

HERALD

The Bangalow

FREE November 2019

Any pal of yours is a palomino



Former Iron Man winner and one of this year's judges, Steve Jarrett, with trusty steed Blondie. Photo: Murray Hand

Who will wear the Iron Man crown?

Roll up, roll up, to the Bangalow Show. Our favourite community event is on again Friday 15 and Saturday 16 November. Frieda Herrmann reports.

The strength of the Bangalow community is palpable during its annual events, which are always attended en masse: the Billycart Derby, the Christmas Eve Carnival, and the Bangalow Show are events the community

calls its own. The Show draws all sectors of the community together to showcase the region's agricultural roots. It's a day that is eagerly awaited by kids and a nostalgic time for older generations who were raised

here and can recall much of the show's 122-year history. The Bangalow Show is made up of many things: an army of volunteers contributing to make it happen; kids (continued page 4)

From the editor

Apparently, it's November, which means Christmas arrives next month. It's not that I hadn't noticed supermarkets selling tinsel or the weather getting warmer, but it seems to have come around with cheeky speed this year.

Maybe it's just me.

November also means the Bangalow Show, which I trust everyone is going to at some point. Frankly, there's a lot I like about the show. I like the baking and sideshow alley, the cattle drafting and the food and craft displays. I think it's a terrific way for rural people to show off their skills and get together with friends. For many people who work the land, time off isn't measured with a Bundy clock. It's about getting off the property and trusting the windmill will keep turning and the fences will stay up while they're gone.

At larger agricultural shows, sideshow alley is also an important part of the event. You might not have noticed, but farmers don't run the Zipper or the Ghost Train. The 'Showies' do, and the carnival atmosphere they generate is a vital part of the mix of what makes any show special.

This month Frieda Herrmann covers the impending Iron Man event at Bangalow Show, and Murray Hand reports on the Christmas Eve Carnival, which the Chamber of Commerce is asking the community to help fund this year. It has grown into a major event that attracts many visitors and locals. Did you know it's been going since the 1930s?

Readers may have noticed our regular music reviewer Sebastian Fardell has been absent from these pages and also from Solways. The word on the street is he'll be back in a couple of months. In the meantime, Digby Hildreth reviews Nick Cave and Bad Seeds' new record *Ghosteen*, which is a cracking album and an excellent review. Rebecca Sargeant reports on an exciting upcoming event at Eureka Hall, and Carole Gamble encourages readers to discover the Coolamon tree, which is native to the region.

It might not feel like it, but spring has another month to run. Keep your cool while you're out and about and I'll see you at the Show, which contrary to our reporting last month, is actually on Friday 15 and Saturday 16 November.

Jim Hearn

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SPOTLIGHT

Bangalow Quilters

The Bangalow Quilters belong to a tradition of patchworking and quilting that stretches back to the pharaohs in Egypt and includes the magnificent cloaks and rugs that Indigenous Australians have patchworked for millennia from kangaroo pelts and possum skins. More recently, on the long sea journey from Britain, convict women were made to quilt, transporting the styles and techniques of the British Isles to Sydney Cove. Heritage quilts are important historical artefacts held in major galleries around the world.

As part of a resurgence in quilt making during Australia's bicentenary, Bangalow Quilters was established in 1988. It boasts 25 members from Bangalow, Pottsville, Lennox Head and Mullumbimby. Affiliated with The Quilters' Guild of NSW, they collaborate with other quilters in the

region including Ocean Shores and Brunswick Heads Quilters.

Quilting is a labour of love, and each year half of what Bangalow Quilters produce goes to charities. Over the years about 100 quilts have been donated to Feros Village Bangalow alone. This year 27 quilts went to Feros and to Quilts 4 Kids for children with serious illnesses at Lismore Base Hospital. Members also joined 170 quilters in the Guild's Northern Zone combining to donate 47



Sue Farquhar's Reloved quilt.

Photo: Morag Wilson

quilts to a hospital ship visiting the remote Pacific. In previous years quilts have been donated to the Byron Central Hospital Cancer Care and Haematology Unit and the mental health unit. Every year they make a group quilt that is entered in the Bangalow and Mullumbimby Shows and then donated. They also hold an annual Biggest Morning Tea, this year raising over \$1000 for Cancer Council Australia. This year members were challenged to make an item from repurposed, recycled and reloved materials. Old jeans, chenille quilts and an old skirt transformed into picnic rugs, bags, hot water bottle covers, table runners and small quilts. The roots of this tradition go back to the Great Depression when quilts known as Waggas were made from flour sacks, men's suiting, sugar bags, blankets, hessian sacs and unrepairable clothes. Quilters are old hands at recycling.

The Bangalow Quilters meet on the second and fourth Thursday of the month, 9.30am-12.30pm at the All Souls' Anglican Church Hall in Ashton Street Bangalow. Contact Karen on 0413 621 224.

Olive Mallory and Jenny Bird

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Who will wear the Iron Man crown?

(from page 1) counting their ribbons in the pavilion; steep competition to be named Tart of the Show (vale Bruce McDonough, the eternal winner); gentler competition in the still-emerging category of Best Beefsteak Tomato (only two tomatoes entered last year: rosettes to all); and the incredible display at the grand parade of cows, brushed and glistening, adorned with their sashes while circumnavigating the arena – an event culminating in the presentation of the Young Woman of the Year Award.

Then there's the auction of prize-winning fruit cakes which are bid for with eager determination, the camaraderie at the dog high jump, and the final rush of the crowd to get a seat in the grandstands to discover which team will win this year's Iron Man event.

The Iron Man competition is made up of teams of three people that must include one woman and a person over 40. The competition unfolds to showcase a fast-tracked, high-stakes day at the farm.

The event begins with each team building a fire using only a chunk of hardwood, one chopping block, a single sheet of newspaper and a box of matches. They must wait by the fire until a three-quarter-filled billy boils.

Frieda Herrmann



After a mug of tea, the real work commences, whereby contestants dig a three-foot-deep hole and erect a hardwood fence post. When it's upright and sturdy, one contestant undergoes an obstacle course on horseback, which includes the legendary fire jump.

Then it's lunch time, which sees the female contestant eat a cold meat pie and drink a warm can of beer – arguably the most difficult task of the competition.





