



The collectables

The 2479 postcode is home to Lindy Lee, Peter Powditch and Niah McLeod, and is Blue Knob based Lae Oldmeadow's primary place of artistic representation. Each are visual artists with a national profile and distinctive practice who have found their home here. **Frieda Herrmann** reports on their relationship to the region.

Lindy Lee, Peter Powditch and Lae Oldmeadow. Photo: Mike Frey

Lindy Lee says the horizons here are essential to the way she relates to the world. Peter Powditch says the skies are too big and he tries not to look. Lae Oldmeadow focusses observational energy on the ground, and Niah McLeod draws on her

connection to the land. The Northern Rivers attracts artists for different reasons. Lindy Lee, who has lived in Coorabell for four and a half years, has a career spanning almost four decades. Next year, Sydney's Museum of Contemporary Art will host a major survey

of her work, and she is currently developing a large-scale work for New York City's Chinatown. With pieces already installed in Shanghai and Perth, Lee is excited about the transformative potential of large scale (continued page 4)

From the editor

This month's cover story on four visual artists who live locally has convinced me that 2479 has a rich and deep vein of creative types running all the way through it. Each of the artists has a national profile and their work is represented in some of Australia's best galleries and private collections. I need to thank Grant Rasheed from Ninbella for helping put this story together, which Frieda Herrmann wrote.

I trust you got your fill at Sample Food Festival a few weeks ago, and that you're gearing up for the Bangalow Show in November. *The Bangalow Herald* is sponsoring the Bush Poets competition this year, which Brian Sundstrom has written a compelling story about. The theme of the 2019 show is 'trees', and there are 12 arts and crafts categories open for entries that asks participants to explore trees in a particular way. I encourage you check out the show website for more details, particularly if you're keen to win a sash.

Much of the show is about highlighting the region's agriculture and industry, which has a long and proud history coupled with many treasured traditions. I grew up in Rockhampton, and the annual show up there in what is the beef capital of Australia (sorry, Casino – you're not), is a big deal. From sideshow alley to carrot cakes and campdrafting, each region's show is a unique and special way for locals to come together and celebrate their skills, attributes, creativity and community spirit. Everyone is welcome, and if you've never entered anything into a show before, make 2019 your year to shine.

Also in our October issue, Digby Hildreth writes a feature story on a local film producer gone global; Helen Johnson talks up the food and hospitality at the renovated Bangalow Heritage House; Terry Bleakley asks locals to become custodians of Bangalow Parklands, and Stephanie King writes an affecting obituary on Dot Gill. I didn't know Dot, but I know many readers did, and I'm sure you'll be moved by Stephanie's tribute to her.

October means school holidays, which also means more tourists, traffic and Instagram chatter. Keep an eye on the prize, and don't mention the pizzoli to anyone.

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SPOTLIGHT

CoDA convention in Bangalow

On several occasions each week a group of people gather quietly – anonymously – in the Bangalow Uniting Church or the RSL Hall in Station Street with the purpose of supporting each other to achieve healthy and loving relationships with others and themselves.

The attendees at these meetings of Co-Dependents Anonymous, or CoDA, a fellowship based on the 12-Step program of Alcoholics Anonymous, share their personal challenges and successes as they seek to improve the quality of their lives and relationships.

Co-dependency can be understood as an emotional condition in which a person places a lower priority on their own needs while being



preoccupied with the needs and wants of others – often to their own detriment. Co-dependents attempt to use others – their mates, friends and even children – as their sole source of identity, value and wellbeing. It is marked by controlling behaviours,

adapting to please others, the avoidance of others and relationships, and the inability to maintain healthy relationships.

The aim of the meetings and the CoDA program is to help a person understand their behavioural patterns and what drives them, take responsibility for them, and free themselves from the self-limiting and sometimes self-harming behaviours that have defined their lives and relationships.

Attendees are men and women of all ages from all walks of life. By sharing their experiences and following the 12-Step program, they find hope, support and the path to a healthier and more fulfilling life.

Bangalow hosts four hour-long meetings a week, with between six and 18 people attending. These meetings are open, anyone may attend safe in the knowledge that their identity, presence, and anything they talk about will remain confidential. There are also meetings in Byron Bay, Mullumbimby, Brunswick Heads, Murwillumbah and Lismore.

On 20 October Bangalow will host the Australasian CoDA Convention at the RSL Hall, with a guest speaker, workshops and 'sharing' meetings. People will be attending from all over Australia and New Zealand as well as South-East Asia. Anyone with an interest is welcome. To register, go to:

www.codependentsanonymous.org.au/coda-convention

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Rebecca Sargeant presenting a poem at the Bangalow Show last year Photo: Judy Baker

Bush poetry on again at the Show

There were murmurs 'round the campfire
For the word had got around,
There was cash to splash for poem of the show.
Beneath the spreading camphors
While waiting for their dampers
The poets took to scribbling, their cans of beer were dribbling
As the verses started flowing, the biros fairly glowing.
All competing for the sash and cash to go! *Judy Baker*

Yes, it's on again, the bush poet session at Bangalow Show. This year with the added stimulus of a \$50 prize and winner's sash for best poem. For several years now, local poetry enthusiast Angus Thurgate has arranged and chaired this popular event. People gather around a campfire and share poems they have written. Angus generally starts with one of his verses, for example this one from last year:

A kookaburra found voice, the middle of three
It was loud it was clear, it oozed glee
It cut through the crowd the carnies, draft-campers
Ha! He's burnt the bloody damper! *Angus Thurgate*

The event is at 2.30pm on Saturday, November 19, under the big tree on the village green. As a complete change of pace, the burger eating competition follows. Poems have to be a maximum of three minutes and include the word 'tree', which is the theme of this year's show. The new prize has been donated by *The Bangalow Herald*. A panel of three judges has been arranged, including a volunteer journalist from this esteemed publication.

Start now to compose your work and encourage other entrants.

