nick Angeli. Elders now manages 250 properties.

Back to the drawing board

After a long break, award winning architect Sharon Fraser (pictured), has gone back to the drawing board.



She is working in her own practice as an architectural designer for renovations, advice, sketch designs and general consultations. Sharon has lived in Bangalow for many years but hasn't practised as an architect for some time.

NSW Government initiative

The State Government has launched the Buy Regional hub to connect city shoppers with small regional and rural businesses. Sydneysiders are being encouraged to visit the web site and browse the six categories: wine, fashion, food, gifts for kids, art and design, and Christmas hampers.

Businesses can provide their details to the Buy Regional hub and create an online presence if they wish to.

New gallery

Photographer Jo Immig is opening a new gallery with her partner, former politician and renowned potter, Richard Jones, at 56 Gittoes Lane, Possum Creek. Blak Cube Gallery will feature Jo's photographs and pottery and Richard's ceramics, along with works from other locals such as Rose McKinley and Zimmi Forest. The gallery will be open in time for Christmas.

Murray Hand

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ENVIRONMENT



Alice Moffett, one of 140 volunteers at the RePlant Byron community planting day in October.
Photo: Mike Frey

RePlant Byron takes root

While not everyone can afford to buy solar panels or an electric vehicle to reduce their carbon emissions, anyone can plant a tree. **Christobel Munson** reports.

At the October launch of RePlant Byron, more than 140 people – from babies to octogenarians – turned up at a private property in Ewingsdale to help plant 2,400 seedlings. Replant Byron is a project of Zero Emissions Byron (ZEB), which aims to plant 1.8 million trees in the Shire by the end of 2025.

"While our focus is on the potential of trees to drawdown carbon from the atmosphere, we're also relying on trees to provide habitat and restore biodiversity," said ZEB Chair Vicki Brooke.

Calculating the carbon in new plantings and adding older plantings by individuals and Landcare groups, RePlant Byron's tree-planting activities will help drawdown 15 to 20 per cent of Byron Shire's annual carbon emissions of 265,000 tonnes.

A number of community groups that share a passion for trees and the environment collaborated with ZEB to bring about the October planting, including Brunswick Valley Landcare and Bangalow Landcare. The Library of Stuff provided re-usable bamboo cups and plates for the morning tea provided

after the event.

Tree planting completed, the group heard from speakers introduced by Vicki Brooke: student activist Mia Thom, tennis champion and local landowner Pat Rafter, and Dr Kevin Glencross from SCU.

"This is a crucial day," Mia said. "Our actions mark the antidote. Taking positive action on climate change flies in the face of a government which refuses to take action. This is the time to make powerful change."

Kevin Glencross was impressed with the number of optimistic young people present, who are prepared to face the challenges of climate change. He pointed to the importance of planting trees in Byron Shire as it is a biodiversity hotspot.

"Community planting days are a wonderful way to gather community together for a common purpose," added Vicki. "As more people become aware of the impacts of climate change, taking positive action such as planting trees is a hopeful and satisfying activity. Tree planting is a gift for future generations."

Illustration: Lyn Hand

Picnic pleasure

I enjoy trying out new recipes, and with my family members ever-increasing dietary choices, I am kept on my toes. Activity starts about six weeks before the season begins with the making of the Christmas cake. It is fed lavishly with rum over the ensuing weeks to keep it from drying out. I keep to tradition most of the time in memory of those no longer with us. Apart from the cake, festive food is open to my interpretation, but each dish must have tasty, fresh ingredients with a little twist.

My favourite part of the cooking frenzy is dessert. Last year's effort nearly broke me. I am afraid my creation was not Instagram worthy and I will have to continue practising the chocolate mirror glaze. Flavour-wise though, it was triumphant.

Picnics break up our routine and get us out in the fresh air. Fresh seafood, simple accompaniments, fat juicy cherries and mangoes. A bottle of good

champagne.

And don't forget the fruit cake.

I have included my favourite recipe for pickled cherries. Great for anything left over. They go well with prawns, ham and cold meats. Add some pickling liquid to a salad dressing to enhance the flavour.

Pickled Cherries

1 ½ cups caster sugar
1 ¼ cups water
¼ cup balsamic vinegar
2 star anise
½ tbsp Sichuan peppercorns
1 tbsp peeled, sliced ginger
500g cherries

Place the sugar, water and vinegar in a large saucepan and heat gently, stirring until sugar has dissolved.

Add the star anise, peppercorns and ginger.

Turn up the heat and simmer uncovered for ten minutes. Remove from heat and leave to cool to room temperature. Wash cherries and wipe dry. Remove the stones and stalks. Place the fruit in hot sterilized jars and pour syrup over to cover. Seal.

I have often used bottled cherries. If they have sugar syrup, pour off and adjust sugar in the pickling liquid.