The meal enjoyed, the youngest member of each team must now ride bareback halfway around the arena while carrying a bale of hay under one arm.

The day's work is almost done and tensions are running high, so the competition slows to enable contestants to 'head to the pub' and drink a warm can of beer – good times for all. Finally, it's back to the homestead where the fence post is chopped down and the contest comes to a close.



Twelve months of glory awaits the winners.
Frieda Herrmann



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Council matters

Have your say on E Zones

Approximately 600 properties are included in a second stage planning proposal to apply landowner-agreed E Zones and other LEP 2014 zones. To read the proposal or look at an interactive map that identifies the 600 properties go to byron.nsw.gov.au/ezones2. Submissions close Friday 6 December 2019.

Australia Day nominations

Start thinking now about deserving nominees for the Byron Shire Australia Day Awards 2020. Categories are:

- Citizen, Young Citizen and Senior Citizen of the Year
- Sports Person of the Year
- Volunteer of the Year
- Creative Artist of the Year
- Environmental Project of the Year
- Community Event of the Year

Nominations close 4pm Friday 14 December 2019. Nomination forms either from front counter at Council or from byron.nsw.gov.au/australia-day. For enquiries contact Clare Tremenheere on 02 6626 7000.

Regional climate change news

Byron Shire Council recently hosted a NSW Government information session called *NSW Adapt*. Two climate change experts, Dr Stephen Bygrave and Malcolm Robertson, from the NSW Department of Planning, Industry and Environment explained the NSW Climate Resilience and Net Zero Emissions programs, and the recently released *North Coast Enabling Regional Adaptation Report*. Their *North Coast Climate Change Snapshot* reports the following projected climate changes for the north coast:

- an overall increase in temperature of 1 degree Celsius by 2030 and 2 degrees by 2050; an increase in the intensity, frequency and duration of heatwaves;
- an increase in fire weather in spring, summer and winter with a decrease in autumn due to expected increases in rainfall in that season; and
- more intense east coast lows during summer.

The NSW Government has also assessed the North Coast's vulnerability to climate change and found that the two greatest risks in this region are an increase in the demand for health and human services related to climate events and increases in the damage to houses caused by climate events like flooding, hail and fire. For more information visit the *AdaptNSW* website at climatechange.environment.nsw.gov.au/ Jenny Bird

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Follow the links, the club with no course. Photo: Judy Baker

It's not easy with no green

The Bangalow Social Golf Club has been in existence since 1978, has no members living in Bangalow, and no local playing field to divot.

Despite these impediments, the club boasts 36 members who meet monthly for a round of golf at a course in the Northern Rivers.

The club was formed after a public meeting was called in 1977 to develop sports fields in the then cow paddock between the Bangalow Bowling Club and Byron Creek. Local police sergeant, Brian Shultz, and National Bank manager, Ken McColl, formed a social golf club with the purpose of raising funds to develop the fields. Brian was subsequently honoured with the naming of the field, Shultz Oval.

The golfers usually played on a Sunday at Byron Bay. Brian says a few holes were put in the playing fields at Bangalow too, and, "we had a bit of fun hitting around the oval, but that only lasted a few years."

The current captain, Rob McMillan, who has been in the role for about 20 years, says: "In the early days we encouraged people to come together as a family group with golf as a common interest. The kids were encouraged to have a go and subsequently became members. No one needed to be a good golfer, or indeed a golfer at all, to enjoy the social aspect. Once upon a time the members were Bangalow locals but with retirement most moved away but remained members. Now no members actually live in Bangalow, but we still meet monthly on a course not too far away."

Each year there is a week away of golf and socialising. In recent years the club members have travelled to Fiji, New Caledonia and Norfolk Island. This year on October 15 members travel to Vanuatu.

Rob says membership of the club is dwindling though, "as no younger players are joining. We have several members whose partners have passed away but still like to travel with us to have fun in a familiar environment."

So, if you're a keen golfer that chances on the mysterious group of out-of-towners stalking the streets with their clubs, maybe have a chat about joining and ensure your passport is handy. *Murray Hand*



Koala Sightings

Bangalow Koalas are mapping sightings of our koala population in the Byron Shire and would love your help.

If you see (or hear) one please can you make a note of it and send any information to Linda at Bangalow Koalas, this will also help us know how the little fellas are doing. The information we would like to know is:

- **Where and when** – Seen or heard (if heard then general location is fine). Date and time.
- **General observations** – Was it healthy or sick looking? Was it tagged (left ear for male, right ear for female)? Was it a male or female (if known) **if female does she have pouch or back/tummy young, or is joey present nearby?**

Please send your information and any photos to:

Linda Sparrow at
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If you see a sick, injured or dead koala please call the 24 hour Koala Rescue Line on **6622 1233**.





Feros Care client Joyce Bassett using their innovative technology. Photo courtesy Feros Care

Call out for RSL WWII District Honour Roll

Bangalow RSL has commenced a 12-month project to create a record of locals who were lost or taken prisoners of war during World War II. The project follows the recent unveiling of a bronze bust and a memorial roll naming all local servicemen who died in World War I. The RSL needs to collect, photograph and record all rolls, plaques, inscriptions, memorials and newspaper cuttings of servicepeople who died or were POWs during WWII. The records will be added to the National Archives and Australian War Memorial registers and a District Honour Roll will be created. The RSL is calling on the collective knowledge and memories of the community and asking for any records that will identify the contributions made by local men and women to the Second World War.

Contact Col Draper on 0408 440 243 or belongilswamp@gmail.com or talk to any member of the Bangalow RSL or the Bangalow Historical Society.