Entries and enquiries to head steward, Angus Thurgate: athurgate@hotmail.com

Brian Sundstrom

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"Heaven/Earth" by Lindy Lee. Perforated mirror and polished stainless steel. Xi'an, China, 2019. "Seascape II" by Peter Powditch. Oil On

The collectables

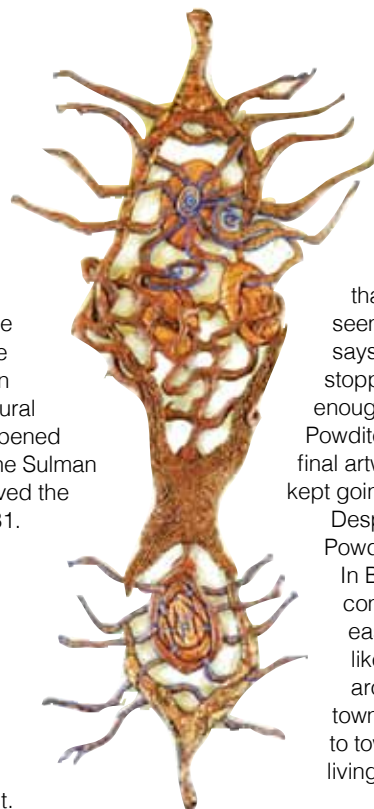
(from page 1) public art to shape human interaction and forge community.

Lee's work, as a Chinese-Australian artist, performs a search for identity and belonging that visualises the experience of Australia's Chinese diaspora. After becoming involved with Zen Buddhism, Lee's consideration of self evolved into a need to connect with the "absolute nature of being". In this search, she relies on "processes out of the ego's control" as her creative materials. She often uses fire and rainwater. One series saw her tossing molten bronze where, "the splash is the coincidence of everything that happens in that moment." For Lee, these practices allow access to the intersection of self and cosmos that is central to Zen. With this conflation most present at the level of nature, her Coorabell home, enmeshed in bushland and overlooking the hinterland, feeds her practice. In cities, she says, there's no horizon, and she is always relieved to return to the Northern Rivers after being away.

Peter Powditch began his career over 50

years ago, studying sculpture at art school and learning painting from John Olsen in a room over a fish and chip shop. In the 70s, Powditch was at the forefront of the Australian art scene. In 1970 his mural at Sydney Airport was opened by the Queen, he won the Sulman Prize in 1972, and received the Order of Australia in 1981.

Inspired by the coast, by landscapes with sharp lines and clear hues of differentiation, for Powditch, Bangalow is too green. It isn't the place that has motivated his work, but it's the place that represents his retirement. "I was an asthmatic



Mother by Lae Oldmeadow

child," he says, "to put air into painting is a priority."

With his obsessive-compulsive practice ended, under a sky that overwhelms him, Bangalow seems like a place to get that air. He says he thinks quitting is honourable; stopping with an understanding that enough has been done. At his request, Powditch threw out Russell Drysdale's final artwork. Powditch says Drysdale kept going too long.

Despite all his years in Sydney, Powditch always felt a bit country. In Bangalow, surrounded by a community of artists, he feels at ease, "I'm egotistical enough to like to know there are good people around me. Growing up in a country town like Taree, no one ever comes to town. I feel connected to the world living here."

Lae Oldmeadow began his practice when he moved to Byron



Plywood, 1969.



"Gugaa" by Niah McLeod. Acrylic on canvas

Bay. He started collecting leaves on beach walks and wanted to find a way to give them new life. Now living in Blue Knob, Oldmeadow has spent many years landscaping steep hillsides into flourishing tiered gardens. As well as being a wildlife habitat, his garden is his primary source of materials and inspiration, and it has become central to his sustainable, off-the-grid lifestyle. This environmentally committed existence compliments his work, as evidenced in his intricate assemblages made entirely from found natural objects. This local, time-consuming, ecologically aware work feels



Ancient Brother by Lae Oldmeadow

like a political or social protest on a planet rapidly heading towards disaster. Oldmeadow seeks to enhance the natural materials, energising them in his work with form, texture and movement, hoping that an audience seeing the beauty of nature in a new light will desire to protect it. Oldmeadow has shown at the Tweed Regional Gallery, but his primary representation is at Ninbella in Bangalow. Ninbella's exclusive representation of Indigenous and local artists makes it a good fit for Oldmeadow's highly localised work, which is both composed from the local environment and reflective of it.

Niah McLeod has always drawn

and painted, but it was when she started seeing her meditative practice as a way to tune into something that her practice began in earnest. McLeod had her first solo show with Ninbella earlier this year and is now represented by Kate Owen Gallery in Sydney. Soon after leaving her home town of Bangalow to pursue a modelling career in Sydney, McLeod reconnected with her grandmother, and was subsequently reacquainted with more of her Indigenous family. After this experience, she began to see her art in a new light. "My paintings are my sense of belonging," McLeod says. Her exquisitely detailed pieces construct meditative constellations and bear narratives of the land as they explore her connection to her family, heritage, and country. "I look up to the moon and the stars," she says, "The land, the trees, the wind, the rain." McLeod returned to Bangalow to bring up her own children, and it seems pertinent for her to be continuing her place-bound practice in the setting where she was raised.



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Council matters

Byron Shire Draft Residential Strategy

After three years of community consultation Byron Shire Council has put on public exhibition its *Draft Residential Strategy*. One of a suite of significant policies that will set the direction for development in Byron Shire, the *Draft Residential Strategy* proposes a 20 year framework for residential housing in urban areas. The Strategy is based on an anticipated population growth across the Shire of 6,400 residents by 2036, and 3,150 extra dwellings. The majority of new dwellings (85% or 2,680) are expected in to be urban areas, either on land currently zoned vacant (undeveloped) or using infill development.

The Strategy highlights Council's plans to provide suitable land for housing; to improve housing choice, diversity and equity; to encourage housing that fits within the character of individual neighbourhoods; and to deal with short term holiday letting. The document grapples with a cluster of complex problems related to housing in Byron Shire, not the least of which are urban sprawl, medium density, affordability and short-term holiday letting. The Strategy sets a framework for important changes to Council's local planning instruments and controls that will help deliver improved housing outcomes for the future.

For the village of Bangalow, the Strategy estimates that 311 new dwellings will be required by 2036 to house a population increase of 10%:

Estimated approved dwellings (2016-2018)	35
Infill	117
Vacant land/in pipeline	122
New release	37
TOTAL new dwellings	311

If you don't have time to read and digest the whole document, the following sections are key to Bangalow:

- Bangalow Residential Character Statement (pp. 73-76)
- Map 3.4 Potential Urban Housing Supply: Bangalow (p.51)
- Appendix 1 (pp.10-16 onwards)
- Appendix 3 Bangalow – changes over the last 15 years (p.59-60)
- Appendix 4

Have your say online at yoursaybyronshire.com.au/draft-res-strategy. Submissions close 11 October 2019. Enquiries to Natalie Hancock 02 6626 7169.