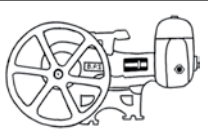
(Recipe courtesy of chef Luke Moran)

Lyn Hand

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Al-Anon (2pm Fri)		1300 252 666
Bangalow Koalas	Linda	0411 491 991
Bridge	Dennis	6687 1574
Chamber of Commerce		admin@bangalow.biz
Community Children's Centre	Kerry	6687 1552
Co-dependents Anonymous	Gye	0421 583 321
CWA (Wed)	Di	6685 4694
Garden Club (1st Wed)	Annie	0417 636 011
George the snake man	George	0407 965 092
Historical Society/Museum/Cafe		6687 2183
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Liz	6687 1309
Lions Club (7pm 2nd/4th Tues)	Chris	0416 005 700
Market (4th Sun)	Jeff	6687 1911
Men's Shed	Brian	0413 679 201
Op Shop (9.30am-2.30pm, Sat 9.30am-12.30pm)		6687 2228
Parklands	Lynn	0429 644 659
Park Trust Committee	Jan	6684 7214
Police	Dave	6687 1404
Pool Trust	Jo	6687 1297
Progress Association	Ian	0414 959 936
Poultry Club	Hector	6687 1322
Quilters (2nd/4th Thur)	Helen	6684 1161
Red Cross (1st Fri)	Liz	6687 1195
Scouts (6.15pm Tues)	Jim	0408 546 522
Show Society	Anne	6687 1033
Sport		
Bowls men (1pm Wed & Sat)	Gerry	6687 1142
Bowls women (9.30am Wed)	Frances	6687 1339
Cricket	Anthony	0429 306 529
Netball (3.30pm Wed)	Ellie	0429 855 399
Rugby Union (Rebels)	Dave	0412 080 614
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Heritage House		6687 2183
Moller Pavilion	Karina	6687 1035
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Local podiatrist Moira Ryan at Little Pedestrian, with partner Leon and their children Vera and Wilbur
Photo: Karla Conroy

Bangalow podiatrist returns home

The Ryan family moved to the area from Victoria in 1995. Moira, the youngest of four children, was educated locally. Her father Greg manages the family's civil construction business and her mother is a registered nurse who is very involved with the care of her 10 young grandchildren.

Moira always felt drawn to the health profession and after considering various options settled on podiatry, the branch of medicine that treats disorders of the feet, ankles and lower extremities. Leon Naumann, her partner, grew up in Central Queensland in Moranbah 200kms west of Mackay. At the

time they met in Brisbane, Leon was a fly-in fly-out mechanic in the mining industry. In 2017, after many years studying and working, they decided to relocate back to Moira's hometown of Bangalow.

For two years, Leon worked at Cape Byron Power and Moira commuted between Bangalow and Brisbane where she was fortunate to have the invaluable experience of working with an eminent paediatric podiatrist. In 2018 their daughter Vera was born and in May this year the young couple realised their dream of opening their own Bangalow podiatry practice located at the rear of Little

Pedestrian, a shop which sells podiatry endorsed children's footwear.

With the addition of baby Wilbur this year, life has been very full. They have managed things smoothly though, as they live in a home on the family property in Sunnycrest Lane and have support with their work commitments. As the only podiatrist in Bangalow, Moira speaks highly of all the other health professionals who have given her much encouragement. Both she and Leon enjoy the interaction with their patients and customers who seek help diagnosing, treating and advising how to keep their feet happy.

Helen Johnston

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There's plenty happening in 2479

Bangalow Garden Club

When Wed 4 December, 11.30am – 2.30pm
Where Che Bon Restaurant, cnr Cherry & Tamar Streets, Ballina
Contact Annie 0417 636 011 or anne.abbink@yahoo.com.au

The Bangalow Garden Club will end another successful year with a lunch at Che Bon in Ballina. The new committee, elected at the recent AGM, looks forward to presenting another year of interesting talks, tips on all things gardening, delicious afternoon teas, visits to beautiful local gardens and a wonderful chance to get together with others with a keen interest in gardens. The first meeting next year will be held on Wednesday 5 February at 1.30pm at the Moller Pavilion, Bangalow Showgrounds.

Newrybar Hall Popup

When Fri 6 December, 5pm
Where Newrybar Hall
Contact info@newrybarhall.com

Showcasing new local distillery The Winding Road Distilling Company, plus food and music.

CWA Giving Tree

When closes Friday 13 Dec
Where CWA, Byron



Light rosé

Photo: TaylorsWineShop

Rosé Tasting Event

When Thurs 5 December, 5-7pm
Where Heritage House, Deacon St Bangalow
Contact RSVP at The Cellar Bangalow 6687 1262

Hosted by local bottle shop The Cellar Bangalow, this popular annual event, now in its third year, offers 40 rosés from eight suppliers. \$20 per person includes wine tastings and canapés in the beautiful gardens of Heritage House.

Street, Bangalow
Contact 6687 0617

The community is invited to donate a Christmas gift for a child under 16 to the CWA Giving

Tree. Gifts should be wrapped and, if relevant, labelled with age and gender. Gifts should be dropped into the CWA rooms in Bangalow by midday Friday 13 December. Gifts will be

distributed by CWA branches to communities affected by drought and fire, including Tenterfield, Nimbin and Evans Head.