WWII Returned Serviceman and POW Harry Fowler. Photo courtesy Bangalow RSL

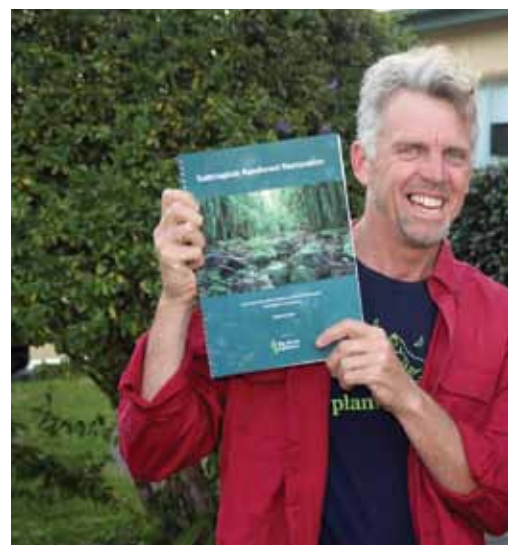
Feros Care award

Northern Rivers aged-care provider Feros Care recently received the international Excellence in Ageing Services Award at the Global Ageing Network (GAN) Awards in Canada. The Award recognises two technology innovations developed by Feros Care. Over 24 months three staff created MyFeros Portal - a system that allows seniors to self-manage their services, view schedules, change carers and budgets, and send and receive messages - all via a personalised portal on a computer, smart device or television. People with dexterity or sight impairments can use voice-command technology Google Assistant.

The Award also recognises Feros' Virtual Senior Centre - a first-of-its-kind platform ensuring those at risk of social isolation can join others via video-link and enjoy facilitated sessions such as Tai Chi, book club and poetry reading. The Virtual Senior Centre was awarded a \$1 million Federal Government grant and its success has prompted Feros Care to self-fund the expansion to continue to tackle loneliness for senior Australians and broaden its scope to include other vulnerable cohorts such as carers and younger people with disability. For more information visit feroscare.com.au

Newrybar Produce Market

The Newrybar Hall now hosts a produce market every Wednesday from 4 to 7pm. The produce is all locally grown and made and includes meat, fruit, vegetables, eggs, pasta, cakes, bread and more. Shoppers can grab a dinner, sit in the gardens and listen to some great local musicians. Each week sees different chefs and a changing menu that uses local growers' produce.



Mark Dunphy and Georgie Jones (Big Scrub)

Big Scrub publishes Rainforest Restoration Manual

Big Scrub Landcare has published a third edition of its highly regarded *Subtropical Rainforest Restoration - A practical manual and data source for Landcare groups, land managers and rainforest regenerators*. First published in 1998 with a second edition in 2005, the popular manual has sold over 4000 copies to date. "The third edition identifies and incorporates the latest science on all the current best practice techniques for rainforest restoration, remnant rehabilitation, rainforest regeneration planning, rainforest restoration planting and rainforest weed control. It contains important data relevant to planting for 289 trees and shrubs that occur in lowland subtropical rainforest," says Dr Tony Parkes, President of Big



Newrybar Produce Market



Landcare) at the launch of the manual.



Which book characters can you see? Photo: Jenny Bird

Scrub Landcare. The manual is \$25. Visit bigscrubrainforest.org or email info@bigscrubrainforest.org for information.

Tick season

Watch out for ticks at this time of year. The most common tick on the east coast of Australia is the paralysis tick (*Ixodes holocyclus*), commonly known as either grass tick, seed tick or bush tick. Some suggest that light coloured clothing attracts ticks, so wear dark protective clothing when outdoors. Shower within two hours of coming indoors and check between joints, behind ears and areas of the body covered by hair. If you do get a tick, the Australian Society of Clinical Immunology and Allergy recommends that the tick is killed as soon as possible

with freezing products like Wart-Off Freeze or Elastoplast Cold Spray. Once administered, leave the tick and the site alone. The tick should drop off within 24 hours. Ticks can cause life threatening illnesses – paralysis, tick typhus, severe allergic reactions, possibly Lyme disease and a bacterial infection called Ehrlichiosis. Any of the following symptoms require medical attention: fever, flu-like symptoms, swollen glands, raised red rash or small ulcers near the site.

Murals around town

Pupils at Bangalow Public School returned from their September holidays to find the wall outside the school library brought to life by a new mural. Painted by Samantha Wortelhook in collaboration with students,

the mural references classic and popular children's books (such as Harry Potter, *Possum Magic* and of course *Captain Underpants*). It is the 250th mural Samantha has been commissioned to paint in schools around Australia. Samantha has also recently repaired the mural on the Bangalow Parklands amenities block where the building had deteriorated. Painted four years ago, this mural depicts Bangalow from the time of the Big Scrub through to today. Samantha is also responsible for the mural on the east-facing wall of the Bangalow Newsagency that presents a birds-eye view of the town.

Dawn Lotty, Col Draper, Christobel Munson, Jenny Bird

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Nice Cave and the Bad Seeds - *Ghosteen*

Nick Cave leans into grief and uncovers wonder, love and transcendence, reports **Digby Hildreth**.

The double album *Ghosteen* is a profound and poetic spiritual odyssey, an unhurried exploration of loss and grieving, falling apart and rising up, following the death of his 15-year-old son, Arthur.

Cave is our guide, not always sure of the way himself, leading us into surreal landscapes, filled with the mythical – horses with manes of fire, galleon fleets circling the sun, ghost riders in the sky, searching for "the other side"; fairy-tale gardens also host something terrible – a grieving man hanging between two thieves.

He has abandoned the linear narrative of yore, and the gothic mini-drama, the rude and raucous roistering. Here there are scraps of stories, memories, dreams, sketched ideas to provide links in the overall symphonic design.

The metaphysical sits effortlessly alongside the everyday, each alternately offering solace to the other. Throughout flits the *Ghosteen* – a migrating spirit – friendly, comforting, but not always visible: "I am beside you," it says repeatedly in 'Ghosteen Speaks'. "Look for me."

The idea recurs: the world is beautiful –



wonder-full – if we look beyond the material, with imagination and love; people die (everyone grieves), but the dead are still with us, beside us, within us. Our time will come, a time of peace.

Cave's singing ranges from the strong and clear – reassured, and reassuring – to the crepuscular. There is falsetto pleading, tender reminiscence; songs end in angelic choral harmonies, or are accompanied by the wailing of wraiths "crying to be free". It's rich and strange. At times very beautiful, always astonishingly original.

On 'Fireflies', a comparative fragment between the protracted 'Ghosteen' and 'Hollywood' on Side Two, he recites a poem of Blakean scope and beauty. There is no

order here, nothing can be predicted or planned. There's a nod to Lear: "We are but fireflies in a small boy's hand," though this is not a work of nihilism, and never morbid.