Draft Community Participation Plan (CPP)

This document explains how and when the community can be involved with Council in planning matters such as development applications, planning proposals and masterplans. It also includes useful information about how to write a submission, how to keep up to date with planning matters and a glossary for planning terms.

The *Draft Community Participation Plan* is on exhibition until 11 October 2019. Read the CPP and have your say at byron.nsw.gov.au/Home/Tabs/Public-notice/Have-Your-Say-Draft-Community-Participation-Plan

Booyong Tennis Courts

The US Open is finished and the newly resurfaced tennis courts at the Booyong Recreation Reserve are available for a hit. The courts are 80 years old and continue to play an important role in the social life of the Booyong community. It is 20 years since they were last resurfaced, and the improvements come compliments of a grant from the NSW Government's Stronger Country Communities Fund, from a successful application by the Booyong Recreation Reserve Trust.

Jenny Bird



Freya in action for Brunswick Byron Netball Association's U17 representative team. Photo Lisa Peacock

From Bangalow to the Bull Sharks

Sharp shooting and hard work across two States sees local netballer Freya Peacock earn a place in the Queensland U18 State Titles.

Freya Peacock has been selected in the Bond University Bull Sharks U18 team to compete at the 2019 Nissan U18 State Titles from September 29 to October 1 at the Queensland State Netball Centre.

Having started her playing career as a 6-year-old in Bangalow, Freya's selection in the Queensland representative team is the result of talent, hard work, and a commitment to pursuing opportunities to play elite level netball.

Freya honed her skills for a number of years as a member of the North Coast Academy of Sport, the North Coast CHS Opens schools team, and the Brunswick Byron Netball Associations' representative team.

This year, she was also selected in Netball NSW's Regional Talent Squad. The squad included athletes from seven regional areas in NSW with the aim of providing more opportunities to excel in netball. Freya travelled to Sydney to participate in a series of specialist, high performance strength and conditioning sessions.

Freya also plays for the Tweed Netball Association in the QLD Premier League, Southern Region. Her hard work in the Queensland competition paid dividends when she was selected in the Bond University U18 Bull Sharks team. She plays in the positions of goal attack and wing attack.

"This is a highlight of my playing career so far," says Freya, also citing the success of the Brunswick Byron team which has won their division in the Netball NSW State Championships for the past two years.

Freya enjoyed a range of sports growing up, including swimming, surf lifesaving and basketball, and while now focussed on netball, she has always enjoyed the benefits of a fit and healthy lifestyle. Freya regularly trains with her Dad, Tim, and credits their morning running sessions as a key factor in her on-court success. *Rebecca Sargeant*



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A&I Hall mural. Photo: Judy Baker



Magpie chicks need protecting.
Photo: WIRES Northern Rivers



Leonie Lane at New Italy Museum.

Spruced up for the Show

The mural of the milk can and fruit and vegetables that sits high on the A&I Hall façade has had a refresh and is now bright and clear. "We didn't change the original design, which is fabulous and reflects so much on our agricultural heritage," says Brian Warrick, the Hall manager. "Most Bangalow residents regard the Hall as being the face of the town, so we need to keep that face smart. It is very visible."

Local sign writer Louise Macaulay from McLeod's Shoot was commissioned to repaint the artwork. Whilst Louise has painted many signs around town, including the pub, the All Saints Anglican church notice board and the Bangalow Health Foods shop, this was her most challenging assignment.

Swooping magpies

Magpies that swoop do so to protect their eggs and then chicks, which are in the nest for 6-7 weeks. Over the last few years the swooping season has been extending from its typical September well into October. To reduce your chances of being swooped National Parks and Wildlife Service recommend that you:

- stay calm, don't panic
- don't provoke or throw things at the magpies as it will make them more aggressive
- walk through the magpie's territory quickly, don't run. Or take another route
- wear a hat and glasses or carry an umbrella. Put eyes on the back of your hat and bicycle helmet
- watch the magpie. Magpies are less likely to swoop if you look at them.

- make a sign to warn others
- fit your bicycle with a flag and walk your bike through the bird's territory

Leonie Lane

Congratulations to Booyong artist and museum practitioner Leonie Lane, who has won one of nine placements awarded under this year's Museums & Galleries NSW Fellowship, Mentorship & Volunteer Placement program. Over the last eight years Leonie has been researching the design of Australian museums that tell migration stories. Since 2016 she has been part of a team that have been redesigning and upgrading the New Italy Museum (south of Woodburn). Whilst Leonie values the traditions of museum story telling via static display, she welcomes the opportunity to create more immersive

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Photo: Peter Derrett



Bear the Koala Detection Dog. Photo: Property Shot Photography

experiences via contemporary museum design that includes digital media, soundscapes and conceptual approaches. Leonie has chosen to spend her placement at the Albury Library Museum and will focus her time there on collection management and exhibition installation.

Oops - corrections

In the September issue of *The Bangalow Herald* we published an error in the Heritage House story on page 4. The grant from NSW Government's Stronger Country Communities Fund was \$320,000 not \$32,000. Apologies.

In the July issue in Council Matters we reported that Council had allocated \$75,000 to the Bangalow Parklands in its 2019-2020 Operational Plan. We have been informed that this is an error in the

Council document, which they have now corrected to read Mullumbimby not Bangalow.

IFAW visit

President and CEO of the International Fund for Animal Welfare (IFAW), Azzedine Downes, spent two weeks in Australia visiting projects they fund. With a head office in the USA and projects in 40 countries, the IWAF engages in wildlife rescue, crime prevention, disaster response and landscape work. It supports a network of wildlife campaigners, rescuers, educators and scientists.

Downes spent three days with Bangalow Koalas attending a tree planting, visiting Lismore Friends of the Koala, and hosting a demonstration with a koala detection dog 'Bear' who came

down from the Sunshine Coast with his handler. Bear is a highly educated specialist who has been trained to locate koalas by sniffing out koala scat.

The IWAF views koalas as a 'flagship species' to conserve, with flow-on conservation effects to other wildlife. After spotting Bangalow Koalas on Facebook, the IWAF is now a partner.