Newrybar Hall Pizza Night

When Fri 13 December, 5pm
Where Newrybar Hall
Contact info@newrybarhall.com

Regular pizza night catered by Peppe Pizza from Byron Bay with natural wine available.

Connecting Generations

When Sun 15 December, 10am
Where Bangalow Parklands

The Connecting Generations initiative has had a wonderful response in 2019 and will end the year with a morning tea gathering in Bangalow Parklands. Bring a musical instrument and your morning tea.

Bangalow Progress Association

When Tues 17 December, 7pm
Where Heritage House, Deacon St Bangalow
Contact Ian 0414 959 936

The BPA general meeting will include an update on potential development and infrastructure plans for Bangalow, covering the implementation phase of the Bangalow Village Plan, the new Residential Strategy and NSW initiatives for higher density

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Street performers strut their stuff. Photo: Lyn McCarthy

Christmas Eve Carnival

When Tues 24 December, 5-9pm

Where Main street, Bangalow

Don't miss the traditional Christmas Eve Carnival held in the main street of Bangalow and hosted by the Bangalow Chamber of Commerce. Street performers, live music, food. Be entertained by Mr Bubbles, Space Cowboy and Rhydian. A joyful place to spend Christmas Eve with family, friends and community.

development. All BPA members and Bangalow residents welcome.

Table Tennis

When every Sunday, 3pm

Where Bangalow Bowlo
Contact Margot 0412 394 932

No charge, we only ask folk to join the Bowlo and buy a drink after playing.

December/January diary

4 Bangalow Garden Club

5 Rosé Tasting

6 Newrybar Hall Pop-up

7 Designers Market Bangalow

13 CWA Giving Tree

13 Newrybar Hall Pizza Night

15 Connecting Generations morning tea

17 Bangalow Progress Association GM

22 Bangalow Market

24 Christmas Eve Carnival

24 Christmas Services at Anglican Church at Eureka & Bangalow

25 Christmas Day Service at All Souls' Bangalow

Deadlines for February 2020 issue:

What's On Friday 10 January

Advertising Monday 13 January

Copy Monday 13 January



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LJ Hooker

Holidays and hospitality



Painting: Luncheon of the Boating Party by Pierre-Auguste Renoir (1881)

Christmas and summer holidays bring out the best and worst in people. It does in my family at least. To that end, rather than focus on a particular restaurant or cafe this month, I want to write about hospitality in a more philosophical sense.

Hospitality is defined as host/guest relations. It's a cultural practice that occurs in the private, social and commercial domains. All societies and cultures throughout time have practised hospitality in particular ways. It's central to what makes us human.

In the private domain, anyone with children will understand what it means to be a host to ever-needy guests. Young children in particular, like we were once, rely on parents and caregivers to provision them with sufficient hospitality to survive.

In the social domain, at things like sporting events, birthday parties, community picnics - a get-together at the beach BBQ's - the roles of host and guest tend to intersect and be shared.

In the commercial domain, where I spent 20 years working as a chef, guests are paying customers and hosts are salaried professionals. At least some of the time. Regardless though, many of us have collapsed the idea of hospitality with industry to the detriment of our pleasure. Hospitality is a much broader concern than how it describes

the functionary aspects of a service industry.

The things that hosts provide their guests with, regardless of where it occurs, include food, drink, shelter, sanctuary, beds, bathrooms and a welcome. In that way, hospitality addresses both pleasure and the needs of the human body, where functional things like the comfort of one's chair and the sturdiness of a table are as important as the quality of the wine.

One of most interesting things I learned while working as a chef, particularly in hotels where people stay awhile and you sometimes get to know them, is that it's impossible for many guests to separate their experiences of private, social and commercial hospitality. Which is to say, each domain overlaps in how our childhood experiences of hospitality and pleasure, and perhaps most critically our lack of them, informs how we function as guests at social gatherings and how we treat the waitress or chef at our local squat and gobble.

Just as there are miserly hosts who resent the requirement of generosity that any act of hospitality requires, so too there are dreadful guests who come at every experience as if the primary function of being entertained and waited on is to judge the adequacy of the performance.

And we shouldn't doubt that hospitality is a performance. We take on the role of host

or guest throughout the day and throughout our lives. How we perform those roles speaks directly to our character - to who we are and how the world sees us. Which is not to say such roles are ever uncomplicated or effortless. What's irrefutable though, is that hospitality is a cultural performance that reveals something intrinsic about who we are. Just as members of Bangalow's CWA provision hospitality at local events (to the great enjoyment of all!), so too do similar groups in Bali, Russia and Afghanistan. Such hospitable moments are always rich with tradition and reveal something about us to other societies and cultures.

Hospitality and the ways in which it addresses the needs of the human body provides us with a way to think about how we are all similar at the level of nature, and endlessly different and fascinating at the level of culture.

To be a good host one must be generous and provide a warm welcome. To be a good guest one must take pleasure and give thanks for the particularities of their host's performance. That's how hospitality works. Hosts provision and guests receive. We are always and forever both host and guest throughout our lives. How we perform those roles on any given day isn't the exception of who we are, but rather, reveal to those around us, the history of who I am.

Jim Hearn



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