Several songs are carried by Cave's affecting piano work, but underpinning the whole phantasmagoria and giving it emotional resonance are slow-moving layers of analogue synthesiser chords courtesy of impish sonic wunderkind Warren Ellis; ambient doodlings become orchestral crescendo. The effect is one of being in space, or church ... with organs swelling to hearten the faithful, or to rend the heart.

The Bad Seeds are barely in evidence:

drums appear once, very late. Guitars are undetectable. A heartbeat bass-line takes the album out. This is not music to dance to, though the tunes set up home in the listener's head.

Ghosteen is a natural follow-on from the two songs at the end of Cave's preceding album, *Skeleton Tree*, which brought some sunlight into that bleak, brilliant, bleeding-out. The

final chorus – "and it's all right now" – set the tone for something more hopeful to come.

That light shines on in *Ghosteen*, bringing colour into death's black and white palette. The songs here are tender: they embrace – sometimes filling, sometimes transcending – the void.

The musical evolution that began with *Push the Sky Away* has been given a mystical direction by the loss of his son.

Life, and a commitment to his art have seen Cave change and grow, transform himself. His art, given the time and space it deserves, is transformative too.



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Eureka Hall committee members Marin Simpson and Kim Goodrick. Photo: Balvin Productions

Festival of Small Halls at Eureka

After a sell-out show in February, the Festival of Small Halls returns to Eureka in a celebration of music, food and community. **Rebecca Sargeant** reports

The Eureka Hall sits on a hill at the end of Eureka Road absorbing countless farmland sunsets. The old wooden hall is imbued with a warmth stoked by generations of rural hospitality.

When the Eureka Hall Committee teamed up with the Festival of Small Halls earlier this year, a special kind of magic happened. The inaugural event in February was hailed as one of the most memorable nights the Hall has ever hosted.

Local musician Don Linney has been involved with the Hall for 30 years and says of the event, "the capacity crowd, the excellent live music, food, and the wonderful setting all added up to one of the best nights I can

remember here."

The Festival of Small Halls is a collaboration between Woodfordia Inc., and the local communities where the events are held. It's a touring structure designed to bring great music to regional areas and foster an authentic connection between the musicians and local audiences.

The Festival goes on tour with the best folk and acoustic artists performing at two of the country's biggest music festivals. Woodfordia notes that artists are "chosen for the tour not only because of their beautiful songs and tunes, but because they have the ability to

really connect with the people they play for".

Fresh from performing at the Mullumbimby Music Festival, the upcoming event features award-winning British singer, songwriter and guitarist Blair Dunlop, and the unique combination of folk, roots, and gospel blues that is Australian duo, Hat Fitz and Cara. Testament to his local popularity, Hat Fitz has had a record 18 straight appearances at the Byron Bay Bluesfest. Cara once toured with Jamiroquai.

"We are really excited to host another Festival of Small Halls event," says Eureka Hall Committee member, Marin Simpson. "Joining the touring acts will be local support act, the Velour Girls, a four-piece a Capella group from Grafton. There will be food and a bar set-up outside, and inside the Hall the Festival's beautiful aesthetic and intimate lighting will complement the fabulous music.

"As a committee, we work to make the Hall accessible to the local community, while meeting the ongoing expenses. This family-friendly event is really a celebration of a fabulous community asset and the surrounding community," she adds.

Given the success of the February tour, and the calibre of musicians involved, the upcoming event is expected to sell-out, so get your tickets early to avoid disappointment.

Festival of Small Halls at Eureka, Saturday 23 November, featuring Blair Dunlop and Hat Fitz and Cara. Tickets (\$25/\$20, Youth \$10).

Available at www.festivalofsmallhalls.com



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Lyn McCarthy - Niche Pictures



Funding crisis for the Bangalow Christmas Eve

The Bangalow Chamber of Commerce is gearing up for this year's traditional Christmas Eve Carnival in a slight problem... money. **Murray Hand** gets the lowdown.

Every Christmas Eve for many years, thousands have flocked to Bangalow to enjoy a riotous entree to Christmas. However, as Chamber of Commerce President Jo Millar told the Herald this year, money is particularly tight. "We fund the carnival from the generosity of local businesses who donate cash, time and other resource such as hay, but the cost of holding the event is becoming more than those generous businesses contribute. The Bangalow Hotel and The Cellars are the main donors, each giving very generous amounts together with many other businesses, but the Chamber needs about \$15,000 to run it."

The Bangalow Christmas Eve Carnival is the only event of its kind in the district. It draws people from beyond the Byron Shire to share an evening of family fun where the kids can laugh themselves silly on a variety

of carnival rides and be spellbound by street performers and devour delicious food. It's also an opportunity for many locals to catch-up with old friends they haven't seen for ages.

The history of the carnival dates back to the 1930s. According to Jo Millar, on Christmas Eves back then, three trucks would drive around the district picking up families and bringing them into Bangalow. "Mum would go Christmas shopping while dad went to the pub for a beer and catch-up with the other blokes. The children were entertained with games such as egg and spoon races in Station Street. The businesses organised it as a community service which became an important event on the calendar for locals to enjoy every year. So, the carnival has a long history which has been associated with the businesses in town. When the Chamber



Lyn McCarthy - Niche Pictures



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e Carnival

the main street, but there's a

of Commerce was incorporated, it took responsibility for the running of the carnival, which has grown enormously."

After the Pacific Highway was moved outside the town, the main street could be blocked off enabling the event to be expanded into the huge carnival it is today. However, just closing the street costs \$2,000 for permits and personnel. In addition, the performers have to be paid and the Chamber has to fund the lighting, sound and insurance.

The Chamber is busy planning the event and is determined that it will go ahead but is asking for community support. Without more help next year's carnival cannot be guaranteed.

Anyone wishing to make a donation can do so to the Bangalow Chamber of Commerce, Summerland Credit Union: BSB 728 728 Account no. 22246960.



Lyn McCarthy - Niche Pictures



Come try Tai Chi!