Judy Baker, WIRES Northern Rivers,
Jenny Bird

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“Just a little to the left, Nan” - Sunney Horner and her grandmother Trisha Bleakley busy being custodians of Bangalow Parklands. Photo: Terry Bleakley

Custodians of Bangalow Parklands

Terry Bleakley from the Bangalow Parklands team suggests we become custodians of our local park by taking responsibility for the actions of ourselves and others.

Australians are beginning to understand the full extent of what indigenous Australians mean when they say ‘caring for country’. Indigenous practices have protected and sustained land in Australia for tens of thousands of years. Unhappily, we are now all feeling the impact of unchecked consumerism on the earth’s finite resources. There is much to learn from indigenous people that can help us as individuals to transform how we ‘care for country’. This will in turn add weight to efforts in the political arena to effect change to ensure our

environment survives.

Locally, we have a wonderful green space known as Bangalow Parklands, and it is a great place, particularly for young children, to learn to take responsibility for its health. This requires a form of custodianship that recognises such spaces need to be protected and defended. Everyone making a small contribution while visiting the park will negate the attitude we sometime have that favours complaining or blaming when something needs fixing, providing or improving.

Custodianship just means that visitors

take pride in the park and, put simply, pick up fallen palm fronds and make a pile in a safe area; report things to Council that require maintenance, make suggestions for improvements, and call out poor or destructive behaviour.

Consider becoming a custodian of Bangalow Parklands. No official diploma is needed, and there isn’t a sheriff’s badge, just the recognition of how fortunate we are to have such a beautiful recreational area to enjoy and care for.

The Village Picnic: on for young and old

When the Bangalow Community Children’s Centre (BCCC) began to plan their 2019 village picnic, they realised that there are a lot of families who are new to the area. Not only do they not know each other but many have no local family connections. “We decided to organise the whole event around the theme of connecting and bringing the village together,” says Jessica O’Halloran, parent and organiser. “We’ve invited all sorts of organisations to be involved, and we’re hoping that the whole community will support the event.”

“We are involving lots of kids who have been through the BCCC themselves,” says Jessica, “for example, Vinnie Morris, an ex-student of the BCCC and now in Year 7, will be the MC for the day.” The

Bangalow Public School P&C will be helping to host the gourmet BBQ.

The Bangalow Parklands Group has cleared an area next to the weir so that children from the BCCC can plant trees and seedlings on the day. The aim is to create an area that children and families can take custodianship of. Local Land and Rivercare are donating the trees and plants.

The intergenerational community will also have a marquee and will be available for a chat. They are keen to link up with young families who might want to adopt an older person who could provide support for one or two hours each week. *“Old People’s Home for 4 Year Olds*, screened recently on the ABC,

clearly demonstrates the mutual value of young people connecting with the older generations,” says Ruth Winton-Brown, spokesperson for the group. “We’d also love to have elderly people share their knowledge and skills as volunteers at the BCCC” adds Kerry Elbourn, Director of BCCC. As famous anthropologist Margaret Mead once said, “Connections between generations are essential for the mental health and stability of a nation”.

This event is not a major fund-raising event for the BCCC, but rather an investment in “community capital”, with benefits such as increased well-being and active citizenship.

For details see What’s On (p.23).

Jenny Bird



From The Northern Star: 1954 engagement announcement and 80 years of local Red Cross – President Emily Smith at right. Heartbeat: celebrating 100 years in August 2014.

Dorothy Merle Gill 15.08.1929–23.07.19

Dorothy Merle Gill, beloved long-time resident of Bangalow, died on 23 July 2019 in Ipswich, Queensland, attended by her eldest son and his wife. She was buried in Bangalow cemetery alongside her husband, Earle, on 31 July 2019. Dot, Dottie, Dorothy was farewelled by her many friends and family at St Kevin's Catholic Church, Bangalow. She is survived by three sons, their wives, grand-children, great grand-children, other local and interstate relatives including sisters-in-law and nieces. A grand legacy.

Born in Ettrick, NSW, close to Kyogle, flame-haired Dorothy Robertson was the only surviving child in the family. Her reminiscences of her childhood centred around her father's grocery store – and the broken bickies she helped 'clean up' – early school days and the more grown-up dances which required her burgeoning organising skills.

They were hard and meagre times for most country folk, with simple family pleasures the highlights. These between-the-war years affected everyone, plus the Great Depression cast such an overwhelming and pervasive

shadow that it became a necessity for people to work together.

The family moved from Ettrick to Lismore where Dot got her first job and Earle came into her life. As a new young family, they farmed in Coopers Shoot and then bought in Campbell Street in the village.

Right up until the end of her precious life, Dot was fully and intelligently engaged on matters of social importance – from her passion for religion and politics to community involvement and life participation. She was an agent for change – transforming old-fashioned values with a modern interpretation.

She and Earle were staunch supporters of the Bangalow Bowling Club. Both their names are immortalised on the trophy and honour boards in the large back room at the club. Until the last year of her life, she was a contributing presence at the Wednesday Ladies Bowls mornings – 46 years in all.

With Earle's passing, Dot stoically kept up the good works and caressing her memories, but as a single mother of three, things can't have ever been easy. Fortunately, her



Bangalow world was there to support her and she gave back in spades.

Dot could never walk past an opportunity to enrol a new acquaintance into one of her many beloved causes – beguiling them into one or other group: Red Cross where she was President; CWA where she sat with Sybil Johnston and Maria Buchan every Saturday morning; the Museum where she acted as a Saturday guide; Friday nights at the Bowlo with her great buddy Frances Raisch, judging flowers at the Show; riding in Ash Viola's jeep on Anzac Day. If she was overseeing this article she would be pointing out the many dear friends who have gone unacknowledged – they were a community in themselves.

She was always 'wheeled out' by her fellow club members at fundraisers – if Dot was sitting at your cakes and preserves stall you were pretty much guaranteed to sell out of everything – and double the sales of raffle tickets and laughter. Forever missed. *Stephanie King*

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Bangalow film production company goes global

Digby Hildreth learns that freestyle doesn't always get you wet, but it can get you around the world as

'Around the world' is the name of a tricky move that's popular with freestyle football players – young people who use their feet, knees, heads and torsos to juggle a football (the round one) in a jaw-dropping performance hybrid of hacky sack acrobatics and breakdancing.

It's also the title of a film about 10 freestylers, one severely disabled, from countries as different as Kenya, Poland, Japan and Chile, who are devoting their lives to what started as a 'street' activity but has now entered the mainstream.