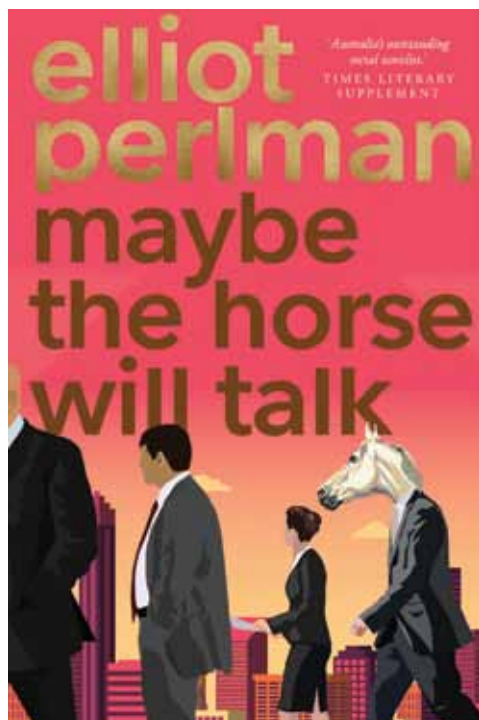
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Maybe the Horse Will Talk by Elliot Pearlman

When I started reading the latest Elliot Perlman novel I wasn't expecting to laugh so much. Those who read *The Street Sweeper* will remember it as a compelling novel that covered some weighty issues. *Maybe the Horse will Talk*, on the other hand, is a modern-day satirical yarn about 21st century social issues.

The narrator of this book is Stephen Maserov, a recently separated father of two young boys, who is working his butt off in a job which he hates for a boss he detests.

Maserov is asked to attend a meeting with the reviled Mike Hamilton, head partner of the legal firm he works for, and Malcolm Torrent (CEO of the firm's biggest client; construction industry giant Torrent Industries). On arrival he learns that his reason for being there is merely to fulfil the firm's policy to have second-year graduates attend client meetings. He's required to sit on a chair and say nothing. Torrent is there to discuss a spate of sexual harassment cases; allegations that Torrent Industry executives are sexually harassing secretaries and support staff.

Torrent leaves the meeting dissatisfied with Hamilton's dismissive manner and is intrigued when Maserov approaches him after the meeting and offers to make the cases go away if Torrent will guarantee him 12 months in which to do so.

Eleanor, the estranged wife of Maserov who he hopes to reconcile with, is gob-smacked. She replies by saying: "You want life to go on for these executives as though nothing had ever happened. It takes guts for a woman to bring an action like this.... sexual harassment needs to be taken seriously. It's not a chip to be bargained with for your career advancement."

Perlman has created some wonderful, eclectic and eccentric characters to tell a terrific story. The voice he chose for Maserov perfectly depicts the tired, overworked lawyer, fearful of losing his job and longing to be reunited with his family.

It's a highly entertaining story about contemporary problems and moral conundrums which Perlman, I learnt recently, started writing long before the #MeToo movement began. *Carolyn Adams*



Business News



"The oldest menswear retailer in Australia" has opened an outlet in Bangalow next to Sparrow Coffee. Flanagan's Menswear started trading in Tenterfield in the early 1900s. Owners of the Bangalow store, Stephen and Julie George, have moved here with their family to "bring menswear to the coast."

The shop stocks high quality brands of menswear plus some funky furniture and whips handmade in Tenterfield.



A new architecture practice has commenced in Possum Creek. Our FabHaus designs sustainable homes for environmental efficiency at a lower cost than traditional building.



Partners John Tallis and Julia Thomas, left, have set up the business. They offer several designs of modular construction that are PassivHaus certified - their response to climate change. See www.ourfabhaus.com

At the recent National Travel Industry Awards night, the Travel Managers Australia group won the award for Best Mobile Travel Advisor. Local travel agent Kathryn Watson is a member of Travel Managers and is thrilled that they received recognition for their professionalism.

Late night shopping is planned for our village on Thursday November 14. Shops will remain open until 9pm. If successful it may become a regular event. *Murray Hand*

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GARDENING



Look closely to find the bright pink flowers of the Coolamon tree.

Photo: Carole Gamble

The bold and beautiful Coolamon tree

The Coolamon tree, or *Syzygium moorei*, will be flowering from November, although you may have to look closely to find the fantastic bright pink flowers on these large trees. Commonly known in this region as Coolamon, or sometimes Durobby, readers may not know they are indigenous to a very small region from north of the Richmond River to Mudgeeraba in SE Queensland where they are mostly found along rivers.

There is a reserve protecting the species along the Currumbin Creek, and also many fine old specimens around the 2479 postcode. You may have noticed them along Coolamon Scenic Drive where they were planted about 20 to 30 years ago.

As juveniles, Coolamon trees are densely pyramidal. As they age, they open out and become rangy, which reveals their bright flowers growing on the branches and trunk of the tree.

These wonderful rainforest trees grow to about 12 metres in cultivation and are about six metres wide at maturity, although in their natural environment they are much larger. They should be considered for large gardens as they are quite rare and have a conservation status which prevents their removal and encourages further planting.

Part of the *Myrtaceae* family, which includes most Lilly Pillies, they are hardy and pest free, provide shelter and nectar for birds and bees and the fruit is a great food source. It is edible and rich in Vitamin C, but not particularly flavoursome.

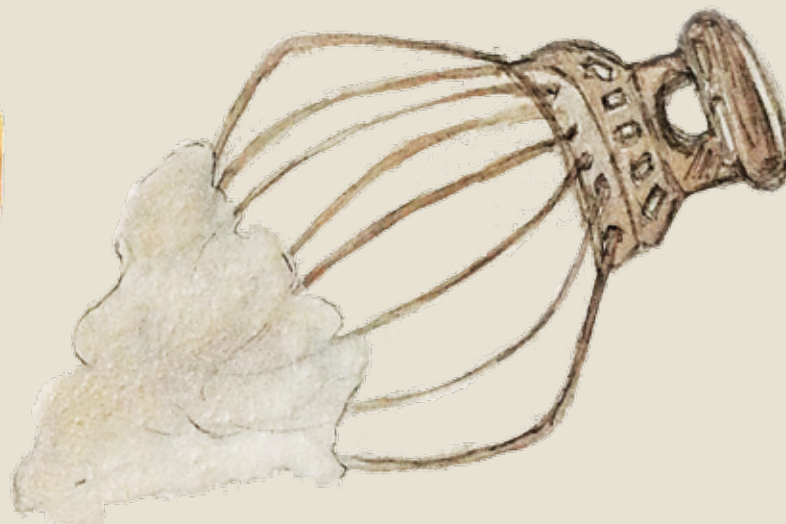
It is quite difficult to propagate from seeds which must be scarified. I have never managed to grow it from cuttings although I have tried every which way over the years.

Syzygium moorei was named for Charles Moore, an early NSW Government Botanist who collected the first specimen. Moore arrived in Sydney in 1848 and visited the region in 1861 as the director of the Royal Botanic Gardens in Sydney. He compiled information on timbers in the Northern Rivers Region which was included in several publications that told the world about the rich biodiversity of the region. Revered by his peers for his painstaking identification and description of native flora, Baron Sir Ferdinand Mueller, the Victorian Government Head Botanist, named 19 species after Moore including this one.

Avid gardeners with large parcels of land can purchase potted Coolamon trees at native plant nurseries in the region.

Carole Gamble

Illustration: Lyn Hand



Everything's peachy

As we hurtle toward the warmer months and the end of year, much cooking, growing and crafting is going on behind the scenes in preparation for the 2019 Bangalow Show. There are prizes, rosettes and sashes to be won.

A much-contested accolade is the coveted Tart of the Show. And let's face it, who doesn't want such a moniker bestowed on them?

The theme of the award changes each year, and this year it's the stone fruit growers turn with the competition requiring a pavlova that includes either peaches or nectarines. With its crisp

shell, soft marshmallow centre and generous crown of cream emboldened with summer fruit, it's easy to see why more than one country lays claim to this classic dessert.

Tart of the Show requires that regionally grown peaches and nectarines are used. Be creative! You can't go too wrong with pavlova, peaches and cream. Thanks Dame Nellie.

Rather than include a recipe this month, of which many people have a trusted favourite, tips are provided to ensure an excellent result no matter the recipe.

Tips to ensure the perfect pavlova

Don't use fresh eggs - five-day-old eggs will fluff up better.

Ensure eggs are at room temperature before beating.

Ensure bowl and whisk are clean and dry.

Preheat oven to a high temperature (210°C) and then turn down. Baking at very low temperature (110°C) for longer keeps your pavlova nice and white.

Don't pile your pavlova too high - no more than 5cm.

May the best pavlova win. *Lyn Hand*

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Janice Maple

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CS Lewis

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janicemaple@areality.com.au



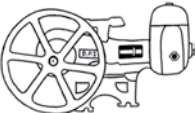
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AA (5.30pm Tues)	Richard	0466 885 820
ADFAS	John	0438 778 055
Al-Anon (2pm Fri)		1300 252 666
Bangalow Koalas	Linda	0411 491 991
Bridge	Dennis	6687 1574
Chamber of Commerce		admin@bangalow.biz
Community Children's Centre	Kerry	6687 1552
Co-dependents Anonymous	Gye	0421 583 321
CWA (Wed)	Di	6685 4694
Garden Club (1st Wed)	Annie	0417 636 011
George the snake man	George	0407 965 092
Historical Society/Museum/Cafe		6687 2183
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Liz	6687 1309
Lions Club (7pm 2nd/4th Tues)	Chris	0416 005 700
Market (4th Sun)	Jeff	6687 1911
Men's Shed	Brian	0413 679 201
Op Shop (9.30am-2.30pm, Sat 9.30am-12.30pm)		6687 2228
Parklands	Lynn	0429 644 659
Park Trust Committee	Jan	6684 7214
Police	Dave	6687 1404
Pool Trust	Jo	6687 1297
Progress Association	Ian	0414 959 936
Poultry Club	Hector	6687 1322
Quilters (2nd/4th Thur)	Helen	6684 1161
Red Cross (1st Fri)	Liz	6687 1195
Scouts (6.15pm Tues)	Jim	0408 546 522
Show Society	Anne	6687 1033

Sport

Bowls men (1pm Wed & Sat)	Gerry	6687 1142
Bowls women (9.30am Wed)	Frances	6687 1339
Cricket	Anthony	0429 306 529
Netball (3.30pm Wed)	Ellie	0429 855 399
Rugby Union (Rebels)	Dave	0412 080 614
Soccer (Bluedogs)		0434 559 700
Tennis court hire	Bernie	0433 970 800

Venues

A&I Hall	Brian	0427 157 565
All Souls' Anglican Hall	Matthew	0488 561 539
Bowling Club	Chris	6687 2741
Coorabell Hall	Ouida	6687 1307
Heritage House		6687 2183
Moller Pavilion	Karina	6687 1035
Newrybar Hall	Katrina	0410 975 572
RSL Hall	Charlotte	6687 2828
Scout Hall	Karen	0400 591 719
St Kevin's Catholic Hall	Russell	0423 089 684



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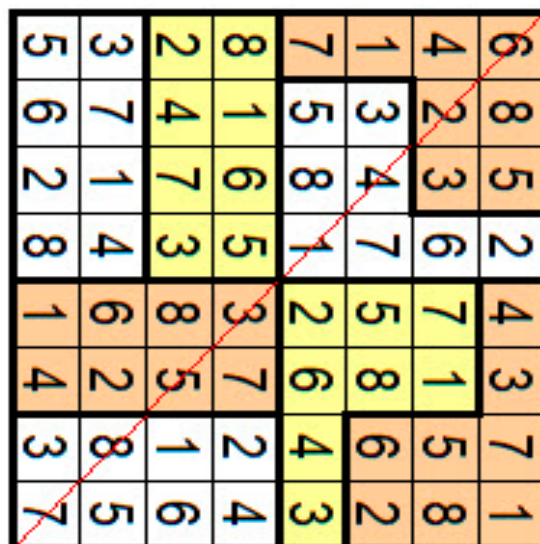
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Tues Core Sliders Flow 6.30 - 7.30am |
Yoyalates 9.30 - 11am & 6 - 7.15pm
Wed Barre 9.15 - 10.15am | Yin 6 - 7.15pm
Thurs Yoyalates weights 9.30 - 11am
Fri Barre Sport 6.30 - 7.30 am
Sat Yoyalates 8 - 9.30am |
Pilates Align 10 - 11am

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(Back L to R) Dave Warren, Hugh Campbell, John Nardi (Captain) and Alan Webb (Front) Children of Federal Community Children's Centre.