Screening at this month's Byron Bay Film Festival, *Around the World* was co-produced by Bangalow's Blake Northfield and Tom Byrnes for Bronte Pictures, where Blake is CEO.

The pair snapped up the rights to *World* within hours of reading the script, allowing a trio of young Frenchmen to travel – yes, around the world – to film freestylers in their

home countries. A Kenyan man coaches his village's children, teens 'dance' for their dinner on the streets of Tokyo, and two Norwegian brothers train together in a spirit of sibling rivalry. The film follows the journey some of them take to the highly competitive Freestyle Football World Cup.

"It's the first time this underground sport has been portrayed," says Blake. "It's a sport for men and women everywhere, a human story. The thing linking them together is the soccer ball, but it will appeal to a lot of people, not just sports fans."

Another film from the Bronte stable which portrays post-traumatic stress disorder received the ultimate accolade when it closed the Gold Coast Film Festival in April – the sad, silently nodding heads of military vets in the audience.

Escape and Evasion, a tense psychological and action-packed drama set in the jungles of Myanmar and the Goldie's seedier precincts,



Blake Northfield

showed the condition so realistically it offered some relief to the former Diggers, who felt understood at last.



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s long as you're having a ball.

It has just been sold into cinemas in Eastern Europe, Latin America, the Middle East and, crucially, across North America. An earlier Bronte film by the same director, Storm Ashwood, *The School*, opened in Russia on nearly 200 screens.

The company's next feature film, *Streamline*, is about the world of competitive swimming. "It's a great swimming film with underlying darkness, the obsessiveness of sports, the cut-throat competitiveness. Underneath it's about a young man struggling for the forgiveness of his father," says Blake. That young man will be played by rising star Levi Miller (*Pan*), his dad by Jason Isaacs (Malfoy in *Harry Potter*). Five-times Olympic gold medallist swimmer Ian Thorpe is an executive producer and mentor to Levi.

Streamline is being shot now on the Gold Coast, providing work for up to 350 people, many of them local. Bronte also runs a mentorship programme at Bond, Griffith and

SAE offering students work experience on one feature, then a job on the next.

Even more hyper-local is the film after that: *The Prez* is an insider's true story of 40 years spent inside one of Australia's first outlaw motorcycle clubs, brimming with insights into a world of violence, drugs, treachery and retribution as told by its one-time president – and current pillar of the Rosebank community – David Spiteri.

"We have the rights to David's story and have shot a pilot with an entirely Bangalow and Northern Rivers crew at the Bangalow pub and RSL Hall which we will take into production next year as a feature film," Blake says.

Blake grew up in Lennox Head, went to Woodlawn and Xavier schools and was a part of Byron Bay's hardcore, straight-edge music scene of the mid Noughties.

After school he studied acting with Warner Bros and worked on *Home and Away* and

Sea Patrol. Fed up with the actor's struggle to earn a living, he embarked on a tour of international film markets to learn the trade of producing. He made mistakes, learned from them, and started Bronte Pictures in 2015, producing and acting in a supernatural thriller, *Out of the Shadows*.

"We're still testing what works," Blake says. Meanwhile Bronte Pictures is growing, with staff in Los Angeles, London, Brisbane and Sydney, and plans to set up in Malta to take advantage of the infrastructure left after *Game of Thrones*.

For all the global reach of his work, Blake is happy in 2479. His life is here, with his partner, the artist Niah McLeod, and children Matilda and Darcy.

"Bangalow's a perfect place for me. It's so relaxed and I can connect with the world from my laptop. I'd rather be here and drive to Brisbane or fly to Sydney once a fortnight than live in any city," he says

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Thriving theatre scene igniting young passions

NORPA's Education Program offers an array of educational opportunities to local primary and high school students to enjoy the benefits of a thriving local arts scene.



School students participating in a NORPA workshop. Photo Kurt Petersen

Students from Byron Bay High School recently enjoyed a special performance of Bell Shakespeare's production of *Much Ado About Nothing*, accessible through NORPA's Theatre for Schools program.

As those working in theatre know, it's often this early exposure to theatre that ignites a passion for the stage. With such a thriving local arts scene offering a range of opportunities in the performing arts, Bangalow is set for an explosion of passionate local talent in coming years!

NORPA is working hard to provide both audience and interactive opportunities for students across the Northern Rivers with workshops, theatre groups and work experience opportunities encompassed within its Education Program.

While a key focus is making quality theatre accessible for local students, NORPA is also looking to embed that experience through workshops and practical experience.

Live performances can be augmented with regional access workshops, which are designed to prepare students for the production by guiding them through the plot, key characters, themes, scene work, design, and insights into the production itself.

Bespoke workshops are also available to schools on demand, with flexible options for content, numbers and delivery. Drawing on a network of industry professionals, workshops may include puppetry, voice, physical theatre and Indonesian language and arts. For teachers, a masterclass with NORPA's Artistic Director Julian Louis is on offer.

Through NORPA, teenagers have gained

behind-the-scenes experience of NORPA's homegrown shows *Dreamland* and *Fold: A Domestic Circus*, and four week-long work experience placements are offered annually. Various local productions, including the Bangalow Theatre Company's upcoming production of *Calamity Jane*, also provide invaluable work experience and mentoring opportunities.

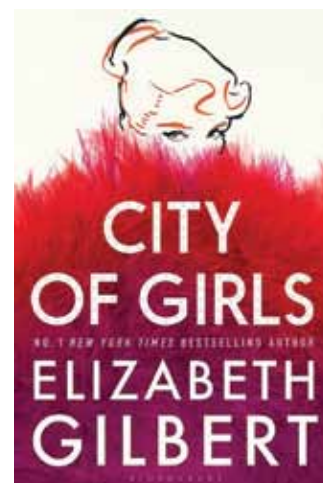
NORPA's education officer Frauke Huhn says, "So far in 2019 more than 1700 local school children have attended performances at NORPA and the company have delivered 51 workshops in schools from Grafton to Tweed Heads to more than 1000 students".

At Byron Bay High School, the English Faculty says, "our students have been enjoying the incredible array of theatrical productions that NORPA has on offer for several years. From Bell Shakespeare's exquisite productions of Shakespeare's classics, to the raw energy and dynamism of Bangarra Dance Theatre - our students have had their hearts lifted and minds broadened through access to world-class, contemporary, local and international theatre and dance productions. Each year we eagerly await the launch of the NORPA Theatre for Schools program".