Fire at the Federal Children's Centre

Have you got a fire plan? As the recent fires around Rappville attest, where an elderly couple lost their lives and 21 homes were destroyed, it pays to know what to do if a fire breaks out where you live or work.

Staff and children at the Federal Community Children's Centre had a scare recently when a car dropping kids off burst into flames and fire threatened the centre. Quick thinking by staff ensured the children were safely evacuated and triple zero was called immediately.

Avoiding hesitation when fire breaks out is critical. Don't panic, but take action straightaway by calling 000 and asking for the Fire Brigade. The operator and fires will know what to do once you have answered their questions.

In the case of the burning car at the children's centre, the Federal Rural Fire Brigade was directed to the scene and the fire was quickly brought under control.

Fire is unpredictable. Things could have been very different if quick action hadn't been taken by staff. The car didn't survive, but no one was injured and the centre amenities were undamaged.

It's unusually dry this spring throughout the Northern Rivers region. Many people are more concerned than usual about the prospect of fires. Ensure you have a fire plan ready and act decisively if a fire breaks out where you live or work. Make contact with your nearest Rural Fire Service to have a chat about your fire plans

Mary Webb and Jim Hearn

DON'T IGNORE YOUR SNORE

It could be harming you.

Snoring is linked to breathing problems in sleep. This often results in low oxygen at night and a risk of heart disease, stroke, fatigue, depression, acid reflux, chronic cough, stress and weight gain.

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For an appointment to have your sleep assessed phone 6687 1079.

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sleep GP

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There's plenty happening in 2479.

All Souls' Day

When Sun 3 November, 9am
Where All Souls' Anglican Church, Ashton Street, Bangalow
Contact 6687 1046

Join us as we celebrate our Feast of Title and Commemorate the Faithful Departed. A shared seated brunch will follow the service.

Bangalow Garden Club

When Wed 6 November, 1.30pm
Where Moller Pavilion, Bangalow
Contact Annie 0417 636 011 or anne.abbink@yahoo.com.au

All members are encouraged to attend the Annual General Meeting. There will be no speaker but an extra special afternoon tea. Please bring along your mug. Carole Gamble will open her garden on Saturday 9 November. Details will be provided at the meeting.

Shire Choir

When Thurs 7 November, 7-9.30pm
Where Bangalow Hotel
Information shirechoir.com.au or Facebook @theshirechoir.
Tickets via Eventbrite.

Directed by the dynamic, award-winning singer/songwriter Melia Naughton (Scarlett Affection) and her team of uber-talented musicians, Shire Choir is for singers and non-singers alike. Experience the thrill of learning a classic pop/rock song, and then belting it out with hundreds of friends, new and old.

The Greatest Coorabell Show Ever

When Thurs 7 November, 6pm
Where Mullumbimby Civic Hall
Contact coorabellpandc@gmail.com

Co-written & produced by the Year 6 students, Coorabell Public School's annual extravaganza stars every student performing memorable songs and dances from Broadway to the West End.

Newrybar Hall Birthday Party

When Sat 9 November, 12-3pm
Where Newrybar Hall



Organiser Rowan Ozols and son Arlo shakin' it for the kids. Photo: Erin Ozols

Foundation and Lismore charity Our Kids – Northern Rivers Children's Health Fund. Local caterers Dine Hinterland will be cooking an amazing two course family style feast. Bangalow Lion's Club will be helping out with drinks. \$85pp includes lunch and drinks on arrival. Group tables available.

Contact info@newrybarhall.com

Celebrate the 120th birthday of the Newrybar Hall. Walk down memory lane with long time locals and browse memorabilia of Newrybar's rich history. Be entertained by Newrybar Public School and other live music. Sandwiches, scones, tea and coffee available.

Bangalow Fair Trade Fair

When Sat 9 November, 8am-1pm
Where Bangalow Uniting Church Car Park, Station Street
Contact Corinne 6629 1692

Do some ethical shopping of Fair Trade products before Christmas, enjoy a Fair Trade coffee, listen to Raise the Roof Choir.

Reminiscing the Past

When Sun 10 November, 3pm
Where St Aidan's Anglican Church, 3 Federal Drive, Eureka
Contact 6687 1046

Reminisce on the past with an hour of reflections, words and music, followed by afternoon tea at the Eureka Hall. Hosted by the Anglican Parishes of Mullumbimby and Bangalow.

Book launch #1

When Tues 12 November, 5.30pm for a 6pm start
Where Byron Bay Library
Contact rsvp66858540@byronbayfol@gmail.com

Shake it for the Kids

When Fri 22 November, 12.30pm
Where A&I Hall, Bangalow
Contact/tickets info@ourkids.org.au or 0438 417 085

Organised by a local family to raise money for children with cancer and other serious illnesses, this fundraising lunch reaches out across the whole Northern Rivers. All proceeds will be donated to two incredible charities - the Kids with Cancer

In his memoir *One in Six* Catholic Church abuse survivor John Saunders offers a snapshot of 30 years of self-enquiry. He challenges outdated cultural, family and self-imposed beliefs so that healing can take place. Writing the book taught John about his innate capacity to give and receive love, and how to help others do the same. Drinks and nibbles on arrival. Gold coin donation. Organised by Friends of Libraries Byron Shire.

Bangalow Networking Business Breakfast

When Thurs 14 November, 7:45-9am
Where Town Restaurant & Café.
Tickets byronnadbeyondnetworking.com.au

Geraldine Barkworth, the director of goddessofpublicspeaking.com.au, works with the psychology, physiology and sheer mystery of powerful public speaking. Members \$30, visitors \$35.

Bangalow Show

When Fri 15 and Sat 16 November
Where Bangalow Showgrounds
Contact Anne McClelland bangalowshow@outlook.com or 0409 890 858

The fabulous Bangalow Show offers entertainment for the whole family. Returning favorites include the Aussie FMX show, fireworks, mower races, horse

and ring events and sideshow alley. Keep an eye out for the new tree climbing display at 11am and 1pm on Saturday, culminating in a head-to-head crane ascent in the main ring on Saturday evening. A new 'Ag Avenue' will showcase traditional agricultural and home pursuits like soap making, weaving and blacksmithing.

The Show Office will be open for membership payments (\$15 adult/\$7 14-18 years): Sat 2 and 9 Nov (9am – 1pm), Mon 4 - Fri 8 Nov, except Tues 5 (8:30am – 1pm), Mon 11 to Thurs 14 Nov (8:30am – 5pm).

ADFAS Byron Bay

When Mon 18 November
Where Moller Pavilion, Showgrounds
Information adfass.org.au or Facebook @ADFASByronBay

The Annual General Meeting starts at 5.45pm sharp, followed at 6.30 pm by a public talk on the Hannah Cabinet (housed at the Lismore Regional Gallery) by Geoff Hannah. Doors open for a welcome drink at 6.15pm. Wine and cheese will be served after the talk. Members \$10, non-members: \$20.

Georgian singing

When Sat 23 November,
Concert: 7pm for 7.30pm, Vocal
Workshop: 10am -1pm
Where Newrybar Hall
Information shirechoir.com.au
Tickets \$25 via Eventbrite

Join Melbourne's Tsinskaro ensemble and immerse yourself in the unique sounds of Georgian harmony. Come along to the Georgian Vocal Workshop, no experience required just a love of outrageous harmony! Tickets \$45. Enjoy the Saturday evening concert with Tsinskaro who have learned directly from song masters in Georgia. Refreshments available.

Book launch #2

When Thurs 28 November, 5.30pm for a 6pm start
Where Bangalow Heritage House
Tickets Bangalow Newsagency 66871396 or byronbayfol.com

One living as one and loving it is is a book full of stories, colours and vibrancy about affirmation of self, whether living alone or with the one you love. In publishing the book, author Victoria Alexander



Michael Zavros art and banquet night. Photo supplied

is hoping that we can all learn to count on ourselves. Drinks and nibbles on arrival. Lucky door prize. Catered event. Bookings essential, tickets \$10. Organised by Friends of Libraries Byron Shire.

BAM Art Series Dinner: Michael Zavros

When Sat 30 November, 6-10pm

Where Elements I Love, Byron Arts & Industrial Estate

Tickets [zavros-dinner.eventbrite.com.au](https://www.eventbrite.com.au)

The final Byron Arts Magazine (BAM) art dinner for 2019 presents acclaimed Australian artist Michael Zavros. Join us for a generous Mediterranean banquet in the new gallery Elements I Love. You will receive a Brookie's gin cocktail on arrival, a sit-down dinner with matching wines and conversation with writer and independent art curator, Alison Kubler (Zavros's partner) and his muse, daughter Phoebe Zavros. Alison recently judged the Bangalow Art Prize.

November diary

3 All Souls' Day Anglican Church

6 Bangalow Garden Club

7 Shire Choir: Coorabell PS Concert

9 Newrybar Hall party; Fair Trade Fair; Garden Club site visit

10 Reminiscing the Past

12 Book launch *One in Six*

14 Bangalow Networking Breakfast

15-16 Bangalow Show

18 ADFAS lecture

22 Shake It for the Kids fundraiser

23 Georgian singing workshop & concert

24 Bangalow Market

28 Book launch *One living as one and loving it*

30 Michael Zavros BAM dinner

Deadlines for Dec 2019/Jan 2020 issue:

What's On 12 November

Advertising 15 November

Copy 15 November

Table Tennis

When every Sunday, 3pm

Where Bangalow Bowlo.

Contact Margot 0412 394 932

join the Bowlo and buy a drink after playing.

No charge, we only ask folk to

Your Local Agent

Peter Yopp

0411 837 330

pyopp.byronbay@ljh.com.au



LJ Hooker



Working the garden at One Green Acre - head chef Rob McWhinnie and owner Sacha Meier
Photo: Jim Hearn

How green was my valley

I'm not sure where you'll be for the race that stops a nation, but One Green Acre is offering a complimentary bottle of champagne for every table of four that books before 5 November. For a hundred clams, four people share a whole roast chicken, salads, chutney and pickles. Throw in the bubbly and the party's started.

The first thing Sacha wants to talk about when I drop in, is the garden that he and head chef Rob McWhinnie have planted around the perimeter of the bowling green. It's blooming, and the edible leaves and greens add flavour and punch to everything on the menu. There's a healthy, fresh note to the food at The Bowlo these days, which doesn't mean folks who prefer a schnitzel or burger with their knock-off beer are neglected.

The name of the restaurant came about because Sacha grew up working a one-acre plot in Bega that his dad farmed as a biodynamic market garden. For readers who've seen the word biodynamic but don't know what it means (you're not alone on a

desert island), it's much like organic farming but includes esoteric ideas that were central to Rudolf Steiner's philosophy. Rudolf came up with the concept of biodynamic agriculture, which treats all aspects of farming as ecologically and spiritually connected. It's complex, but we don't need to worry about that because the proof's in the eating.

Sacha was deeply inspired by his Swiss father, who emigrated to Australia when he was 18. Something of the nostalgia of Sacha's childhood has found its way into the food at One Green Acre, and also with his plans for the place.

The Bowlo is big. It can seat 500 people, which makes it ideal for weddings, parties and Melbourne Cup luncheons. Sometimes, the finer points of what Sacha and Rob are trying to achieve don't find their way to the surface of things in what is a big, traditional, Aussie venue. Paradoxes abound - biodynamic food alongside fish and chips; worm farms cosying up to beer gardens.

But maybe life is paradoxical by nature. Plenty of philosophers think it is.

The Bowlo is a venue that many locals utilize for different reasons. Monday afternoons offer stress relief to local primary school teachers; Tuesdays see swing dancers and Mah-jong ladies who lunch; Thursday is about sports clubs post-training and on Sunday the live music kicks off at 1pm.

It's not easy being green with so many different people to please. But Sacha, Rob and the crew have found a way to offer horses for courses.

Which brings me back to the Melbourne Cup luncheon on the first Tuesday in November. I know Taylor Swift has pulled out and some folks are pleased she did, but you can't please everyone all the time and I plan on watching the race where the TVs are up high, the beer's cold, and salad makes you look up at the sky and wonder... why is it so hard to get kids to eat their greens?

Score: Something for everyone. *Jim Hearn*



We are proud to be the Sponsors of the

Bangalow Show - Children's Pet Parade

Hey Kids – bring your pets along Friday 15/11 - be it Dog, Guinea Pig or Alpaca
& don't forget to enter your pet in the Best Dressed Pet section



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