Frauke says, "we are encouraging local schools to engage with us and think about how we can help enhance their performing arts program."

For more information about NORPA's Education Program, visit norpa.org.au/education or contact NORPA's Education Officer Frauke Huhn at education@norpa.org.au.

Rebecca Sargeant



City of Girls by Elizabeth Gilbert

After Elizabeth Gilbert wrote *Eat Pray Love* readers of that book sat in two very distinct camps; those who would read every word she put to paper and those who would never read her again – I was in the latter group. However, Gilbert ventured into fiction and I could no longer ignore the positive reviews that people were giving me about her novels. *City of Girls* is the first I've read since EPL; it was a rip-roaring romp of a read which kept me up late at night.

The narrator is Vivian, a native New Yorker with the perfect voice for this story. She is replying to a letter from Angela who has written to Vivian asking her if she would explain the nature of the relationship which Vivian had with Angela's father. Vivian replies and explains that in order to understand the context of that relationship she needs to know about Vivian's life before she met her father. Vivian is the daughter of wealthy industrialists; she's a hot-headed and rebellious teenager who eventually, after being expelled from college, is exiled to New York to reside with her father's sister. Aunt Peg is the owner of a rundown theatre which ekes out a profit putting on vaudeville shows for the local, mainly poor immigrant, residents. Being exiled with Aunt Peg is the best thing that happened to Vivian, and because of her natural ability with a sewing machine, a skill honed from spending time with her grandmother, she is soon good friends with the troupe and busy transforming their trash and tinsel into fabulous creations by day and partying hard all night in 1940's NY.

Gilbert paints such a vivid picture of NY, and the period, that for the first time ever, I felt a really strong desire to visit the place. This story is the journey of Vivian's life and one of the carrots is wondering which of the characters is being carefully concealed by Gilbert as the father of Angela. Highly recommended.

Carolyn Adams

Business News

A new legal practice has commenced in Bangalow. Castrikum Adams Legal is operating from 49 Rankin Drive. Principal, Mercedes Castrikum, has been practicing in the area for some years and has a background in social justice issues having volunteered with the Northern Rivers Community Centre and assisting those caught up in coal seam gas protests. Her focus is on building/construction disputes and elder law and also works with trusts and general commercial law.

Women's fashion retailer Bell & Ford have relocated to the former Barebones gallery. Owners Annette Campbell and Leslie Ford have changed the external colour to pink, which, by coincidence, was the colour of the shop way back when it was the Pink Dot.



Kemal and Amy from Il Corretto Pizza, which has been operating for eight years catering for pizza lovers in Clunes and Bexhill, has commenced their mobile pizza cooking in Bangalow at Woods in Station St. Currently they are doing their unique sourdough pizzas on the 1st and 3rd Tuesday evenings, but plan to do so every Tuesday once the weather warms up. Their dough comes from a culture over 100 years old from Ischia off the coast of Naples.



There has been a changing of the guard at Eden Country Store which is now know as Ace Ohlssons. Ron and Rita Martin sold the business to Ace Ohlsson in 2016 but stayed on as managers. In July 2018, Elders Rural purchased the business and a year later Ron and Rita retired to enjoy a well-earned break. The new manager is Dan Rollinson who has been with the company since 2017, working as a field agronomist. Cathy Burley has been employed as the new branch administrator and regular familiar faces, Marc Cheong, Kalum Windsor and Tim Fyfe continue in their roles with new agronomist, Ben Fischer.



A new emergency veterinarian service is being run from Bangalow Vets' premises at the industrial estate. North Coast Emergency Vets is open 24 hours on weekends and public holidays, phone 0424 054 056.

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8:30					
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9:00					
9:15					
9:30				BodySculpt	CardioTone
9:45				Newrybar Hall	Newrybar Hall
10:00				09:15 - 10:15	09:30 - 10:30
10:15					
10:30				Pilates	
10:45				Newrybar Hall	
11:00				10:30 - 11:30	
11:15					
11:30					
4:00					
4:15	Pilates	BodySculpt			
4:30	Newrybar Hall	Newrybar Hall			
4:45	4:15 - 5:15	4:15 - 5:15			
5:00			Pilates		
5:15			Moller Pavilion		
5:30		Yoga	5:00 - 6:00	Yoga	
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GARDENING



Daylillies, Salvias, Coleus, Pentas and Yellow Russellia all work well in cottage gardens
Photo: Carole Gamble

Spring has sprung and that means flowers

With rainfall below average, cold nights and warm days, the spring weather is unusual but hopefully our gardens will soon be a blaze of colour.

Although native and tropical gardens are ideal for this region, many gardeners long for difference and cottage gardens provide pleasing colour and variety. Finding suitable plants for a cottage garden, which are traditionally cool temperate specimens, requires trial and error with some disappointments along the way.

There are some plants that thrive in spots that are either semi-shade or full sun, and while they might not be local gardeners first choice, by embracing the successful, adaptable ones it is possible to create a local style that provides year-round flowering.

The plants recommended below are not rare or delicate but can be planted in pleasing combinations by all gardeners.

Some favourites are old fashioned pentas and salvias, both of which come in incredible colours. They are adaptable and require nothing more than hard pruning and mulch. The salvias can be tiny or reach three metres, which makes them ideal for background planting. Perennial Cleomes, and the annuals Lobelia and Alyssum, seed and return. Bulbs, especially Hippeastrum and Autumn Crocus, flower twice a year but never in autumn. I also incorporate strappy grasses and Heliconias. My latest passion is multi coloured Coleus.

Gaura, Geum, Penstemon, Ajuga, *Vinca Minor* and *Iris germanica* varieties, as well as Daylilies, are pleasing substitutes for Delphinium.

Many of these can't be grown south of our region, which is a great reason to try them this spring.

Now all we need is rain. *Carole Gamble*

Illustration: Lyn Hand



Coconut Lime Tarts

I'm lucky enough to live in an area with an abundance of fresh produce and lovely neighbours willing to share their bountiful harvests. I was recently given a tumble of juicy, fat limes brimming with juice. Just right for these coconut lime tarts, which have a light, creamy and refreshing lime filling topped with fluffy coconut cream. Perfect for spring.

Ingredients

12 premade tart shells baked according to directions and cooled (or make your own shortbread tarts as I did)
Lime curd cream filling:
3 large eggs
¾ cup granulated sugar

½ cup fresh lime juice
Zest of 1 or 2 limes
4 tbsp unsalted butter
¾ cup whipped coconut cream

Garnish:

¼ cup toasted coconut
Grated lime zest
1½ cups whipped coconut cream (using the solid part of the coconut cream only, add a teaspoon of vanilla essence and whip until smooth).

Method

1. Make the lime curd cream filling. In a small pot, whisk together the eggs, sugar, juice and zest until smooth. Place

over medium heat and cook, stirring continuously until thickened (4 - 5 minutes). Remove from heat and stir in the butter until melted. Set aside to cool to room temperature.

2. When the curd has cooled, stir in whipped coconut cream slowly.

3. Spoon warm filling into the cooled tart shells and place in the fridge to set.

4. Divide remaining coconut cream between tarts and garnish with toasted coconut and lime zest. Store in the fridge until ready to serve.

(Recipe courtesy of Ashley Fehr. www.thereciperebel.com)

Lyn Hand

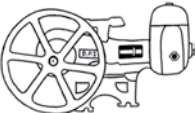
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George the snake man	George	0407 965 092
Historical Society/Museum/Cafe		6687 2183
Koala rescue line (24 hr)		6622 1233
Land & Rivercare (8.30am Sat)	Liz	6687 1309
Lions Club (7pm 2nd/4th Tues)	Chris	0416 005 700
Market (4th Sun)	Jeff	6687 1911
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Police	Dave	6687 1404
Pool Trust	Jo	6687 1297
Progress Association	Ian	0414 959 936
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Quilters (2nd/4th Thur)	Helen	6684 1161
Red Cross (1st Fri)	Liz	6687 1195
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Resident cook Vanessa Brown preparing the daily specials. Simon Harriott on the coffee machine. Photos: Terry Bleakley

High tea and good times at Heritage House

Bangalow Heritage House Museum and Café recently re-opened after its wonderful make-over and everyone is welcome to enjoy the hospitality. All funds raised by the café go to the museum via Bangalow Historical Society.

With a fresh start comes an appealing new menu which combines old favourites done well and an array of changing specials made from local produce and quality ingredients.

Surely one of the world's best lunches is a freshly made old-fashioned sandwich with a generous filling, which are as popular as ever. The smoked salmon and cream cheese bagel is a crowd pleaser too. Fresh baked scones with jam and cream are always in demand. The seasonal specials include quiches, home-made meat pies, lasagne and salad, all of which are made from classic and trusted recipes.

Diners flock to the café for the famous fish and chips on Fridays.

A new addition to the menu is the crisp, yummy potato cakes made from freshly dug produce from Richie Allen's garden.

Much loved and indispensable are the home-made afternoon tea cakes baked by loyal and long-standing volunteers.

To ensure the coffee is of a high standard, our professional barista Simon wields his magic on a state-of-the-art coffee machine. Simon, and our cook Vanessa, are the only two paid employees. The remaining front of house staff and kitchenhands are generous and happy volunteers.

Eating with family and friends is always a pleasure. Visitors can be assured that the food served at Heritage House, where the motto is "as long as it's fresh", will satisfy, comfort and delight in an era of mass production.

A take-away service is offered to picnickers enjoying the parklands.

The café is on the corner of Deacon and Ashton Streets and open Wednesday to Friday from 10am to 3pm.

Helen Johnson

SUDOKION

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4				2			7	
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	3			1	7		8	

Every row, column and cluster, including the fragmented pink cluster, must contain the numbers 1 to 9.

DON'T IGNORE YOUR SNORE

It could be harming you.

Snoring is linked to breathing problems in sleep. This often results in low oxygen at night and a risk of heart disease, stroke, fatigue, depression, acid reflux, chronic cough, stress and weight gain.

Dr Truswell at the Bangalow Medical Centre is a trained Sleep GP.

We can assess and diagnose all problems in sleep. We can stop you snoring, help you sleep better and help prevent the health risks.

For an appointment to have your sleep assessed phone 6687 1079.

Bangalow Medical Centre

sleep_{GP}

Lot 1, Ballina Road, Bangalow

There's plenty happening in 2479.

Bangalow Garden Club

When Wed 2 October, 1.30pm
Where Moller Pavilion, Bangalow
Contact Annie 0417 636 011 or anne.abbink@yahoo.com.au

Garden Club members Jan Lee and Diana Sharpe will demonstrate flower arranging with both native and "pretty" flowers. Bring along some greenery to add to the arrangements, and your mug for afternoon tea. Robyn Wilson will open her garden at Eureka on Saturday, 5 October. Details will be provided at the meeting.

Newrybar local makers market

When Sat 5 October, from 9am
Where Newrybar Hall,

Renowned local Aboriginal artist Digby Moran will join other local makers of things for a day of fun at Newrybar. The Salty Turtle food truck will provide Venezuelan food. Entertainment includes a blacksmith and knife making demonstration, juggling and face painting. Entry is free. Proceeds will go to Newrybar Rural Fire Service.



Angus loses it all for charity. Photo: Jenny Bird

Shave for Dave

When Fri 11 October, 7.30-8pm
Where Bangalow Hotel

Local plumber Dave Taylor laid down a dare to Angus Dickson, hairy barman at the Bangalow Hotel, to "shave it all off" before he (Dave) leaves to travel around Australia. Angus took up the challenge and will shave off his beard, ponytail and hair in a charity event to raise money for Cancer Council Australia. Angus is hoping that Chris Hemsworth will respond to his invitation to come and do the shave. Note – neither Angus nor Dave have cancer, it's just a good cause.

All creatures great and small

When Sun 6 October, 3pm and Sun 13 October, 9am
Where All Souls' Anglican Church, Bangalow
Enquiries Father Matthew Smedley 0488 561 539

These two events remember St Francis and his great love of all creatures and the environment. The first is a service that celebrates all creatures. Two of The Little Brothers of Francis, a religious order in the contemplative tradition of the

Anglican Church, will travel from their hermitage at Tabulum to speak at the service. All are welcome.

The second, on the 13th, is an opportunity to bring your animals to an outdoor service to be blessed and to remember the joy that animals bring to our lives.

ADFAS Byron Bay Special Event: For the Love of Flowers

When Mon 14 October, 10.00am – 2.00pm

Where A&I Hall, Bangalow

Online bookings: <http://www.adfas.org.au/societies/new-south-wales-act/byron-bay/>

Information adfas.org.au or Facebook@ADFASByronBay or 0412 370 372

A unique opportunity to hear renowned UK landscape architect and interior designer Marilyn Elm explore our relationship with flowers. Marilyn will demonstrate how flowers are woven intrinsically into the fabric of our lives - as statements of fashion or status or simply as expressions of beauty to be enjoyed. Tickets are \$25 - morning tea and light lunch included. Bangalow Garden Club members can purchase tickets at their meeting on Wed 2 October.

ADFAS Byron Bay lecture

When Mon 14 October, 6.30pm
Where A&I Hall, Bangalow

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0417 636 011

Marilyn Elm will talk about how, throughout history, gardens have reflected and responded to artistic trends of the day, along with developments in architecture, interior design, fashion and fine arts. Doors open at 6pm for a welcome drink, with a light supper afterwards. Non-members welcome: tickets are \$25.

INClub Spring Social Event

When Sat 19 October, 12.30pm - 4pm

Where Heritage House Tea Rooms

Contact/information/tickets
www.theinclub.com.au

INClub's spring event will be held on the verandah at Heritage House and will include a delicious High Tea and special guest speakers Sally Pattison from Healing Naturally and Stephanie Clifford Hosking, Growth Coach. Tickets are strictly limited.

The Village Picnic

When Sun 27 October, 9am-1pm

Where Bangalow Park and Playground

Contact Jessica 0407 447 324 or Instagram @
thevillagepicnicbangalow

Organised by the Bangalow Community Children's Centre, this event focuses on connecting new families with the community. At the picnic there will be a trackless train, pony rides, tree planting, fairy craft, live entertainment (Poppy Galactic & The Beat), gourmet BBQ, picnic packs and so much more.

Bangalow Lions Club

When 2nd and 4th Thursday of the month, 7pm

Contact Chris 0416 005 700

Bangalow Lions are keen for new members. The benefits of being a Lion include meeting people, building lasting friendships, service to the community, learning new skills, leadership, personal development and good times.

The Bangalow Herald AGM

When Wed 30 October, 6pm

Where Heritage House, Bangalow
Contact Murray 0478 125 457

All members of *The Bangalow Herald Inc.* are invited to attend the annual AGM. Members of the public who are interested in *The Bangalow Herald* and who may want to apply to become members are warmly invited. The meeting will review the last 12 months and discuss priorities for the next 12 months. Members will vote on nominations for all Management Committee positions.

October diary

2 Bangalow Garden Club

5 Bangalow Garden Club Saturday visit

5 Newrybar Local Makers Market

6 All Souls' St Francis service

11 Shave for Dave

13 Blessing of the Animals

14 ADFAS *For the Love of Flowers*

14 ADFAS Byron Bay lecture

17-26 Bangalow Theatre Co's *Calamity Jane*

19 INClub Spring Social event

24 Bangalow Market

27 The Village Picnic

30 *The Bangalow Herald* AGM

Deadlines for November 2019 issue:

What's On 11 October

Advertising 15 October

Copy 15 October

Tai Ga Chi for women

When Thursdays, 10am-11am

Where Gazebo, Bangalow Parklands

Contact/information/tickets
www.theinclub.com.au

Join the INClub and martial art Sifu (Master) Dave Eller for a Tai Ga Chi session in the park. This low-impact slow motion exercise is suitable for all fitness levels. All women welcome. Tickets \$10.

Your Local Agent

Peter Yopp

0411 837 330

pyopp.byronbay@ljh.com.au



LJ Hooker



Pizzoli on the corner

Italian pizza-chef Daniele has arrived at Our Corner Kitchen from Melbourne via Rome and Naples just in time for summer. To celebrate his signature pizzoli, Aneka and Mark have imported a Valoriani woodfired oven from Italy – the Lamborghini of pizza ovens. Pizzoli is a stuffed pizza served whole that diners' slice at the table. It's different from calzone in that it's not folded. Daniele first bakes the 13-inch crust until it puffs, slices it in half, fills it with the finest ingredients, tops it with Italian olive oil and Parmigiana Reggiano and returns it to the fire until golden. Did I mention it's BYO?

Chef Aneka Sidoti and host-with-the-most Mark Burling have owned Our Corner Kitchen since 2015. They met when Aneka was working at the other business she opened with Miranda Cummings, Our Corner Store. Mark was on the floor across the road at The Italian Diner after stints at Hugo's Bondi and Toby and Wills in Manly. It was love at first sight, although Mark spent a bit of time staring across the street before he braved the pedestrian crossing and asked Aneka out.

Aneka has Italian heritage and learned to cook from her Nona as well as at the beachside café her parents owned and operated in Dee Why for 11 years. She then worked as a pastry chef in Japan and spent time cooking in



Mark Burling and Aneka Sidoti in Our Corner Kitchen. Photo: Mike Frey

Thailand and India. She saw in Mark – along with his good looks, wit and charm – the opportunity to get back into hospitality, with her in the kitchen and him running the floor.

But enough about the love story...

As a kid, Daniele worked at his aunt and uncle's pizzerias in Rome before moving to Naples as a teenager to study pizza making from the masters. That heritage is evidenced in how he only uses the finest Petra flour to make his dough and San Marzano DOP tomatoes for his sauce. The Parmigiana Reggiano comes from Emilia-Romagna and the Pecorino is from Rome. He's complimenting those imported ingredients with the finest local produce.

Our Corner Kitchen has been a successful business since the day it opened. Some places work and some don't. Winning at the hospitality

game generally has a bit to do with hard work and a passion for host/guest relations, which Mark and Aneka have in spades. Many locals enjoy a coffee, breakfast or lunch on the verandah regularly. The location has also functioned as a pizzeria before, but what Daniele is doing is different, and Mark and Aneka are keen for locals to know that.

As well as pizzoli, the dinner menu includes traditional open pizzas, fresh baked focaccia with warm olives, tender calamari and farmers market salads. Dolci is traditional Italian offerings such as tiramisu and gelato, as well as a sweet macadamia paste pizza.

The pizzeria at The Corner Kitchen is open for dinner Thursday, Friday and Saturday from 5pm - 9pm.

Score: Race you there

Jim Hearn

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